



RESOURCES GUIDE

LINN, BENTON, AND LINCOLN COUNTIES

Helping you find community services.



**Community Services
Consortium**
www.communityservices.us



Resources Guide Acknowledgement and Updates

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A PDF version of this Resources Guide is available at Community Services Consortium's Web site (www.communityservices.us) and is kept current with all content changes.

Updates to this Resources Guide should be forwarded to:

Administration Department
Community Services Consortium
250 Broadalbin St, SW, Ste 2A
Albany, OR 97321
info@communityservices.us

Printed copies of this Resources Guide may be ordered directly from:



406 First Ave, W – Albany OR 97321
541-928-3322

Information to include with update requests (please print clearly):

Date of submission	_____
Effective date of change	_____
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	Telephone _____
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Section heading	_____
Agency	Name _____
	Address _____
	Telephone _____
	Web site _____
	E-mail (general) _____
	Hours _____
Service description	_____

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**QUICK-REFERENCE GUIDE TO
COMMUNITY SERVICES CONSORTIUM PROGRAMS**

Adult Job Programs

Career/Job Skills Training 541-758-2758
Job Search, Resumes, Job Applications, Interview Preparation
Linn County 541-928-6335

Education Programs

Head Start Pre-Kindergarten

Lincoln City 541-996-3028
Newport 541-574-7690
Toledo 541-336-5113

High School Credit or Diploma Completion, GED

Benton County 541-758-2631
Lincoln County 541-574-2290
Linn County 541-243-3911

Food Programs

Food Boxes

Benton and Linn Counties 541-752-1010

Gleaning 541-758-2645

Health Insurance Programs

Oregon Healthcare Marketplace

Lincoln County 541-961-4073

Housing Programs

Discrimination Hotline 541-704-7649

Rent or Security Deposits

Benton County 541-752-1010
Lincoln County 541-574-2280
Linn County 541-928-6335

Rental Problems (Second Chance Classes)

Benton & Linn Counties 541-758-2632
Lincoln County 541-574-2281

Veteran (Homeless or in Danger of Being Homeless) 541-704-7638

Utility Programs

Electricity, Heating, and Water Bill

Benton County	541-752-2840
Lincoln County	541-265-3293
Linn County	541-926-7163
<i>Weatherization</i>	541-758-2610

Youth Programs

Work, High School Completion, GED, Job Skills Development

Benton County	541-758-2631
Lincoln County	541-574-2290
Linn County	541-758-2631

**COMMUNITY SERVICES CONSORTIUM
OFFICE LOCATIONS**

Benton County

545 SW Second Street, Suite A (second floor)
Corvallis, OR 97333
541-752-1010

Lincoln County

120 NE Avery Street, (second floor)
Newport, OR 97365
541-265-8505

Linn County

250 Broadalbin Street, SW, Suite 2A (second floor)
Albany, OR 97321
541-928-6335

The River Center
3000 South Santiam Highway
Lebanon, OR 97355
541-928-6335
(appointments only)

Mid-Willamette Valley
Benton and Linn Counties

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ABUSE

ABC House: Child abuse counseling.

Albany: 1054 29th Ave, SW 541-926-2203
www.abchouse.org.....info@abchouse.org

Adult Protective Services: Investigates reports of abuse and/or neglect of adults with disabilities; information.

Albany: 1400 Queen Ave, SE, Ste 206 541-967-8630
Toll-free..... 800-638-0510
Mon-Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

Canyon Crisis Center: Operates a 24-hr hotline; helps women and children who are victims of domestic and sexual violence.

Mill City: 475 NW Santiam Blvd..... 503-897-2327

Center Against Rape and Domestic Violence (CARDV): 24-hr hotline, advocacy, counseling, and support groups; shelter for battered women, men, and children; safety plan.

Corvallis office: 4786 SW Philomath Blvd..... 541-758-0219
24-hr hotline..... 541-754-0110
24-hr hotline *Toll free* 800-927-0197
www.cardv.org.....info@cardv.org

Child Welfare Program, Department of Human Services (DHS):

Receives reports of child abuse in Linn, Benton, and Lincoln Counties.

Albany: 118 2nd Ave, SE, Ste C 541-967-2060
Corvallis: 555 NW 5th St 541-757-4121
Hotline: Benton, Lincoln, and Linn Counties 541-757-5019
Toll-free..... 866-303-4643
Mon-Fri 8:00 am - 5:00 pm

After hours/weekends, call police 9-1-1

Childsafe Program: Provides group counseling for children who have been sexually abused and for their non-abusive parents.

Corvallis: Old Mill Center, 1650 SW 45th Pl..... 541-757-8068
www.oldmillcenter.org
Mon-Fri 7:30 am - 5:30 pm

HOPE, Inc.: Emergency shelter for Linn County abused and homeless women.

Sweet Home..... 541-367-4673
Mon-Fri 9:00 am - 5:00 pm

Linn County Department of Health Services Developmental Disability Protective Services:

Albany: 314 4th Ave, SW 541-967-3890
.....linncddp@co.linn.or.us

National Child Abuse Hotline: *Toll-free* 800-422-4453

National Domestic Violence Hotline: For anyone scared of their partner and needing to talk.

Toll-free..... 800-799-7233
TTY voice 800-787-3224

Oregon Cascades West Council of Governments Senior and Disability Services: Elder abuse.

Linn and Benton Counties

Albany: 1400 Queen Avenue, SE, Ste 206 541-967-8630
www.ocwcog.org
Mon-Fri 8:00 am - 5:00 pm

Toll-free 800-638-0510

Oregon Department of Human Services (DHS) Children, Adults, and Families Division: Temporary financial assistance to domestic violence survivors.

Albany: 118 2nd Ave, SE, Ste C 541-967-2078

Police: Emergency 9-1-1

Restraining Orders (Temporary): Issued under Abuse Prevention Act.

Benton County/Corvallis: 120 NW 4th St.. 541-766-6705 or 541-766-6813

Linn County/Albany: 300 4th Ave, SW, Rm 107 541-967-3845

ALCOHOL & DRUG ABUSE

24 Hour Addictions Referral Network: *Toll-free* 800-577-4393

Al-Anon and Alateen: Support to families and friends of alcoholics.

Albany: 330 5th Ave, SW #207 (leave message) 541-967-6262
www.oregonal-anon.org

Alcohol and Drug Help Line: *Toll-free* 800-923-HELP (4357)

Alcohol-Drug Treatment Referrals: *Toll-free* 800-996-3784

Alcoholics Anonymous (AA) of Linn and Benton Counties: Alcohol problems shared; small-group meetings designed to help stop drinking.

Albany 541-967-4252 or 541-967-6243

Communities Helping Addicts Negotiate Change Effectively

(CHANCE): Recovery support, classes, smoking cessation.

Albany: 238 3rd Ave, SE 541-791-3411

Lebanon: 365 S Main 541-258-6959

Mon-Fri 9:00 am - 5:00 pm; Sat 12:00 pm - 5:00 pm (both locations)

www.chancerecovery.org.....info@chancerecovery.org

Community Outreach, Inc. (COI): Drug and alcohol treatment program.

Corvallis: 865 NW Reiman Ave 541-758-3000

www.communityoutreachinc.org

County Alcohol and Drug Treatment Programs:

Benton County Health Department:

Corvallis: 530 NW 27th St 541-766-6835

www.co.benton.or.us/health

Linn County Alcohol & Drug Program: Intensive outpatient alcohol and drug treatment for adults and adolescents; school prevention program, gambling addiction treatment for Linn and Benton Counties; housing assistance, sliding fee scale.

- Albany:* 104 4th Ave, SE 541-967-3819
- Lebanon:* 1600 S Main St 541-451-5932
- Sweet Home:* 799 Long St 541-367-3888
- www.co.linn.or.us/health

Emergence: (formerly Aces) Adult addiction and behavioral therapies, diversion programs.

- Albany:* 1856 Grand Prairie Rd, SE 541-967-6597
- TTY* 541-967-6879
- Corvallis:* 425 SW Madison Ave, Ste O 541-758-8022
- TTY* 541-758-0725
- Lebanon:* 1780 S Main St 541-258-7732
- www.4emergence.com

Gambling Treatment:

- Linn and Benton Counties/Albany* 541-967-3819
- Toll-free* 877-278-6766

Lines for Life: Preventing substance abuse and suicide.

- Toll-free* 800-273-8255
- www.linesforlife.org

Milestones Family Recovery Program: Women's residential alcohol and drug rehabilitation center.

- Corvallis:* 306 SW 8th St 541-738-6832
- www.milestonesrecovery.com

Narcotics Anonymous: Linn, Benton, and Lincoln Counties.

- Toll-free* 877-233-4287

New Beginnings: Substance abuse treatment.

- Corvallis:* 557 NW Monroe Ave 541-766-3540

Oregon Partnership Alcohol and Drug: *Toll-free* 800-621-1646

Pacific Northwest Adult and Teen Challenge: A faith-based Christian Discipleship Program for people suffering from life-controlling problems, such as drugs or alcoholism.

- Shedd:* Willamette Valley Campus, 31700 Fayetteville Dr ... 541-491-1002
- www.teenchallengepnw.com/wvmc ... info.wvmc@teenchallengepnw.com

Poison Control Drug Information: *Toll-free* 800-222-1222

Serenity Lane: Assessment and treatment of substance abuse, detoxification.

- Albany:* 1050 Price Rd, SE 541-928-9681
- www.serenitylane.org/outpatient_albany.html info@serenitylane.org

Youth Line: 24-hr drug and alcohol help line.

- Toll-free* 877-553-8336
- 4:00 pm - 10:00 pm – talk with peers about youth issues

BIRTH CONTROL & FAMILY PLANNING

Benton County Health Department: Family planning clinic; appointments preferred; no one turned away if unable to pay.

Corvallis: 530 NW 27th St 541-766-6835
www.co.benton.or.us/health

Mon, Tue, Thu, Fri 8:00 am - 5:00 pm; Wed 8:00 am - 7:00 pm

Fish of Albany: Maternity homes.

1880 SE Hill St 541-926-9428
www.fishofalbany.com fishofalbany@integra.net

Linn County Health Department:

Albany: 315 4th Ave, SW 541-967-3888

Lebanon: 1600 S Main St 541-451-5932

Sweet Home: 799 Long St..... 541-367-3888

www.co.linn.or.us/health

Open Adoption and Family Services: *Toll-free* 800-772-1115

www.openadopt.org info@openadopt.org

Options Pregnancy Resource Center: Sexual abstinence education programs.

Albany: 1800 16th Ave, SE..... 541-924-0160

www.possiblypregnant.org possiblypregnant@optionsprc.org

Oregon SafeNet (Oregon Health Care Hotline): Health information and referral hotline.

Toll-free..... 800-SAFENET (723-3638)

Planned Parenthood: *Toll-free* 800-230-7526

www.plannedparenthood.org

Samaritan Health Services: Birth control counseling, obstetrics and gynecological services.

Albany: Obstetrics & Gynecology

705 Elm St, SW, Ste 200 541-812-4850

Lebanon: Mid-Valley Women's Center

701 N 5th St, Unit C1020 541-451-7250

www.samhealth.org

Santiam Hospital: *Mill City:* 280 S 1st Ave

www.santiamhospital.org

CHILDREN

ABC House: Child abuse counseling.

Albany: 1054 29th Ave, SW 541-926-2203

www.abchouse.org info@abchouse.org

Boys and Girls Club: Provides school-aged youth opportunity to develop their intellectual, athletic, and social skills in a challenging and safe environment. Some sites provide meals.

- Albany:* 1215 Hill St, SE..... 541-926-6666
www.bgc-albany.org info@bgc-albany.org
- Corvallis:* 1112 NW Circle Blvd 541-757-1909
www.bgccorvallis.org..... info@bgccorvallis.org
- Lebanon:* 305 S 5th St..... 541-258-7105
- Lebanon:* 626 S 2nd St..... 541-258-2613
- Sweet Home:* 890 18th Ave..... 541-367-6421
www.bgcgreatersantiam.org (Lebanon and Sweet Home facilities)

Child Care Assistance, Department of Human Services (DHS):

Facilitates parental visitation and foster home placement.

Employment-Related Day Care (ERDC) program: Helps low-income families pay for child care while the parents work. ERDC is a subsidy program (eligible families pay part of the child care cost). ERDC also works with providers and other child care partners to help families find and keep good child care, improve the availability of quality child care in Oregon, and develop resources for parents and child care providers.

- Benton/Corvallis:* 555 NW 5th St..... 541-757-4121
- Linn County/Albany:* 118 2nd Ave, SE, Ste C..... 541-967-2060
- TTY* 541-967-2058
- Statewide/Salem:* 500 Summer St, NE

Resource and Referral Service:

- Albany:* 6500 Pacific Blvd, SW 541-917-4899
www.oregon.gov/dhs/assistance/child-care

Child Welfare Program, Department of Human Services (DHS):

Programs focusing on preventing abuse of children in troubled families; counseling, referral, case work services to teen victims.

- Benton County/Corvallis:* 555 NW 5th St..... 541-757-4121
- Linn County/Albany:* 118 2nd Ave, SE..... 541-967-2060
www.oregon.gov/dhs/children

Children's Health Insurance Program (CHIP): Oregon Health Plan.

- Toll-free*..... 800-359-9517

Community Before and After School Child Care Program (CAP):

- Albany:* 250 Broadalbin St, SW, Ste 255 541-967-9322
www.cap.peak.org..... albanycapdirector@gmail.com
summer months: Mon-Fri 12:00 pm - 4:00 pm

Corvallis Community Children's Centers: Low-cost child care, transition program for children and families in need.

- Growing Oaks Center:** 4000 SW Western Blvd..... 541-207-3122
www.corvallischildcare.org growingoaks@corvallischildcare.org

- Lancaster Center:** 3285 NE Oxford Cir..... 541-753-0191
www.corvallischildcare.org lancaster@corvallischildcare.org

Court-Appointed Special Advocates (CASA): Advocates for neglected and abused children in juvenile court and community.

Benton County/Corvallis: Voices for Children

129 NW 4th St 541-753-5838

www.casa-vfc.org executive.director@casa-vfc.org

Linn County/Albany: CASA of Linn County

2730 Pacific Blvd, SW, Ste 201 541-926-2651

www.linncasa.org

Family and Community Together (FACT): Greater Albany Public School District social services activity; parent support groups; parenting skills classes.

Albany: 701 SE 19th St 541-924-3720

www.albany.k12.or.us/departments

Family Connections: Child care information for parents and those interested in the child care field. Homeless school transition programs.

Albany: Linn-Benton Community College, 6500 Pacific Blvd, SW

Classes for parents and children 541-917-4899

Parent Advice Line *Toll free* 800-845-1363

www.linnbenton.edu/familyconnections

Family Tree Relief Nursery (FTRN): Free classes and support for parents in stress with children younger than 6 years old.

Albany: 1005 NW Springhill Dr 541-967-6580

www.familytreern.org

First Christian Pre-Primary School: Language therapy.

Albany: 432 Ferry St, SW 541-917-1931

www.fcpreprimary.org firstchristianprimary@gmail.com

H.A.R.T. Family Center:

Harrisburg: 345 Smith Street 541-995-7700

www.city.harrisburg.or.us or www.hartcommunitycenter.org

Healthy Families of Linn and Benton Counties: Information, support, and home visits to first-time parents.

Benton County/Corvallis: 1650 SW 45th Pl 541-757-8068

Linn County/Albany: 1113 SE Hill Street 541-666-2946

www.oldmillcenter.org

Immunization: Call for information.

Benton County Health Department

Corvallis: 530 NW 27th St 541-766-6835

www.co.benton.or.us/health

Linn County Public Health

Albany: 315 4th Ave, SW 541-967-3888

www.co.linn.or.us/health

Jackson Street Youth Services: Runaway/homeless youth counseling.

Albany:

- Overnight shelter
240 SE 7th Ave 541-220-2950
- Cornerstone Youth Outreach Drop-in Center
960 Queen Ave, SW 541-220-2955

Corvallis:

- Overnight shelter
555 NW Jackson Avenue 541-754-2404
- www.jacksonstreet.org

Linn Benton Lincoln Early Intervention Referral: Identifies, evaluates, and helps children from birth to kindergarten with a wide range of developmental disabilities.

- Corvallis:* Dixie School, 33461 SE Peoria Rd 541-753-1202 x106
- Toll-free* 877-589-9751
- www.lblesd.k12.or.us/ei-ecse/ webmaster@lblsd.k12.or.us

Linn Benton Lincoln Education Service District: Developmental assessment and early intervention/early childhood special education, truancy counseling.

- Albany:* 905 4th Ave, SE 541-812-2600
- www.lblesd.k12.or.us

Linn-Benton Community College (LBCC) Family Resource and Education Center: Parenting skills classes, pre-school referral programs.

- Albany:* 6500 Pacific Blvd, SW, Luckiamute Bldg Rm 132.. 541-917-4899
- www.linnbenton.edu/parenting-education parentinged@linnbenton.edu

Mid-Willamette Family YMCA: Summer food service program for youth, youth camps, child development classes, activities.

- Albany:* 3201 Pacific Blvd, SW 541-926-4488
- www.ymcaalbany.org executive@ymcaalbany.org

Mighty Oaks Children's Therapy Center: Occupational, physical, and speech therapy.

- Albany:* 3615 Spicer Rd, SE 541-967-7551
- www.mightyoakschildren.org mightyoaks1@comcast.net

National Center for Missing Children: *Toll-free* 800-843-5678

National Runaway Hotline: Confidential. *Toll-free* 800-786-2929

Neighbor-to-Neighbor Mediation: Juvenile delinquency diversion counseling.

- Albany:* 308 Broadalbin St, SW 541-223-4189
- www.n2nmediation.org n2nbentonlinn@gmail.com

Old Mill Center: Healthy families and child, teen, and family counseling.

- Corvallis:* 1650 SW 45th Pl 541-757-8068
- www.oldmillcenter.org contact@oldmillcenter.org

Pediatric Medical Care:

Samaritan Health Services:

Albany: 734 Elm St, SW 541-812-5111
www.samhealth.org

Self-Sufficiency Program, Department of Human Services (DHS):

Employment-Related Day Care (ERDC) provides child care subsidies for low-income working families.

Albany: 118 2nd Ave, SE..... 541-967-2078
Mon-Fri 8:00 am - 5:00 pm

Corvallis: 545 SW 2nd St, Ste B 541-757-4201
Mon 7:30 am - 6:00 pm; Tue-Fri 7:30 am - 5:00 pm

Lebanon: 44 Industrial Way, Ste E..... 541-259-5860
Mon-Fri 7:00 am - 5:00 pm

Strengthening Rural Families (SRF): Parenting classes and family assistance to rural Benton County families.

Philomath: 535 S 19th St. #147 541-929-2535
www.ruralfamilies.org

Trillium Family Services – Mid-Willamette Valley Region: Transitional mental health.

Corvallis: 4455 NE Hwy 20 541-757-1852
www.trilliumfamily.org info@trilliumfamily.org

CLOTHING

Benton County

Altrusa/Soroptimist Career Closet: Free suitable clothing for income-eligible women seeking work. Referral from agency required.

Corvallis: 942 NW 9th St 541-760-6016
www.altrusa.org altrusacorvallis@yahoo.com
Sat 10:00 am - 2:00 pm

The Arc Resale Corner: Thrift store sales support the Arc's mission to enhance the lives of community members who experience intellectual and developmental disabilities.

www.arcbenton.org
Corvallis: 928 NW Beca St..... 541-754-9011
Mon-Sat 10:00 am - 5:30 pm
Philomath: 936 S Main St..... 541-929-3946
Mon-Sat 10:00 am - 5:30 pm; Sun 12:00 pm - 5:00 pm

Assistance League of Corvallis: Operation School Bell program provides free new clothing to Benton County school children in need; referral from school or social service agency required. Also dental help and Scholastic Aptitude Test (SAT) preparation.

547 NW 9th St..... 541-757-1978
www.alcorvallis.org

Goodwill Industries:

Corvallis: 1325 NW 9th St 541-752-8278
Mon-Sat 9:00 am - 9:00 pm; Sun 10:00 am - 8:00 pm

Heartland Humane Society Thrift Shop:

Corvallis: 411 SW 3rd St..... 541-757-0573
www.heartlandhumane.org
Mon-Sat 10:00 am - 5:00 pm

June's Kids' Closet: Provides free donated clothing for babies and youth through high school to parents with low incomes or anyone in need; baby furniture.

Philomath: 360 S 9th St..... 541-929-2499
Thu 9:00 am - 2:00 pm

OSU Folk Club Thrift Shop:

Corvallis: 144 NW 2nd St..... 541-752-4733
early-Jun to mid-Sep Tue-Fri 9:30 am - 2:30 pm; Sat 10:00 am - 12:00 pm
mid-Sep to early-Jun Tue-Thu 9:30 am - 5:00 pm; Fri 9:30 am - 2:30 pm; Sat 10:00 am - 12:00 pm

St. Vincent de Paul Thrift Shop:

Corvallis: 501 NW 25th St 541-757-1988 x317
Mon-Fri 1:30 pm - 4:00 pm
Albany: 2220 Pacific Blvd, SE..... 541-928-1559
Mon-Sat 10:00 am - 8:00 pm; Sun 10:00 am - 6:00 pm

Vina Moses: Free clothing and household items to Benton County residents, diapers when available, children's school clothing, Christmas food baskets.

Corvallis: 968 NW Garfield Ave..... 541-753-1420
www.vinamoses.org
Mon-Fri 9:00 am - 11:00 am, 1:00 pm - 3:00 pm; 1st Sat of each month 9:00 am - 12:00 pm
Mon-Fri 9:00 am - 4:00 pm – donations accepted

Linn County

Albany Altrusa: 541-979-4984
www.altrusa.org altrusaofalbany@hotmail.com

Albany Helping Hands:

705 SE 1st Ave..... 541-791-5139
www.albanyhelpinghands.com wecare@albanyhh.org
Mon-Sat 9:00 am - 7:00 pm

Canyon Gleaners:

Mill City: 158 SW Broadway..... 503-897-4031
Wed-Sat 9:00 am - 4:30 pm

FISH Clothes Closet: Free clothing, diapers, toiletries; must bring identification with current residence address.

Albany: 1880 Hill St, SE..... 541-928-4460
www.fishofalbany.com fishofalbany@integra.net
Wed-Fri 9:00 am - 12:00 pm

God's Storehouse: Clothes and some furniture at low cost.

Harrisburg: 180 Smith Street 541-995-8403
Tue-Thu 9:00 am - 5:00 pm

Goodwill Industries:

Albany: 1605 Pacific Blvd 541-928-3261
Mon-Sat 9:00 am - 9:00 pm; Sun 10:00 am - 8:00 pm

Jefferson Evangelical Church "Clothes Closet":

552 N 2nd St 541-327-2531

Jesus Pursuit Church:

Albany: 2110 Santiam Hwy, SE..... 541-924-0883
third Saturday of each month 10:00 am - 3:00 pm (in Church parking lot)
www.jesuspursuit.org..... pwltrb@aol.com

Lord's Storehouse: Free clothing, personal hygiene items, some household items.

Lebanon: First Assembly of God, 726 W Oak..... 541-259-1265
(in separate building at back of church parking lot)
www.firstassemblylebanonoregon.com/contact-us/
.....contactus@firstassemblylebanonoregon.com
Mon-Thu 10:00 am - 1:30 pm

Pay it Forward One Blessing At A Time: Free clothing.

Lebanon: 525 S Main St
Mon-Fri 10:00 am - 6:00 pm; Sat 12:00 pm - 6:00 pm
Furniture and storage warehouse: 155 N Williams
Mon-Fri 10:00 am - 6:00 pm; Sat-Sun by appointment

St. Vincent de Paul: Free clothing, household, and financial assistance.

Albany: 2220 Pacific Blvd, SW 541-928-1559
Lebanon: 233 2nd St 541-258-5405
Wed 11:30 am - 4:00 pm

Seventh-Day Adventist Community Services Center: Free clothing, dishes, and bedding.

Sweet Home: 300 Holley Rd/Hwy 228 541-367-4524
www.sweethome22.adventistchurchconnect.org

..... sweethomesda@yahoo.com

Mon 9:00 am - 1:00 pm

Sharing Hands:

Brownsville: 107 W Bishop Way..... 541-466-3110

Food Bank: Wed, Fri 10:00 am - 3:00 pm

Thrift Shop: Tue-Sat 9:00 am - 3:00 pm

Signs of Victory: Diapers; children's and maternity clothes.

Albany: 1100 Jackson St, SE 541-928-6927
www.signsofvictory.webs.com/

Sweet Home Emergency Ministries (SHEM) Carmen's Closet: Free clothing, shoes, household items, and hygiene items; assistance with re-location necessities. Provides fire-burnout victims with household items, blankets, furniture, and clothing.

1115 Long St..... 541-367-6504

www.shemfoodbank.org shemfoodbank@gmail.com

Sweet Home Gleaners Thrift Store:

3031 Hwy 20 541-367-3190

www.sweethomegleaners.org/thrift-shop

.....sweethomegleaners@sweethomegleaners.org

Mon-Sat 10:00 am - 4:00 pm

Teen Challenge Thrift Store:

Albany: 310 SE 2nd Ave..... 541-791-7006

www.teenchallengepnw.com/thrift/albany

Mon-Sat 10:00 am - 6:00 pm

Lebanon: 846 Main St..... 541-258-2584

www.teenchallengepnw.com/thrift/lebanon

Mon-Sat 9:00 am - 5:45 pm

CRISIS INTERVENTION & ASSISTANCE

Benton County Health Department Mental Health Division:

Appointment preferred. Sliding scale fees.

Corvallis: 530 NW 27th St 541-766-6835

www.co.benton.or.us/health

Mon, Tue, Thu, Fri 8:00 am - 5:00 pm; Wed 10:00 am - 7:00 pm

After-hours Mental Health Crisis: *Toll-free* 888-232-7192

Canyon Crisis and Resource Center:

Mill City: 825 Santiam Blvd 541-897-2327

ccrisisc@gmail.com

Center Against Rape and Domestic Violence (CARDV): 24-hr hotline providing crisis intervention, information, and referral services.

24-hr hotline..... 541-754-0110
24-hr hotline *Toll free* 800-927-0197
www.cardv.org.....info@cardv.org

Community Outreach, Inc. (COI) 24-hour crisis hotline.

Corvallis: 865 NW Reiman Ave..... 541-758-3000
www.communityoutreachinc.org

Linn County Health Department Mental Health Division:

Albany: 445 SW 3rd Ave..... 541-967-3866
www.co.linn.or.us/health/mental_health/crisis.htm
Toll-free..... 800-304-7468
Mon-Fri 8:30 am - 5:00 pm

Pastoral Counseling Center: Individual, couple, and family counseling.

Albany: First Christian Church, 432 Ferry St, SW 541-753-9217 x1
Corvallis: First Christian Church, 602 SW Madison Ave 541-753-9217
Lebanon: 1890 S 2nd St..... 541-451-5015
www.pastoralcounseling-oregon.org

Police: Emergency 9-1-1

Trillium Children's Farm Home: Mental health services for youth through 18 years old and their families; information and referral.

Corvallis: 4455 NE Hwy 20 541-757-1852
www.trilliumfamily.org

Youth Help Line: Accepts collect calls.

Corvallis..... 541-754-2404

DENTAL

Advantage Dental Clinic, LLC:

Albany: 409 1st Ave, W
Corvallis: 142 SW 2nd St
Toll-free..... 888-468-0022

Assistance League of Corvallis: Dental assistance for Benton County school-aged children..... 541-757-1978
www.alcorvallis.org

Benton Community Health Center: Corvallis Health Center clients will be seen or referred locally for care or through dental vans. Sliding scale.

Corvallis..... 541-766-6835
www.bentonlinnhealthcenters.org

Boys and Girls Club Free Dental Clinic: Free dental services for children without access to dental care or dental insurance and who meet income requirements.

Albany: 1215 SE Hill St..... (call for appointment) 541-926-6666
www.bgc-albany.org/health

Corvallis: 1112 NW Circle Blvd 541-257-2006
www.bgccorvallis.org/programs/the-johnson-dental-clinic
Tue-Wed

Community Outreach, Inc. (COI): Pick up application at any COI clinic in Albany, Corvallis, or Lebanon. Appointments (\$20 fee at time of service).

Corvallis: 865 NW Reiman Ave..... 541-758-3000
www.communityoutreachinc.org

Doorstep Dental Hygiene: Dental care referrals, mobile dental hygiene services. 541-990-0814
doorstepdh@gmail.com

Oregon Veterans' Service Office: Dental care expense assistance.

Albany: 330 SW 3rd Ave 541-967-3882

Samaritan Albany InReach Services: Low-cost medical, dental, and mental health services to low-income people in Albany, Millersburg, and Tangent.

1215 Hill St, SE 541-812-4997
www.samhealth.org

Willamette Dental:..... 855-433-6825

Albany: 2225 Pacific Blvd, SE, Ste 201
www.willametedental.com

DISABILITY

The Arc of Benton County: Advocates and provides services for people with developmental disabilities and their families.

Corvallis: 414 NW 4th St 541-753-1711
www.arcbenton.org

Benton County Health Department: Services for people with developmental disabilities.

Corvallis: 530 NW 27th Street 541-766-6835
www.co.benton.or.us/health

Cornerstone Associates, Inc.: A variety of comprehensive disability-related employment programs.

Corvallis: 1445 SE Crystal Lake Dr 541-752-9724
www.cornerstoneassociates.com

Corvallis Daytime Drop-in Center: Facility for low-income community members coping with mental illness or homelessness.

Corvallis: First Christian Church, 602 SW Madison Ave 541-740-3235
Mon-Fri 9:00 am - 2:00 pm

Home Life: Supports housing needs of adults with developmental disabilities; programs for all levels of need.

Corvallis: 2068 NW Fillmore Ave 541-753-9015
www.homelifeinc.org..... homelife@peak.org

Linn County Department of Health Services Developmental Disability Program: Residential placement services.

315 4th Ave, SW 541-967-3888
www.co.linn.or.us/health/devel_disabil/dd.htm.....linncddp@co.linn.or.us

Linn-Benton Housing Authority: Housing assistance for lower-income families, elderly, and disabled individuals.

Albany: 1250 Queen Ave, SE 541-926-4497
TDD..... 541-926-8338
www.l-bha.org mail@l-bha.org
Mon-Thu 8:00 am - 5:00 pm

Oregon Cascades West Council of Governments (COG) Disability

Services: Information; developmental and physical disability assistance and support.

Albany: 1400 Queen Ave, SE, Ste 103 541-967-8630
Toll-free..... 800-638-0510
www.ocwcog.org/seniors-disability.....adrcmail@ocwcog.org

Senior Companion Program: A program through Samaritan Health Services for volunteers assisting elderly and younger disabled people.

Linn and Benton Counties/Albany 541-812-4185

TTY, TTD, TDD Relay Service 7-1-1

Veterans and Disability Services: Inquiries about services for persons under 65 years old with disabilities or veterans, their dependents, or their survivors.

Corvallis: 301 SW 4th St, Ste 140
Benton County Disability Service..... 541-758-1595
www.ocwcog.org
Veterans' Service Office..... 541-766-6803

Vocational Rehabilitation: Provides employment services to eligible people with disabilities.

Albany: 1400 Queen Ave, SE, Ste 107 541-967-2022
Corvallis: 545 SW 2nd St, Ste G 541-757-4131
Mon-Fri 8:00 am - 5:00 pm

Sweet Home: 925 Long St..... 541-367-8583

Willamette Valley Rehabilitation Center, Inc.: A private, not-for-profit rehabilitation facility providing vocational services to people with disabilities; provides a variety of training and employment alternatives enabling people to access meaningful employment, participate in decisions, and lead quality, self-fulfilling lives.

1853 W Airway Rd, Lebanon 541-258-8121
www.wvrc.org

Work Unlimited Supported Living Program: Supports people with mental health issues or other disabilities to live independently.

Corvallis: 408 SW Monroe Ave, Suite L102..... 541-738-8552
www.workunlimited.org/voc_prog.php

WorkSource Oregon: State public workforce system; assists with vocational rehabilitation, job search, skills enhancement, training options.

Albany: 139 4th Ave, SE..... 541-812-8645
www.worksourceoregon.org

EDUCATION

Alternative Schools

Albany Options Alternative School: An alternative school through Greater Albany Public School District.

Welcome Center: 701 19th Ave, SE 541-704-2376

Casa Latinos Unidos of Benton County: Assistance to Latino community, interpretation, help with forms, social service referral, English classes, conversation.

Corvallis: 128 SW 9th St 541-223-5310
www.casalatinosunidos.org

Mon, Tue, Thu, Fri 9:30 am - 2:00 pm; Sat 10:00 am - 1:00 pm

Community Services Consortium (CSC): Credit recovery, high school completion, General Education Development (GED) preparation.

Benton County/Corvallis: 536 SW 2nd St 541-758-2631

Linn County/Albany: 2995 Ferry St, SW 541-758-2605

www.communityservices.us info@communityservices.us

Corvallis Multicultural Literacy Center (CMLC): Referral to language and education resources; citizenship support and field trips; helps people connect in the community. Spanish speaker available.

128 SW 9th St 541-754-7225

www.cmlcenter.org cmlc@peak.org

Mon-Fri 10:00 am - 5:00 pm; Sat by appointment

English as a Second Language: Linn-Benton Community College classes in Albany, Harrisburg, and Sweet Home involving listening, speaking, reading, and writing.

Albany 541-917-4710

Informacion en Español 541-917-4664

English for Speakers of Spanish/Español: Offers English and computer classes; services for translation and help completing applications for low-income assistance; free.

Corvallis: Acorn Outreach, 1740 NW Division St 541-224-6590

Oregon Connections Academy: On-line education.

Mill City: 833 NW Santiam Blvd..... 541-897-2272
www.connectionsacademy.com

Oregon State University (OSU) Extension Services:

Benton County/Corvallis..... 541-766-6750
Linn County/Albany 541-967-3871

General Education Development (GED) Preparation

Community Services Consortium: youth and adult GED preparation, adult basic skills development. 541-928-6335

Benton County/Corvallis: (youth) 545 SW 2nd St, Ste A..... 541-752-1010
Linn County/Albany: (adult) 139 SE 4th Ave 541-967-2171 x8646
Linn County/Albany: (youth) 2995 Ferry Street, SW..... 541-758-2605
www.communityservices.us info@communityservices.us

Linn-Benton Community College (LBCC): GED preparation, adult basic skills.

Albany 541-917-4710
Corvallis..... 541-757-8944 x5116
Lebanon..... 541-259-5800
Sweet Home..... 541-367-6901
www.linnbenton.edu

Head Start

Kidco Head Start of Linn and Benton Counties: Pre-school program for low-income families.

Administration Office/Lebanon: 300 Market St, Ste 200..... 541-451-1581
Albany: Periwinkle Center, 6500 Pacific Blvd, SW 541-917-4734
Albany: Riverside Center, 35140 Meadow Ln, SW..... 541-967-1044
Corvallis: 4515 SW West Hills Rd..... 541-758-1164
Crawfordsville: 38420 Glass Ave..... 541-367-3361
Foster: 44829 Quartzville Rd 541-367-8070
Harrisburg: 885 Sommerville Ln 541-995-8270
Jefferson: 615 N 2nd St 541-327-7924
Lebanon: 31575 Sand Ridge Rd 541-259-2227
Oregon State University Child Development Program..... 541-737-2516
Other Benton and Linn County locations..... 541-451-1581
Philomath: 123 Main St..... 541-929-7595
www.kidcoheadstart.org

Other Education Resources

Albany Altrusa: School supplies, financial assistance. 541-979-4984
www.altrusa.org altrusaofalbany@hotmail.com

Family Tree Relief Nursery: Home-based parenting education.

Albany: 1005 NW Springhill Dr 541-967-6580
www.familytreern.org

First Christian Pre-Primary School: Language therapy.

Albany: 432 Ferry St, SW 541-917-1931
www.fcpreprimary.org firstchristianprimary@gmail.com

Fish of Albany: School supplies.

1180 SE Hill St 541-928-4460
www.fishofalbany.com fishofalbany@integra.net

Greater Albany Public Schools Welcome Center/Centro de Bienvenida:

Literacy programs, activities, and translation assistance for Spanish-speaking families.

Welcome Center: 701 19th Ave, SE 541-704-2376
www.albany.k12.or.us

Libraries:

Albany: Albany Public Library, 2450 14th Ave, SE 541-917-7580
www.library.cityofalbany.net

Albany: Albany Public Library, 302 Ferry St, SW 541-917-7585
www.library.cityofalbany.net

Alsea: Corvallis-Benton County Public Library,
19192 Alsea Hwy 541-487-5061
www.cbcpubliclibrary.net

Corvallis: Corvallis-Benton County Public Library,
645 NW Monroe Ave 541-766-6926
www.cbcpubliclibrary.net

Lebanon: Lebanon Public Library, 55 Academy St. 541-258-4926
www.lebanonpubliclibrary.com

Monroe: Corvallis-Benton County Public Library,
380 N 5th St. 541-847-5174
www.cbcpubliclibrary.net

Philomath: Corvallis-Benton County Public Library,
1050 Applegate 541-929-3016
www.cbcpubliclibrary.net

Linn Benton Early Intervention Referral: Identifies, evaluates, and helps children from birth to kindergarten with a wide range of developmental disabilities, specialized evaluations, and special education plan development.

Corvallis: 33461 SE Peoria Rd 541-753-1202 x106
www.lblesd.k12.or.us/ei-ecse

Linn-Benton-Lincoln Education Service District: Developmental assessment and early intervention/early childhood special education, homeschooling licensing, McKinney-Vento homeless school transition programs.

Albany: 905 4th Ave, SE..... 541-812-2690
www.lblesd.k12.or.us.....homeschool@lblesd.k12.or.us

Oregon Migrant Education Service Center: Community services and resources to agricultural workers and their families; school support.

Salem: 2611 Pringle Rd, SE..... 503-385-4678
www.wesd.org/omesc

Oregon State University: Corvallis: 541-737-1000

Scholastic Aptitude Test (SAT) Preparation:

Assistance League of Corvallis 541-757-1978

EMPLOYMENT

Cornerstone Associates, Inc.: A variety of comprehensive disability-related employment programs.

Corvallis: 1445 SE Crystal Lake Dr 541-752-9724
www.cornerstoneassociates.com

Community Services Consortium (CSC): Provides job search assistance and/or job skills training for older youth, adults, and displaced workers. Youth (aged 16 to 24 years old) are served in a year-round program which includes a summer program component. Youth learn academic and workplace skills through hands-on programs that may include paid work experiences or internships.

www.communityservices.us/jobs..... info@communityservices.us

Workforce & Education: Opportunities range from self-service to individualized assistance and may include assessment/career planning, job search assistance, job applicant recruitment, occupational skills training, job placement assistance, job retention services, employer-designed customized training, work experience/on-the-job training. Services are tailored to individual plans.

YouthBuild Program: CSC YouthBuild AmeriCorps is a comprehensive development program serving low-income and under-educated young adults. Priority is given to 17- to 24-year-old people. The training period averages 6 to 12 months. Trainees earn a modest living stipend while working toward their GED. They learn construction skills by building affordable housing for low-income families. Eligibility requirements apply.

Benton County CSC Youth Programs:

Corvallis: 536 SW 2nd St..... 541-758-2631

Linn County CSC Adult Programs:

Albany: 139 SE 4th St 541-967-2171 x8646

Linn County CSC Youth Programs:

Albany: 2995 Ferry St, SW 541-758-2605

Corvallis Parks and Recreation Department: Youth aged 15 to 17 years old are eligible for summer employment through Youth Parks Corps and Youth Recreation Corps. Youth aged 11 to 18 years old are eligible for volunteer experience through Youth Volunteer Corps.

1310 SW Avery Park Drive 541-766-6467 or 541-766-6918
www.corvallisoregon.gov or www.yvccorvallis.org/our-team.html

Experience Works: Assists mature workers (55 years old and older) with employment search.

Linn and Benton Counties/Albany 541-812-8661
www.experienceworks.org

Job Connection Goodwill: Comprehensive job assistance centers, vocational rehabilitation

Albany: 1605 Pacific Blvd, SE..... 541-928-3382 or 541-918-3261

Job Corps: Hands-on youth job education and training; development for people 16 to 24 years old.

Toll-free..... 800-733-5627
www.jobcorps.gov

Linn-Benton Housing Authority: Job development toward family self-sufficiency.

Albany: 1250 SE Queen Ave 541-918-7313 or 541-918-7326
www.l-bha.orgmail@l-bha.org

Oregon Department of Human Services (DHS) Self-Sufficiency

Program: Assists people to become independent, healthy, and safe through education and employment training opportunities.

www.oregon.gov/DHS/

Albany: 118 2nd Ave, SE..... 541-967-2078
Mon-Fri 8:00 am - 5:00 pm

Corvallis: 545 SW Second St, Ste B..... 541-757-4201
Mon 7:30 am - 6:00 pm; Tue-Fri 7:30 am - 5:00 pm

Lebanon: 44 Industrial Way, Ste D..... 541-259-5787
Mon-Fri 7:00 am - 5:00 pm

Oregon Employment Department:

Albany: 139 4th Ave, SE..... 541-967-2171

Corvallis: 545 SW 2nd St 541-757-4261

Lebanon: 44 Industrial Way, Ste B..... 541-259-5787
www.oregon.gov/employ

Unemployment Benefits:

Toll-free..... 877-345-3484
www.workinginoregon.org/ocs

Veterans Employment Services:

Albany: 303 3rd Ave, SW 541-812-8666

Vocational Rehabilitation: Oregon Department of Human Services (DHS) provides employment services to eligible people with disabilities.

Albany: 1400 Queen Ave, SE, Ste 107 541-967-2022

Corvallis: 545 SW 2nd St, Ste G 541-757-4131

Mon-Fri 8:00 am - 5:00 pm

Sweet Home: 925 Long St..... 541-367-8583

Willamette Valley Rehabilitation Center, Inc.: A private, not-for-profit rehabilitation facility providing vocational services to people with disabilities; provides a variety of training and employment alternatives enabling people to access meaningful employment, participate in decisions, and lead quality, self-fulfilling lives.

1853 W Airway Rd, Lebanon 541-258-8121

www.wvrc.org

Workforce Development Centers: Partnership of community agencies working together to provide services to job seekers and employers.

Computers with Internet access, telephones, and fax and copying machines are available for job seekers; military transition assistance programs and disabled veteran outreach.

Benton Workforce Development Center

Corvallis: 545 SW 2nd St, Ste C

Department of Human Services (DHS) Self-Sufficiency ... 541-757-4201

Oregon Employment Department..... 541-757-4261

Oregon Vocational Rehabilitation Department 541-757-4131

East Linn Workforce Development Center

Lebanon: 44 Industrial Way 541-259-5850

Oregon Employment Department..... 541-259-5790

Linn Workforce Development Center

Albany: 139 4th Ave, SE

Community Services Consortium..... 541-812-8646

Disabled Veterans' Outreach..... 541-812-8666

Linn-Benton Community College 541-967-2171

Oregon Employment Department..... 541-967-2171

WorkSource Oregon. State public workforce system; assists with vocational rehabilitation, job search, skills enhancement, training options.

Albany: 139 4th Ave, SE..... 541-812-8645

www.worksourceoregon.org

FINANCIAL SERVICES

Child Support Enforcement:

Benton County/Corvallis:

Benton County District Attorney's Office Child Support Services
120 NW 4th St, 3rd Fl 541-766-6817

Linn County/Albany:

Oregon Department of Justice Division of Child Support
1245 Clay St, SE..... 541-967-2028

Community Services Consortium (CSC): Offers weatherization, utility, and rental assistance for income-qualified households.

Benton County/Corvallis: 545 SW 2nd St, Ste A 545-752-1010

Linn County/Albany: 250 Broadalbin St, SW, Ste 2A 541-928-6335

www.communityservices.us info@communityservices.us

Mon-Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

Fish of Albany: Food box, limited assistance with utilities, medical, transportation, identification cards.

1880 Hill St, SE(call first) 541-928-4460

www.fishofalbany.com fishofalbany@integra.net

Mon-Fri 9:00 am - 5:00 pm

Fish Emergency Services: Limited assistance with medical, rent, utilities, transportation, toiletries, and identification cards.

Benton County/Corvallis: 968 NW Garfield Ave 541-752-4688

Mon-Fri 8:00 am - 5:00 pm

Fish of Lebanon: Help with utilities, rent, clothing, prescriptions, records, licenses, permits fee payment assistance, dental.

First Presbyterian Church, 145 W Ash St(call first) 541-259-3200

Mon-Fri 9:00 am - 3:00 pm

Money Management International: Bankruptcy assistance, mortgage delinquency and default counseling, reverse mortgage.

Albany: 645 Waverly Dr, SE

Toll-free..... 866-226-0278

www.moneymanagement.org

Oregon Veterans' Service Office:

Albany: 330 3r Ave, SW 541-967-3882

The Salvation Army:

Albany: 345 Columbus St 541-928-4775

Mon, Wed, Fri 9:00 am - 11:45 am – emergency food box

Utility assistance by appointment only, when funds are available.

Self-Sufficiency Programs, Department of Human Services (DHS):

Offers financial help to qualified families in the form of Temporary Assistance to Needy Families (TANF). Domestic Violence Emergency Assistance (DV-EA) offers financial help to families without resources and needing help fleeing domestic violence; Employment-Related Day Care (ERDC) provides child-care subsidies for low-income working families, food benefits, and medical.

Albany: 118 2nd Ave, SE..... 541-967-2078
Mon-Fri 8:00 am - 5:00 pm

Corvallis: 545 SW 2nd St, Ste B 541-757-4201
Mon 7:30 am - 6:00 pm; Tue-Fri 7:30 am - 5:00 pm

Lebanon: 44 Industrial Way, Ste E..... 541-259-5860
Mon-Fri 7:00 am - 5:00 pm

www.oregon.gov/DHS

Senior Services: Oregon Cascades West Council of Governments (COG).

Linn and Benton Counties/Albany

1400 Queen Avenue, SE, Ste 206 541-967-8630

Toll-free..... 800-638-0510

www.ocwcog.org

Mon-Fri 8:00 am - 5:00 pm

Sharing Hands, Inc.: Small emergency fund to assist with utilities, prescriptions, gas, and propane. Call for eligibility.

Brownsville: 107 W Bishop Way..... 541-466-3110
Tue-Sat 10:00 am - 4:00 pm

Sweet Home Emergency Ministries (SHEM): Voucher for propane, prescriptions, clothes, rent, and utility needs. Food box requests verified through program guidelines.

1115 Long St..... 541-367-6504

www.shemfoodbank.org shemfoodbank@gmail.com

Telephone Assistance Program Link-Up America: Telephone bill reduction.

Toll-free..... 800-848-4442

We Care: One-time emergency financial assistance to Benton County residents when no other help is available and the person will be able to manage after a single assist.

Corvallis..... 541-758-2632

Willamette Neighborhood Housing Services (WNHS): Financial and consumer services.

Corvallis: 257 SW Madison Ave, Ste 113..... 541-752-7220 x300

www.w-nhs.org..... info@w-nhs.org

FOOD

Food Stamps Self-Sufficiency Program, Department of Human Services (DHS): Available to individuals and families. Call for appointment.

Albany: 118 2nd Ave, SE..... 541-967-2078

Mon-Fri 8:00 am - 5:00 pm

Corvallis: 545 SW 2nd St, Ste B 541-757-4201

Mon 7:30 am - 6:00 pm; Tue-Fri 7:30 am - 5:00 pm

Lebanon: 44 Industrial Way, Ste D..... 541-259-5860

Mon-Fri 7:00 am - 5:00 pm

Gleaners: See "Food and Firewood." *Corvallis*..... 541-752-1010

Linn Benton Food Share: A Community Services Consortium (CSC)

program that gathers, transports, stores, and distributes food to local helping agencies, including food pantries, soup kitchens, day care centers, shelters, low-income senior programs, and gleaning groups.

Corvallis: 545 SW 2nd St, Ste A 541-752-1010

www.communityservices.us

Meals on Wheels: Meals delivered to home-bound seniors in Linn and Benton Counties.

Linn County/Albany: Albany Senior Center

489 Water Ave, NW 541-967-7647

Benton County/Corvallis: Chintimini Senior and Community Center

2601 NW Tyler Ave 541-753-1022

Toll-free..... 800-638-0510

Ten Rivers Food Web: Farmers' Markets. Some farmers' markets accept Oregon Trail Electronic Benefit Transfer (EBT), senior vouchers, and Women, Infant, and Children (WIC) vouchers.

www.tenriversfoodweb.org 541-351-8735

Benton County Farmers' Markets:

Corvallis (mid-Apr to mid-Nov) – NW 1st St and NW Jackson Ave

Wed and Sat 9:00 am - 1:00 pm

Corvallis (Jan to mid-Nov) – Benton County Fairgrounds, 110 SW 53rd St

Sat 9:00 am - 1:00 pm

Linn County Farmers' Markets:

Albany (mid-Apr to Mid-Nov) – 4th Ave, SW and Ellsworth St, SW

Sat 9:00 am - 1:00 pm

Brownsville (Jun to Oct) – Main St and Park Ave

Thu 3:00 pm - 7:00 pm

Lebanon (May to Oct) – E Grant St and Main St

Thu 2:00 pm - 6:00 pm

Sweet Home (Jun to Sep) – Thriftway parking lot (intersection of Hwys 20 and 228)

Sat 9:00 am - 1:00 pm

Women, Infants, and Children (WIC) Nutrition Program: Nutrition counseling and monthly food vouchers available for low-income pregnant women, nursing mothers, infants, and children.

Benton County:

Corvallis: 530 NW 27th St..... 541-766-6835
www.co.benton.or.us/health

Linn County:

Albany: 2730 Pacific Blvd, SE 541-967-3888
Lebanon: 1600 S Main St..... 541-451-5932
Sweet Home: 799 Long St 541-367-3888
Toll-free 800-723-3638
www.co.linn.or.us/health

FOOD PANTRIES

Benton County

Alsea Food Pantry (Jeni's Place):

18595 Alsea Hwy.....541-487-FOOD (3663)
Tue, Wed 10:00 am - 6:00 pm

Coastal Range Food Bank: Emergency food box.

Blodgett: 11661 Nashville Rd..... 541-456-2141
..... crfb@casco.net

Wed, Sun 11:00 am - 2:00 pm and emergencies

Community Outreach, Inc. (COI): Emergency food boxes and shelter, medical clinic for uninsured people, information and referral, advocacy, case management, message and mail service, showers.

Corvallis: 865 NW Reiman Ave..... 541-758-3000
Mon-Fri 2:00 pm - 9:00 pm; Sat 8:00 am - 9:00 pm

Human Services Resource Center Food Pantry: Operates in partnership with Oregon State University (OSU) Foundation on the OSU campus; accessible to OSU students and non-students.

Corvallis: Avery Lodge, 1030 SW Madison Ave..... 541-737-3747
www.studentlife.oregonstate.edu/hsrc/osu-emergency-food-pantry

..... hsrc.foodpantry@oregonstate.edu

3rd Wed, 4th Thu of each month 5:00 pm - 8:00 pm

(schedule is affected by school breaks)

Philomath Food Bank: Emergency food box.

360 S 9th St..... 541-929-2499

Tue 6:00 pm - 8:00 pm; Thu 9:00 am - 11:30 am

St. Vincent de Paul Food Bank: Emergency food box; thrift store - clothing at very low cost, small household items, and toys.

Corvallis: 501 NW 25th St 541-757-1988
Mon-Fri 1:30 pm - 4:00 pm

St. Vincent de Paul Food Pantry at Garfield Elementary School: one Sat per month

205 NW Garfield St (call for dates) 541-757-1988
10:00 am - 12:00 pm

South Benton Food Pantry: Must be resident of Monroe School District.

Monroe: by United Methodist Church, 650 Orchard St..... 541-745-8759
.....sbf2014@gmail.com

Thu 10:00 am - 12:00 pm; 3rd Thu of each month 4:00 pm - 6:00 pm

South Corvallis Food Bank: Emergency food box.

1800 SW 3rd St, Ste 110..... 541-753-4263
www.southcorvallisfoodbank.org

Mon, Wed 1:00 pm - 3:00 pm; Thu 5:00 pm - 7:00 pm; Sat 10:00 am - 12:00 pm

Linn County

Caring Team Ministry: Emergency food box.

Lebanon: 3000 S Santiam Hwy 541-451-1271
Fri 3:30 pm - 5:30 pm

Fish of Albany: Food box (call first for emergency food), formula, baby food, clothing, and medical; emergency transportation.

1880 SE Hill St 541-928-4460
www.fishofalbany.com fishofalbany@integra.net

Mon-Fri 9:00 am - 3:00 pm

Fish of Lebanon: Call for appointment.

First Presbyterian Church, Ash and 2nd St 541-259-3200

Monday-Fri 9:00 am - 3:00 pm – utility, rent, medicine

Tue, Fri 1:30 pm - 3:00 pm – emergency food box

God's Storehouse: Clothes, some furniture. Bring proof of residence address. Delivers.

Harrisburg: 180 Smith St 541-995-8403
Tue, Thu 9:00 am - 4:00 pm

Jefferson Community Pantry: Emergency food box.

Jefferson: 310 N 2nd St 541-248-7282
Wed 3:00 pm - 6:00 pm

Lord's Storehouse: Emergency food box, clothing.

Lebanon: First Assembly of God Church, 726 W Oak 541-259-1464
www.firstassemblylebanonoregon.com/ministries

.....contactus@firstassemblylebanonoregon.com

Mon, Thu 10:00 am - 1:30 pm

St. Vincent de Paul:

Lebanon: 233 2nd St 541-258-5405

Wed 9:00 am - 11:00 am – rent, utility assistance

Wed 11:30 am - 3:30 pm – emergency food box

The Salvation Army: Emergency food box.

Albany: 345 Columbus St 541-928-4774
www.salvationarmy.usawest.org

Mon, Wed, Fri 9:00 am - 11:45 am – food boxes and other needs

Seventh-Day Adventist Community Service Center: Emergency food box, free clothes, dishes, bedding.

Sweet Home: 300 Holley Rd/Hwy 228 541-367-4524
sweethome22.adventistchurchconnect.org

Mon 9:00 am - 12:00 pm

Sharing Hands: Services limited to Central Linn School District area.

Brownsville: 107 W Bishop Way..... 541-466-3110
www.sharinghands.org

Tue-Fri 9:00 am - 3:00 pm – emergency fund for utilities, prescriptions, rental assistance, gas, propane

Tue-Sat 10:00 am - 3:00 pm – thrift shop

Wed, Fri 10:00 am - 3:00 pm – food boxes

Signs of Victory Food Bank: Emergency food box, clothing available, open meal site.

Albany: 1122 Jackson St, SE 541-967-8545
www.signsofvictory.webs.com

Mon-Fri 8:00 am - 6:00 pm

Sweet Home Assembly of God: Emergency food box.

890 Mt. View Rd..... (call first, before 7:00 pm) 541-367-2038

Thu 10:00 am - 1:00 pm

Sweet Home Emergency Ministries (SHEM): Emergency food box, clothing, propane, prescriptions, rent, utility assistance.

1115 Long St..... 541-367-6504
www.shemfoodbank.org shemfoodbank@gmail.com

Tue, Wed, Sat 9:00 am - 12:00 pm

FOOD – SOUP KITCHENS & MEAL SITES

Benton County

Community Outreach, Inc. (COI): Community kitchen available to store food and prepare food that is available.

Corvallis: 865 NW Reiman Ave..... 541-758-3000
www.communityoutreachinc.org

Mon-Sat breakfast 8:00 am - 10:00 am

lunch 12:00 pm - 2:00 pm

dinner 5:00 pm - 7:00 pm

Corvallis Family Table: Offers prepared meals "to go."

Tunison Center, 365 SW Tunison St

2nd and 4th Thu of each month 4:30 pm - 6:00 pm – "to go" boxes available

www.corvallisfumc.org/content/corvallis-family-table

..... outreach@corvallisfumc.org

Meals on Wheels – Dining Site: Coordinated through Cascades West Council of Governments (COG).

www.ocwcog.org/seniors-disability/food-nutrition/meals/dining-centers/

Corvallis: Chintimini Senior and Community Center

2601 NW Tyler Ave..... 541-753-1022

Mon-Fri 11:50 am

Neighbor to Neighbor – Weekly Soup Kitchen:

Philomath: College United Methodist Church,

1123 Main St..... 541-929-6614

www.collegeumc.com/activities.html collegeumc@gmail.com

Tue 5:30 pm - 6:30 pm

Stone Soup Program: Corvallis..... 541-757-1988

www.stonesoupcorvallis.org stonesoupinfo@comcast.net

First Christian Church: 602 SW Madison Ave

Tue 5:30 pm - 6:30 pm; Sat 10:00 am - 11:00 am; Sun 5:30 pm - 6:30 pm

St. Mary's Stone Soup Kitchen: 501 NW 25th St

Mon, Thu 5:30 pm - 6:30 pm; Wed, Fri 11:30 am - 12:30 pm

Linn County

Albany Helping Hands: Shelter.

619 9th St, SE 541-926-4036

www.albanyhelpinghands.com wecare@albanyhh.org

Sun-Sat breakfast 7:00 am - 8:00 am

lunch 12:00 pm - 1:00 pm

dinner 5:00 pm - 6:00 pm

Boys and Girls Club of Albany: After-school meals.

1215 Hill St, SE 541-926-6666

www.bgc-albany.org info@bgc-albany.org

Lebanon Soup Kitchen: Blankets, sleeping bags, diapers.

First Christian Church, 170 E Grant St 541-451-7667

www.fcclebanon.org/soup-kitchen.php lebanonfcc@comcast.net

Mon, Wed, Fri 4:30 pm - 5:30 pm

Meals on Wheels – Dining Site: Coordinated through Cascades West Council of Governments (COG).

www.ocwcog.org/seniors-disability/food-nutrition/meals/dining-centers/

Albany: Albany Senior Center

489 Water Ave, NW..... 541-967-7647

Mon-Fri 11:30 am

Mid-Willamette Family WMCA: Youth and teen summer meal program.

3311 Pacific Blvd, SW 541-926-4488

www.ymcaalbany.org executive@ymcaalbany.org

Mon-Thu 5:00 pm - 5:30 pm

Real Bowls Real People:

Lebanon: River Park, 1255 E Grant St 541-409-6648

Sun 1:30 pm - 3:00 pm

Saint Mary's Soup Kitchen:

Albany: 820 Ellsworth St, SW 541-926-8562

www.stmarysalbany.com/soup-kitchen

..... stmarysoffice_albany@comcast.net

Mon, Wed, Fri 5:00 pm - 6:00 pm

Sweet Home Emergency Ministries (SHEM) Manna Soup Kitchen:

United Methodist Church, 845 6th Ave 541-367-6504

www.shemfoodbank.org/available-services/ shemfoodbank@gmail.com

Tue, Wed, Fri 5:00 pm - 6:00 pm

FOOD & FIREWOOD GLEANING

Linn Benton Food Share: Refers participants and volunteers to local groups. Refers donors of surplus food and wood to local gleaning groups. Contact Gleaning Programs Coordinator.

Corvallis: 545 SW 2nd St, Ste A 541-758-2645

Mon-Fri 8:00 am - 5:00 pm

Gleaners: People who are able-bodied volunteers with low incomes gather crops, surplus, or salvaged foods and firewood to share equally with adoptees, who are elderly and/or disabled individuals with low incomes. Gleaners also share with food banks and agencies that sponsor group meals. There are 14 gleaning groups in Benton and Linn Counties:

Albany:

Albany Gleaners

Helping Hands

Mid-Valley Gleaners

Alsea:

Alsea Valley Gleaners

Brownsville, Halsey, Peoria,

Shedd:

Central Valley Harvesters

Corvallis:

Marys River Gleaners

Crabtree, Jefferson, Scio:

North Santiam Gleaners

Halsey

Central Valley Gleaners

Harrisburg:

Harrisburg Harvesters

Lebanon:
Lebanon Gleaners

Mill City:
Canyon Gleaners

Monroe:
South Benton County
Gleaners

Philomath:
Philomath Community
Gleaners

Sweet Home:
Fair Share Unlimited
Sweet Home Gleaners

To join a gleaning group, call the Gleaning Programs Coordinator.

..... 541-758-2645
www.communityservices.us/nutrition/detail/category/gleaning-programs

FURNITURE & HOUSEHOLD ITEMS

The Arc Resale:

www.arcbenton.org

Corvallis: 928 NW Beca Ave 541-754-9011
Mon-Sun 10:00 am - 5:30 pm

Philomath: 936 S Main St..... 541-929-3946
Mon-Sat 10:00 am - 5:30 pm, Sun 12:00 pm - 5:30 pm

Benton Furniture Share Volunteers pick up, clean, repair, and deliver furniture to people who need it. Referral from social service agency.

Corvallis: 155 SE Lilly Ave 541-754-9511
www.furnitureshare.org

Tue-Fri 9:00 am - 4:00 pm – client services and donations

Fish of Albany: Kitchen items, toiletries.

1880 SE Hill St 541-928-4460
www.fishofalbany.com fishofalbany@integra.net

Goodwill Industries:

Albany: 1605 Pacific Blvd 541-928-3261
Mon-Sat 9:00 am - 9:00 pm; Sun 10:00 am - 8:00 pm

Corvallis: 1325 NW 9th St
Mon-Fri 9:00 am - 9:00 pm; Sat 9:00 am - 8:00 pm; Sun 10:00 am -
7:00 pm

Habitat for Humanity Restore: Discount home improvement store.

Albany: 1225 SE 6th Ave..... 541-924-1450
www.albanyareahfh.org/restore.htm..... storemanager@albanyrestore.org

Corvallis: 4749 SW Philomath Blvd 541-752-6637
www.bentonhabitat.org/restore/

Heartland Humane Society Thrift Shop:

Corvallis: 411 SW 3rd St..... 541-757-0573

www.heartlandhumane.org/thrift-shop/

Mon-Sat 10:00 am - 5:00 pm

June's Kids'Kloset: Provides free donated clothing for babies and youth through high school and baby furniture to parents with low incomes or anyone in need.

Philomath: 360 S 9th St..... 541-929-2499
Tue 6:00 pm - 8:00 pm; Thu 9:00 am - 2:00 pm

OSU Folk Club Thrift Shop

Corvallis: 144 NW 2nd St..... 541-752-4733
Early-Jun to mid-Sep Tue-Fri 9:30 am - 2:30 pm; Sat 10:00 am - 12:00 pm
Mid-Sep to early-Jun Tue-Thu 9:30 am - 5:00 pm; Fri 9:30 am - 2:30 pm; Sat 10:00 am - 12:00 pm

St. Vincent de Paul: Household items, rent and utility assistance.

Lebanon: 233 2nd St..... 541-258-5405
Wed 9:00 am - 11:00 am – rent and utility assistance
Wed 11:30 am - 3:30 pm – household items

Sweet Home Emergency Ministries (SHEM) Carmen's Closet: Free household items, clothing, shoes, and hygiene items; assistance with re-location necessities. Provides fire-burnout victims with household items, blankets, furniture, and clothing.

3031 Hwy 20..... 541-367-6504 or 541-367-7290
www.shemfoodbank.org..... shemfoodbank@gmail.com

Seventh-Day Adventist Community Services Center: Free dishes, bedding, and clothing.

Sweet Home: 300 Holley Rd/Hwy 228 541-367-4524
www.sweethome 22.adventistchurchconnect.org
..... sweethomesda@yahoo.com
Mon 9:00 am - 1:00 pm

Sharing Hands Thrift Shop:

Brownsville: 107 W Bishop Way..... 541-466-3110
www.sharinghands.org..... sharinghands@peak.org
Tue-Sat 10:00 am - 4:00 pm

Sweet Home Gleaners, Inc., Thrift Store:

3031 Main St/U.S. Hwy 20..... 541-367-3190
www.sweethomegleaners.org
.....sweethomegleaners@sweethomegleaners.org
Mon-Sat 9:00 am - 4:00 pm

Vina Moses Center: Free clothing and household items to low-income Benton County residents (provide proof of residence). Diapers when available.

Corvallis: 968 NW Garfield Ave..... 541-753-1420
www.vinamoses.org
Mon-Fri 9:00 am - 11:00 am, 1:00 pm - 3:00 pm
first Sat of each month 9:00 am - 12:00 pm

GAMBLING

- Gambling Addiction:** *Toll-free* 877-MY-LIMIT (695-4648)
www.1877mylimit.org
- Linn County Department of Human Services:** 541-967-3888
www.co.linn.or.us linnhsadmin@co.linn.or.us
- National Council on Problem Gambling:**
Toll-free..... 800-522-4700
www.ncpgambling.org..... ncpgambling.org/chat

HOUSING

Albany Partnership for Housing and Community Development:

Provides affordable housing for Albany residents with restricted incomes; transitional housing.

Main Office: 2078 6th Ave, SE..... 541-926-5451
www.albanypartnership.org

Housing Sites:

ParkRose: 2078 6th Ave, SE 541-926-5451
..... parkrose@aphcd.org

Parkside Court: 715 24th Ave, SE #1 541-928-5612
..... parkside@aphcd.org

Periwinkle Place: 1700 Periwinkle Cir, SE..... 541-924-3997
..... periwinkle@aphcd.org

Songbird Village: 215 21st Ave, SE..... 541-924-1003
..... songbird@aphcd.org

Community Services Consortium (CSC): Offers a variety of housing services to clients with housing needs.

www.communityservices.us info@communityservices.us

Emergency and Transitional Housing Programs: Emergency/transitional housing programs assist low-income households who are homeless or at risk of homelessness transition into or maintain permanent, affordable housing. Rental deposit assistance.

Benton County/Corvallis: 545 SW 2nd St, Ste A..... 541-758-2632

Linn County/Albany: 250 SW Broadalbin St, SW, Ste 2A. 541-928-6335

Supportive Services for Veterans Families: Promotes housing stability among very-low-income veteran families residing in or transitioning to permanent housing.

Benton County/Corvallis: 545 SW 2nd St, Ste A..... 541-752-1010

Linn County/Albany: 250 SW Broadalbin St, SW, Ste 2A. 541-928-6335

..... ssvf@communityservices.us

Weatherization Program: Offers free weatherization services to low-income homeowners and renters in Benton, Lincoln, and Linn Counties, including weather stripping, insulation, duct sealing, and furnace inspection.

Corvallis 541-758-2616 or 541-758-2627

Corvallis (City of) Housing & Neighborhood Services Division: Assists with landlord/tenant and habitability issues, sub-standard housing conditions.

501 SW Madison Ave 541-766-6944

www.corvallisoregon.gov housing@corvallisoregon.gov

Fair Housing Council of Oregon: Discrimination/rental housing issues.

Portland: 1221 SW Yamhill St #305..... 503-223-8197

Toll-free..... 800-424-3247

Habitat for Humanity: Provides subsidized home acquisition and home ownership through community efforts. No emergency services. Application process.

Albany: (public school district area) 1538 Queen St, SE..... 541-967-4030

www.albanyareahfh.org..... aahfh@peak.org

Benton County/Corvallis: 4840 SW Philomath Blvd..... 541-752-3354

www.bentonhabitat.org

Lebanon..... 541-405-5213

www.lebanonoregonhabitat.com

Housing Discrimination Hotline (Community Services Consortium):

..... 541-704-7649

www.communityservices.us fairhousing@communityservices.us

Housing Shelter: *See "Shelter for Homeless."*

Linn-Benton Housing Authority: Housing assistance for lower-income families, elderly, and disabled individuals. "Section 8" housing choice vouchers.

Albany: 1250 Queen Ave, SE 541-926-4497 or 541-928-6901

TDD..... 541-926-8338

www.l-bha.org mail@l-bha.org

Mon-Thu 8:00 am - 5:00 pm

Lovelace Development, LLC: Low-income senior housing for those 55 years old and older capable of living independently.

Lebanon: Stillwater Apartments, 1811 S 2nd St..... 541-258-8690

www.lovelacedevelopment.com stillwater@lovelacedevelopment.com

Signs of Victory Freedom Road House: Transitional housing.

Albany: 1100 Jackson St, SE 541-928-6927

www.signsofvictory.webs.com

United States Department of Housing and Urban Development:

Regional Housing Discrimination Office/Seattle 800-877-0246

www.hud.gov

Willamette Neighborhood Housing Services (WNHS): Homeownership center, financial fitness classes, financial literacy program, affordable housing.

Corvallis: 257 SW Madison Ave 541-752-7220
Toll-free: 800-403-0957
www.w-nhs.org info@w-nhs.org

Rehabilitation

Habitat for Humanity Restore: Discount home improvement store.

Albany: 1225 SE 6th Ave 541-924-1450
www.albanyareahfh.org/restore.htm storemanager@albanyrestore.org
Corvallis: 4840 SW Philomath Blvd 541-752-6637
www.bentonhabitat.org/restore

INFORMATION & REFERRAL

211.org 2-1-1
www.211info.orgtext ZIP Code to 898211 for mobile service
Mon-Fri 8:00 am - 7:00 pm; Sat, Sun 8:00 am - 6:00 pm

American Red Cross:

Albany: 3388 Pacific Blvd, SW 541-926-1543

Community Outreach, Inc. (COI): Information and referral, emergency shelter, case management, telephone and message service.

Corvallis: 865 NW Reiman Ave 541-758-3000
www.communityoutreachinc.org

Community Services Consortium (CSC): Information and referral to services in Benton and Linn Counties.

Albany: 250 Broadalbin St, SW, Ste 2A 541-928-6335
Corvallis: 545 SW 2nd St, Ste A 541-752-1010
www.communityservices.us info@communityservices.us

Families and Community Together (FACT): Helps families and students in Albany school system seeking access to health and social services.

Albany: 701 SE 19th St 541-924-3720
www.albany.k12.or.us/departments

Fish of Lebanon: Identification cards.

First Presbyterian Church, 145 W Ash 541-259-3200

Greater Albany Public Schools Welcome Center/Centro de Bienvenida: Language interpretation.

718 7th Ave, SW 541-967-4525
www.albany.k.12.or.us

The H.A.R.T. Community Center: Coordinates and offers many low- or no-cost services for Harrisburg residents. Public Internet access.

Harrisburg: 354 Smith Street 541-995-7700
www.ci.harrisburg.or.us or www.hartcommunitycenter.org
..... admin@hartcommunitycenter.org

Love In the Name of Christ (INC): Referral, transportation, home needs, lends durable medical equipment, bicycles accepted to repair and be donated to low-income children and families, towels and bedding, personal hygiene closet.

Albany: 1606 Santiam Hwy 541-924-5683
www.lovelinn.org lovelinncc@lovelinn.com
Corvallis: 2330 NW Professional Dr, Ste 102 541-757-8111
www.yourloveinc.org admin@yourloveinc.org

Medication Disposal:

Albany: Albany Police Department
1117 Jackson St, SE 541-917-7680
www.cityofalbany.net/departments/police
Drop-box in Department lobby available Mon-Fri 7:30 am - 6:30 pm.

Philomath: Philomath Police Department
1010 Applegate St 541-929-6911
www.ci.philomath.or.us
Medications, in original containers, are accepted at Department Mon-Fri 8:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm).

Oregon Health Authority Public Health Division: Birth, marriage, divorce, and death certificates.

800 NE Oregon St, Ste 505, Portland, OR 97232
..... 971-673-1222 or 971-673-1190
www.public.health.oregon.gov/BirthDeathCertificates

Oregon National Guard Family Program:

Albany: 3800 Knox Butte Rd 541-321-3056
www.oregonbtyr.org
Statewide 503-584-2389 or 503-584-2391
Mon-Fri 7:30 am - 4:30 pm
After hours: Toll-free 800-511-6944

Oregon SafeNet: Helps people find free or low-cost health care and other services in their communities.

Toll-free 800-SAFENET (723-3638)
Mon-Fri 8:00 am - 6:00 pm

Philomath Community Services: Provides various social services to residents of Philomath and Western Benton County.

360 S 9th St 541-929-2499

Volunteer Interfaith Caregivers: Transportation to medical appointments.
Albany: 930 SW Queen Avenue 541-928-2173
www.volunteercaregivers.org/..... vcweb930@aol.com
Corvallis: 501 NW 25th Street 541-757-0980
www.caregiversvic.org/

Support Groups

Abuse Victims

Center Against Rape and Domestic Violence (CARDV): 24-hr hotline, advocacy, counseling, and support groups; shelter for battered women, men, and children; safety plan.

Corvallis office: 4786 SW Philomath Blvd..... 541-758-0219
 Local 24-hr hotline 541-754-0110
 Toll-free 24-hr hotline..... 800-927-0197
www.cardv.org.....info@cardv.org

Alcohol Dependency:

Communities Helping Addicts Negotiate Change Effectively

(CHANCE): Recovery support, classes, smoking cessation.

Albany: 238 3rd Ave, SE 541-791-3411
Lebanon: 365 S Main 541-258-6959
 Mon-Fri 9:00 am - 5:00 pm, Sat 12:00 pm - 5:00 pm (both locations)
www.chancerecovery.orginfo@chancerecovery.org

Linn County Department of Health Services

Lebanon: 1600 S Main St..... 541-451-5932
Sweet Home: 799 Long St 541-367-3888
www.co.linn.or.us/health/alcohol_drug/ad.htm.....linnad@co.linn.or.us

Breastfeeding:

Linn County Department of Health Services

Albany: 104 4th Ave, SE 541-967-3888
www.co.linn.or.us/health/public_health/wic-bf.htm
linnhsadmin@co.linn.or.us

Samaritan Health Services

Lebanon: 525 N Santiam Hwy, Lactation Line 541-451-7588
www.samhealth.org

Co-Dependents Anonymous:

Communities Helping Addicts Negotiate Change Effectively

(CHANCE): Recovery support, classes, smoking cessation.

Albany: 238 3rd Ave, SE 541-791-3411
Lebanon: 365 S Main..... 541-258-6959
 Mon-Fri 9:00 am - 5:00 pm; Sat 12:00 pm - 5:00 pm (both locations)
www.chancerecovery.org.....info@chancerecovery.org

Debt/Over-Spending:

Communities Helping Addicts Negotiate Change Effectively

(CHANCE): Recovery support, classes, smoking cessation.

Albany: 238 3rd Ave, SE 541-791-3411

Lebanon: 365 S Main..... 541-258-6959

Mon-Fri 9:00 am - 5:00 pm; Sat 12:00 pm - 5:00 pm (both locations)

www.chancerecovery.org.....info@chancerecovery.org

Parenting

Family and Community Together (FACT): Greater Albany Public School District social services activity; parent support groups; parenting skills classes.

Albany: 701 SE 19th St..... 541-924-3720

www.albany.k12.or.us/departments

Linn-Benton Community College (LBCC): Home visiting, including parenting, family wellness, crisis management, community resources, and mentoring; services to families with children through teen years.

Albany: 6500 Pacific Blvd, SW 541-917-4882

Oregon Family Support Network: Peer support, education, and advocacy for families of children with mental health and behavioral challenges; Benton County: offers family partner, parent support groups, teen social group; Linn County: training on individualized education programs and Rehabilitation Act Section 504, trauma, and ThinkKids Collaborative Problem Solving.

Salem: 1300 Broadway St, NE, Ste 403..... 503-363-8068

Toll-free (parents only) 800-323-8521

Mon-Fri 9:00 am - 5:00 pm (office)

www.ofsn.org

- 2nd and last Tue of each month, 5:30 pm - 7:30 pm, Grace Lutheran Church
- Teens: 2nd Wed each month , 6:00 pm - 7:30 pm, Grace Lutheran Church

Pregnancy and Post-Abortion

Options Pregnancy Resource Center: Sexual abstinence education programs.

Albany: 1800 16th Ave, SE..... 541-924-0160

www.possiblypregnant.org possiblypregnant@optionsprc.org

LEGAL & MEDIATION ASSISTANCE

American Civil Liberties Union (ACLU) of Oregon: Legal assistance in matters of civil liberties, discrimination, violation of free speech, etc.

Benton and Linn Counties 541-754-6245 x148
Eugene..... 541-345-6162
Portland 503-227-3186
www.aclu-or.org info@aclu-or.org

Linn Benton Legal Aid and Senior Law: Free legal assistance to low-income Oregonians.

Albany: 433 4th Ave, SW 541-926-8678
Toll-free..... 800-817-4605
Mon-Fri 9:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)
www.oregonlawhelp.org

Modest Means Program: Affordable legal assistance through referral by the Oregon State Bar. Complete and submit application.

Toll-free..... 800-452-7636
www.oregonstatebar.org/public/ris/ legalhelp@oregonstatebar.org

Neighbor-to-Neighbor Mediation: Juvenile delinquency diversion counseling.

Albany: 308 Broadalbin St, SW 541-223-4189
www.n2nmediation.org..... n2nbentonlinn@gmail.com

Neighborhood Dispute Resolution: Resolutions Northwest facilitates honest conversation to resolve conflict and advance racial and social justice.

Portland: 1827 NE 44th Ave 503-595-4890
www.resolutionsnorthwest.org info@resolutionsnorthwest.org

Oregon Mediation Association: Assistance finding a mediator.

Portland: 503-872-9775
www.omediate.org oma@oregonmediationassn.org

Pastoral Counseling Center: Individual, couple, and family counseling.

Albany: First Christian Church, 432 Ferry St, SW 541-753-9217 x1
Corvallis: First Christian Church, 602 SW Madison Ave 541-753-9217
Lebanon: 1890 S 2nd St..... 541-451-5015
www.pstoralcounseling-oregon.org

Tel-Law: Legal information provided by Oregon State Bar.

Tigard: 16037 SW Upper Boones Ferry Rd 503-620-0222
Toll-free..... 800-452-8260
www.osbar.org info@osbar.org

MEDICAL

Acquired Immune Deficiency Syndrome (AIDS):

Benton County Health Department:

Corvallis: 530 NW 27th St..... 541-766-6839 or 541-936-1771
www.co.benton.or.us/health

Linn County Health Department

Albany: 2730 Pacific Blvd, SE 541-967-3888 or 541-936-1771
www.co.linn.or.us/health/public_health linnhsadmin@co.linn.or.us
Hotline: *Toll-free*..... 800-777-2437

Valley AIDS Information Network, Inc.

Corvallis: 1115 SE Park Ave..... 752-752-6322
Toll-free 800-588-2437
www.valleyaidsinfo.org..... valleyaidsinfo@gmail.com

Alsea Rural Health Care:

435 E Elder St 541-487-7116
www.alseaclinic.org
Mon, Wed, Thu 8:30 am - 4:00 pm; Tue 1:00 pm - 5:30 pm

Alzheimer's Association:

Eugene: 1000 Willagillespie Rd, Ste 100
Portland: 1650 NW Naito Parkway, Ste 190
Salem: 2615 Portland Rd, NE
24-hour help line: *Toll-free* 800-272-3900
(calls automatically direct to nearest open office or to central office in
Chicago, Illinois)

Benton County Health Department: Vaccinations, well baby care.

www.co.benton.or.us/health

Benton Community Health Center:

Corvallis: 530 NW 27th St..... 541-766-6835

Benton Family Medicine: Affordable medical care, dental care,
immunization, mental health and addictions, and pharmacy services.
Sliding fee scale.

Corvallis: 530 NW 27th St..... 541-766-6835
Mon, Tue, Thu, Fri 8:00 am - 5:00 pm; Wed 11:00 am - 7:00 pm

East Linn Health Center:

Lebanon: 100 Mullins Dr, Ste A-1 541-451-6920
Mon, Wed 8:00 am - 7:00 pm (closed 1:00 pm - 2:00 pm)
Tue, Thu, Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

Lincoln Family Medicine:

Corvallis: 121 SE Viewmont Ave 541-766-3546
Mon, Wed 8:00 am - 8:00 pm; Tue, Thu, Fri 8:00 am - 5:00 pm

Monroe Family Medicine/Monroe Health Center:

610 Dragon Dr 541-847-5143
Mon, Fri 8:00 am - 5:00 pm; Wed 10:00 am - 7:00 pm

Community Outreach, Inc. (COI) Medical Clinics: Acute, outpatient care only. Services for low-income, uninsured patients with no access to other medical care. \$5 fee; if unable to pay, free.

865 NW Reiman Ave 541-758-3000
www.communityoutreachinc.org

Mon, Fri 8:00 am; Wed 5:30 pm – sign up

Hospice Care: Provides supportive care services to terminally ill people and their families.

Corvallis: Benton Hospice Service, 2350 NW Professional Drive
..... 541-757-9616

Toll-free: 800-898-9616
www.bentonhospice.org

Albany: Samaritan Evergreen Hospice, 4600 Evergreen Pl, SE
..... 541-812-4662

www.samhealth.org/health-services/all-services/hospice-palliative-care

Hospital and Urgent Care: Vaccinations.

Albany:

Samaritan Albany General Hospital
1046 6th Ave, SW 541-812-4000

www.samhealth.org
open 24 hours each day

Samaritan Urgent Care, Geary Street
1700 Geary St, SE 541-812-5500

www.samhealth.org
Mon-Fri 8:00 am - 9:00 pm; Sat 9:00 am - 6:00 pm; Sun 10:00 am -
6:00 pm; holidays 10:00 am - 4:00 pm

Samaritan Urgent Care, North Albany
400 NW Hickory St, Ste 303 541-812-5275

www.samhealth.org
Mon-Fri 10:00 am - 7:00 pm; Sat 9:00 am - 6:00 pm; Sun 10:00 am -
6:00 pm

Corvallis:

The Corvallis Clinic Immediate Care Center
3680 NW Samaritan Dr 541-754-1282

www.corvallisclinic.com
Mon-Fri 8:00 am - 8:00 pm; Sat, Sun, 10:00 am - 5:00 pm

Good Samaritan Regional Medical Center
3600 NW Samaritan Dr 541-768-5111

www.samhealth.org
open 24 hours each day

Samaritan Urgent Care, Corvallis
5234 SW Philomath Blvd..... 541-768-4970
www.samhealth.org
Mon-Fri 8:00 am - 9:00 pm; Sat 9:00 am - 6:00 pm; Sun 10:00 am -
6:00 pm

Lebanon:

Samaritan Lebanon Community Hospital
525 N Santiam Hwy 541-258-2101
www.samhealth.org
open 24 hours each day

Samaritan Urgent Care, Lebanon
35 Mullins Dr, Ste 2 541-451-7915
www.samhealth.org
Mon-Fri 9:00 am - 9:00 pm; Sat, Sun 9:00 am - 6:00 pm

Mill City:

Santiam Hospital: Vaccinations, public clinics, family practice, well
baby care.
280 S 1st Ave 503-897-4100
www.santiamhospital.org

Linn County Health Department Public Health Services: Immunizations;
nutritional program for women, infants, and children; communicable
disease; family planning; human immunodeficiency virus (HIV)/Acquired
Immune Deficiency Syndrome (AIDS) wellness; sexually transmitted
diseases; Medicek examinations; maternal-child health.

www.co.linn.or.us/health

Albany: 315 4th Ave, SW 541-967-3888

Lebanon: 1600 Main St..... 541-451-5932

Sweet Home: 799 Long St..... 541-367-3888

Oregon Helps: A free pre-screener Internet service that determines whether
applicants qualify for a range of public benefits.

www.211info.org/oregonhelps.org

Oregon Poison Center:

Portland: 3181 SW Sam Jackson Park Rd

Toll-free..... 800-222-1222

Oregon Prescription Drug Program: No age or income limits.

Administered by Moda Health: *Toll-free* 800-913-4146

Enrollment questions: *Toll-free*..... 800-913-4284

Oregon SafeNet: Hotline linking low-income Oregon residents with health
care and social services in their communities.

Toll-free..... 800-SAFENET (723-3638)

Prescription Drug Assistance: *Toll-free* 855-991-8687
www.rxassist.org

Samaritan Health Services:

www.samhealth.org

Albany:

- Calapooia Family Medicine: 1100 7th Ave, SW 541-812-3349
- Family Medicine – Geary Street: 1700 Geary St, SE 541-812-5500
- Albany InReach Services: 2730 Pacific Blvd, SE 541-812-4059
- Mid-Valley Children's Clinic: 734 Elm St, SW 541-812-5111
- North Albany Medical Clinic: 400 Hickory St NW, Ste 300
..... 541-812-5700
- Ob-Gyn: 705 Elm St, SW, Ste 200 541-812-4850

Brownsville:

- Family Medicine – Brownsville: 157 Spaulding Ave..... 541-451-6940

Lebanon:

- Lebanon Health Center: 675 N 5th St..... 541-451-7820
- Main Street Family Medicine: 191 N Main St 541-451-7940
- Mid-Valley Medical Plaza: 425 Santiam Hwy 541-451-7800

Samaritan Medication Assistance Program: Follow instructions in recorded message.

- Albany* 541-812-5078

Sexually Transmitted Disease (STD)

Oregon Human Immunodeficiency Virus (HIV)/STD Hotline: Operated by Cascade Acquired Immune Deficiency Syndrome (AIDS) Project

- Portland:* 208 SW 5th Ave, Ste 800 503-223-2437
- Toll-free*..... 800-777-AIDS (2437)
- En Español:* 800-499-6940

Valley AIDS Information Network, Inc.

- Corvallis:* 1115 SE Park Ave..... 752-752-6322
- Toll-free* 800-588-2437
- www.valleyaidsinfo.org..... valleyaidsinfo@gmail.com

MEDICAL HEALTH INSURANCE

Family Health Insurance Assistance Program (FHIAP): Assists with subsidy to qualified people or families for health insurance plan.

- Salem:* 250 Church St, SE, Ste 200
- Toll-free*..... 888-564-9669

Oregon Health Plan (OHP): Provides health insurance to qualified citizens; includes dental services.

Salem: Health Systems Division, 500 Summer St, NE
Administration 503-945-5772
Toll-free 800-527-5772
Application Center: *Toll-free*..... 800-699-9075
Customer Service: *Toll-free*..... 800-273-0557 or 800-699-9075
TTY 771
www.oregon.gov/oha/healthplan

Oregon Medical Insurance Pool (OMIP): Established for Oregon residents unable to obtain individual health insurance coverage; administered through Regence BlueCross BlueShield

Portland: 2110 SW Jefferson St, 3rd Flr 503-608-7768
Toll-free..... 866-530-7743
www.myoregonhealthinsurance.com contact@centurybenefits.com

Retired Senior Volunteer Program (RSVP) and Foster Grandparents (FGP):

Albany: 1400 SE Queen Ave, Ste 206 541-812-0849
www.rsvpoflbl.org

Senior Health Insurance Benefits Assistance (SHIBA):

Albany Senior Center: 489 Water Ave, NW 541-917-7760
Corvallis Senior Center: 2601 NW Tyler Ave 541-766-6959
Lebanon Senior Center: 80 Tangent St..... 541-258-4919
Sweet Home Senior Center: 880 18th Ave..... 541-367-4775
State office *Toll-free:* 800-722-4134
www.oregon.gov/dcbs/shiba

MENTORING

Y-Mentoring: Albany YMCA matches adults with children and teens for mentoring and friendship.

Albany 541-926-4488 x306
www.ymcaalbany.org

PREGNANCY & PARENTING SUPPORT

Family and Community Together (FACT): Greater Albany Public School District social services activity; parent support groups; parenting skills classes.

Albany: 701 SE 19th St..... 541-924-3720
www.albany.k12.or.us/departments

Family Connections: Parents' advice line, support, and referral; child care resources and referral; lifespan respite care and training for child care providers; services provided through Linn-Benton Community College.

Albany: 6500 Pacific Blvd, SW 541-917-4899
Toll-free..... 800-845-1363

Family Tree Relief Nursery: Support service to parents experiencing stress with children younger than 6 years old. Free to eligible Linn County families.

Albany: 1005 NW Springhill Dr 541-967-6580
www.familytreern.org

Fish Guest House: Transitional housing, shelter for pregnant and parenting teens, emergency prescriptions, counseling, and referrals; operated through Fish of Albany.

Albany: 1880 Hill St, SE..... 541-928-4460
www.fishofalbany.com fishofalbany@integra.net

Healthy Families of Linn and Benton Counties: Information, support, and home visits to first-time parents.

Benton County/Corvallis: 1650 SW 45th Pl 541-757-8068
Linn County/Albany: 1113 SE Hill Street 541-666-2946
www.oldmillcenter.org

Options Pregnancy Resource Center: Physician referrals; pregnancy, parenting, and post-abortion support groups.

Albany: 1800 16th Ave, SE..... 541-924-0160
Corvallis: 867 NW 23rd St 541-758-3662 or 541-757-9645
www.optionsprc.org possiblypregnant@optionsprc.org

Planned Parenthood: *Toll-free* 800-230-7526
www.plannedparenthood.org

Pregnancy Care Center:

Corvallis: 867 NW 23rd St 541-758-3662 or 757-9645

Sweet Home Pregnancy Care: Pro-life pregnancy counseling, pregnancy and parenting support.

1344 Main St..... 541-367-2477
www.possiblypregnant.org shpcc@comcast.net

SENIORS

Abuse Helpline:

Benton and Linn Counties/Albany 541-924-8418
Toll-free..... 888-896-1013

Benefits Checkup: Determines whether someone qualifies for benefits.

www.benefitscheckup.org

Eldercare Locator: *Toll-free* 800-677-1116

Experience Works: Assists mature workers (55 years old and older) with employment search.

Benton and Linn Counties/Albany: 541-812-8661
www.experienceworks.org

Grace Center for Adult Day Services: Provides seniors and disabled adults opportunities for exercise, socialization, and cognitive therapy while their family caregivers receive the benefit of respite.

Corvallis: 980 NW Spruce Ave 541-754-8417
www.gracecenter-corvallis.org office@gracecenter-corvallis.org

Linn-Benton Housing Authority: Housing assistance for lower-income families, elderly, and disabled individuals.

Albany: 1250 Queen Ave, SE 541-926-4497
TDD 541-926-8338
www.l-bha.org mail@l-bha.org
Mon-Thu 8:00 am - 5:00 pm

Medicare: *Toll-free* 800-633-4227 or 800-772-1213
www.medicare.gov

Oregon Cascades West Council of Governments (COG): A variety of services to help seniors live independently. Aging and Disability Resource Connection (ADRC) offers a single source of information and assistance on issues affecting older adults and people with disabilities, regardless their income.

Albany: 1400 Queen Ave, SE, Ste 205A 541-967-8720
Toll-free 800-638-0510
www.ocwcog.org/seniors-disability/adrc adrcmail@ocwcog.org

Oregon Prescription Drug Program: No age or income limits.

Toll-free 888-411-6737
www.oregon.gov/oha/pharmacy/opdp

Prescription Drug Assistance: Patient assistance programs operated by pharmaceutical companies to provide free medications to people who cannot afford to purchase their medications

www.rxassist.org info@rxassist.org

Protective Services: Oregon Cascades West Council of Governments (COG) Senior and Disabled Services Adult Protective Services investigates alleged abuse and/or neglect of seniors and adults with disabilities.

Albany: 1400 Queen Ave, SE, Ste 206 541-967-8630
www.ocwcog.org/seniors-disability/adult-protective/
..... adrcmail@ocwcog.org
Mon-Fri 8:00 am - 6:00 pm

Retired Senior Volunteer Program (RSVP): A Cascades West Council of Governments (COG) program that networks with non-profit organizations in Benton and Linn Counties needing volunteers, including Senior Health Insurance Benefits Assistance (SHIBA), Senior Peer Counseling, American Association of Retired Persons (AARP) Tax Aide, Service Learning, HandsOn Linn-Benton, offering a wide variety of volunteer positions.

Albany: 1400 SE Queen Ave, Ste 206 541-812-0849
www.rsvpoflbl.org

Senior Centers

Albany: Albany Senior Center: Multi-purpose community center operated by City of Albany Parks and Recreation Department; community resource, providing information on aging, supporting family caregivers, training professional and lay leaders and students, and developing innovative approaches to addressing aging issues; meal site; Senior Health Insurance Benefits Assistance (SHIBA); rent rebate/tax credit information.

489 Water Ave, NW 541-917-7760
www.cityofalbany.net/departments/parks-and-recreation/seniorcenter/
albany-senior-center

Corvallis: Chintimini Senior and Community Center: Offers a variety of services and activities to older adults and links participants with resources offered by other agencies; provides information on aging, supports family caregivers, trains professional and lay leaders and students, and develops innovative approaches to addressing aging issues; meal site.

2601 NW Tyler Ave 541-766-6959
www.corvallisoregon.gov

Senior Companion Program: A Samaritan Health Services program for senior volunteers assisting homebound seniors and disabled adults; volunteers receive a stipend and expense reimbursement.

Linn and Benton Counties/Albany 541-812-4185

Senior Meals Location Program:

Benton and Linn Counties/Albany 541-967-8630

Toll-free 800-638-0510

Albany: Albany Senior Center

489 Water Ave, NW 541-967-7647
Mon-Fri 11:30 am

Brownsville: Christian Church

117 N Main St 541-466-5015
Tue, Thu 2:00 pm

Corvallis: Chintimini Senior and Community Center

2601 NW Tyler Ave 541-753-1022
Mon-Fri 11:50 am

Lebanon: Lebanon Senior Center

80 Tangent St 541-451-1139
Mon-Fri 12:00 pm

Mill City: First Presbyterian Church
 236 W Broadway..... 503-897-2204
 Tue, Thu 12:00 pm

Sweet Home: Sweet Home Community Center
 880 18th St 541-367-8843
 Mon, Tue, Fri 12:00 pm

Social Security:

Albany: 1390 Waverly Dr, SE, Ste 110
Toll-free..... 800-772-1213

Visiting Angels of Willamette Valley: Senior homecare; assistance with errands and shopping.

Albany: 250 Broadalbin St, SW, Ste 250..... 541-928-2061
www.visitingangels.com/assisted-senior-care-albany-oregon-97321_200
 info@visitingangelsalbany.com

SHELTERS FOR HOMELESS

Albany Helping Hands: Emergency and transitional shelter, telephone, mail, and three meals each day; laundry and showers upon approval.

619 9th St, SE 541-926-4036
www.albanyhelpinghands.com wecare@albanyhh.org
 Sun-Sat

Center Against Rape and Domestic Violence (CARDV): Shelter, 24-hour hotline, legal advocacy, support groups, counseling.

Corvallis..... 541-754-0110
Toll-free..... 800-927-0197
www.cardv.org

Community Outreach, Inc. (COI): Homeless shelter for families and single men and women, medical clinic, 24-hour crisis line, kitchen, emergency food box, outpatient mental health.

Corvallis: 865 NW Reiman Ave..... 541-758-3000
www.communityoutreachinc.org

Corvallis Daytime Drop-In Center: Warm, safe, quiet place for those in need; place to receive mail and access a telephone; referral to service agencies; shower shuttle; Community human immunodeficiency virus (HIV)/Harm Reduction Program; licensed counselors; schedule health clinic appointments; Homeless Employment Launching Project (HELP).

First Christian Church, 602 SW Madison Ave
www.corvallis.drop-in.org cddc@corvallisddc.org
 Mon-Fri 9:00 am - 2:00 pm
 Jun-Aug Mon-Fri 9:00 am - 12:00 pm

Corvallis Housing First

425 SW Madison Ave, Ste Q1 541-224-1170
www.corvallishousingfirst.org

.....executivedirector@corvallishousingfirst.org
.....casemanager@corvallishousingfirst.org

Fish Guest House: Transitional housing shelter for pregnant and parenting teens, emergency prescriptions and transportation, counseling and referrals.

Albany: 1880 SE Hill St..... 541-928-4460
www.fishofalbany.com/guest-house.html..... fishofalbany@integra.net

Jackson Street Youth Services: Provides emergency overnight transitional services, after-school program, tutoring, laundry facilities, living and life skills, mentoring; youth 10 to 17 years old.

Albany House: 240 SE 7th Ave 541-220-2950
Albany Drop-In Center: 960 Queen Ave, SW 541-220-2955
Corvallis House: 555 NW Jackson St..... 541-754-2404
www.jsysi.org

Signs of Victory: Provides emergency and transitional shelter to people and families, emergency food boxes, clothing, laundry facilities. Open meal site.

Albany: 1100 Jackson St, SW 541-928-6927
www.signsofvictory.webs.com

Mon-Sat breakfast 7:00 am Sun breakfast 8:00 am
lunch 12:30 pm
dinner 6:00 pm

Sweet Home's Hope, Inc.: Emergency housing for homeless Linn County women and children.

1080 12th Ave..... 541-367-4673

Winter Shelters: Nov15 through Mar 15.

Corvallis:

Men: 530 SW 4th St 541-990-4536
first come, first served; open 7:00 pm until 7:00 am
(location will change November 2017)

Women: First United Methodist Church Community Hall, NW 12th St
and NW Jackson Ave 541-289-9815
open 6:00 pm until 7:20 am

TRANSPORTATION

Albany Call-A-Ride..... 541-917-7770

Albany Transit System

112 10th Ave, SW 541-917-7667
www.cityofalbany.net/bus

Amtrak

Albany: 110 SW 10th St

Toll-free..... 800-872-7245

www.amtrak.com

Cherriots Ride Share: Operated by Salem-Keizer Transit.

555 Court St, NE, Ste 5230

Administration 503-588-2424

Rider Information.....503-588-BUSS (2877)

Toll-free..... 888-323-7665

www.cherriots.org/en/services/rideshare rideshare@cherriots.org

Corvallis Transit System: Free public transportation within Corvallis City Limits; connections to Linn-Benton Loop and Philomath Connection.

..... 541-766-6998

www.corvallisoregon.gov

Dial-A-Bus

Benton County: Provides wheelchair-accessible, curb-to-curb transportation, including a route between Corvallis and Albany, for seniors and people with disabilities in Benton County.

www.dialabus.org

Corvallis: 4077 SW Research Way 541-753-5746

Schedule pick up 541-752-2615

Schedule return..... 541-752-2665

Lebanon: Operates within Lebanon City Limits; call 24 hours in advance to schedule.

65 Academy St, Ste B..... 541-258-4919 or 541-258-4920

www.ci.lebanon.or.us/seniorservices

Sweet Home: Operates within Sweet Home City Limits; call 24 hours in advance to schedule.

880 18th Ave 541-367-4775

www.linnshuttle.com

Gas money: Emergency assistance.

Sharing Hands..... 541-466-3110

Greyhound Bus Lines

Corvallis: 153 NW 4th St 541-757-1797

Toll-free..... 800-739-5020

www.shipgreyhound.com greyhound.support@greyhound.com

Linn-Benton Loop: Operated by City of Albany, connecting with Albany and Corvallis Transit Systems and Philomath Connection.

..... 541-917-7667

www.cityofalbany.net/departments/public-works/transportation/linn-benton-loop

Linn Shuttle (Albany, Lebanon, Sweet Home): Based at Sweet Home Senior and Community Center, this service links to several transportation systems at the Albany Amtrak station.

Sweet Home: 880 18th Ave..... 541-367-4775
www.linnshuttle.com

Motor Vehicles Division (Oregon Department of Transportation)

Albany: 2242 Santiam Hwy, SE..... 541-967-2014
Corvallis: 870 NE Circle Blvd..... 541-757-4191
Lebanon: 2485 S 2nd St..... 541-451-1145
www.oregon.gov/odot/dmv

Oregon State Police Road Conditions..... 800-977-6368

Philomath Connection: Operated by City of Corvallis; public transportation between Philomath and Corvallis, connecting with Corvallis Transit System and Linn-Benton Loop. 541-766-6998
www.corvallisoregon.gov

Volunteer Caregivers: Transportation to medical appointments.

Albany: 930 Queen, SW..... 541-928-2173
www.volunteercaregivers.org volcaregivers@aol.com

UTILITIES

Community Services Consortium (CSC): Electricity, natural gas, propane, and water service assistance for low-income individuals.

Benton County/Corvallis: 545 SW 2nd St, Ste A 541-752-2840
Linn County/Albany: 250 Broadalbin St, SW, Ste 2A
..... 541-928-6335 or 541-926-7163
www.communityservices.us info@communityservices.us

Consumers Power:..... 541-929-3124
Toll-free..... 800-872-9036
www.cpi.coop

Fish of Albany: 1880 SE Hill St..... 541-928-4460
www.fishofalbany.com fishofalbany@integra.net

Fish of Lebanon: Natural gas payment emergency assistance.
First Presbyterian Church, 145 W Ash St 541-259-3200
Mon-Fri 9:00 am - 3:00 pm

Northwest Natural:..... 503-226-4211
Toll-free..... 800-422-4012
www.nwnatural.com

Oregon Lifeline Information: Telephone (landline and cellular) assistance program.
Toll-free..... 800-848-4442

Pacific Power: *Toll-free* 888-221-7070
www.pacificpower.net

Salvation Army: Assistance when funds are available; call for appointment.
Albany: 541-928-4774
Sharing Hands: Natural gas payment emergency assistance.
Brownsville: 107 W Bishop Way 541-466-3110
www.sharinghands.org sharinghands@peak.org

VETERANS

Community Services Consortium (CSC) Supportive Services for Veterans Families: Promotes housing stability among very-low-income veteran families residing in or transitioning to permanent housing.

Albany: 541-928-6335
Corvallis: 541-752-1010
www.commuityservices.us ssvf@communityservices.us

Oregon National Guard Family Program: Military family service/support centers, family assistance program. Check Web site for current Family Assistance Specialist contact information.

www.oregon.gov/OMD/Documents/Family_Assistance_Contacts.pdf

Oregon Veterans' Service Office: Dental and vision care expense assistance; natural gas payment emergency assistance.

www.oregon.gov/odva/vsodirect
Benton County/Corvallis: 301 SW 4th St, Ste 140 541-758-1595
 Mon-Fri 8:00 am - 4:00 pm (closed 12:00 pm - 1:00 pm)
www.ocwcog.org/seniors-disability/veterans/ veterans@ocwcog.org

Linn County/Albany: 330 SW 3rd Ave 541-967-3882
 Disabled Veterans' Outreach Program Specialist 541-812-8645
 Local Veterans' Employment Representative 541-812-8666
www.co.linn.or.us
 Mon-Fri 8:30 am - 5:00 pm
 2nd, 4th Wed 9:00 am - 4:00 pm – Sweet Home VFW Hall, Hwy 20

Veterans Employment Services: Through WorkSource Oregon.

www.oregon.gov/employ/jobseekers
 Mon-Fri 8:00 am - 5:00 pm

Central Oregon Coast

Lincoln County

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ABUSE

Child Welfare Program, Department of Human Services (DHS):

Receives reports of child abuse in Linn, Benton, and Lincoln Counties:

Newport: 119 NE 4th St, Ste 1..... 541-265-8557
Caseworkers..... 541-757-4121
Child Abuse Hotline: *Toll-free* 866-303-4643 or 855-503-7233
Hotline (Benton, Lincoln, and Linn Counties) 541-757-5019
Mon-Fri 8:00 am - 5:00 pm
After hours/weekends, call police..... 9-1-1

Children's Advocacy Center: Personnel from law enforcement, prosecution, medical, and treatment agencies provide assessment and treatment to help reduce trauma for child victims of abuse.

Newport: 122 NE 47th St..... 541-574-0841
Toll-free..... 866-954-8236
www.childrensadvocacycenter.net assistant@lccac.com
Mon-Fri 8:00 am - 5:00 pm

Domestic Violence: Portland Women's Crisis Line (referral to local programs). *Toll-free*..... 888-235-5333

Elder Abuse: *Toll-free*..... 855-503-SAFE (7233)

My Sister's Place: Comprehensive support for those affected by interpersonal violence in Lincoln County; provides shelter and practical assistance, promotes community awareness, actively works to change community norms regarding violence.

Newport: 934 SW 8th St..... 541-574-9424
Crisis Line 541-994-5959
Toll-free..... 800-841-8325
www.mysistersplace.us info@mysistersplace.us
Mon-Thu 8:30 am - 4:30 pm; Fri 8:30 am - 3:00 pm

National Child Abuse Hotline: *Toll-free* 800-422-4453

Oregon Department of Justice Victim Assistance Program:

Newport: 255 W Olive St, Rm 100..... 541-265-3462
www.co.lincoln.or.us

Oregon Network of Child Abuse Intervention Centers:

Toll-free..... 855-503-SAFE (7233)

ALCOHOL & DRUG ABUSE

Alcohol and Drug Help Line:

Toll-free..... 800-621-1646
www.aa-oregon.org

Alcoholics Anonymous (AA):

Newport: Lincoln County meeting information..... 541-265-1953
www.aa-oregon.org
Hotline..... 800-333-5051

Community Outreach, Inc. (COI):

Corvallis: 865 NW Reiman Ave..... 541-758-3000
www.communityoutreachinc.org

Oregon Problem Gambling Resource: Gambling treatment.

Hotline..... 800-233-8479
www.opgr.org

Lincoln County Council on Alcohol and Detoxification: Drug rehabilitation primarily focused on substance abuse treatment and drug rehabilitation; specializes in residential short- and long-term drug rehabilitation programs, outpatient drug rehabilitation, and substance abuse day treatment.

Newport: 351 7th St..... 541-265-2971

National Alcoholism and Substance Abuse Information Center:

Toll-free..... 800-784-6776

Partnership Against Alcohol and Drug Abuse (PAADA): Community coalition helping youth and adults make healthy decisions and reduce use or abuse of alcohol, tobacco, and other drugs; participates on Lincoln County Juvenile Criminal Court Diversion Program Teen Justice Panel.

Newport: 324 N Coast Hwy..... 541-574-7890
www.paada.org

ReConnections Counseling:

Lincoln City: 2941 NW Hwy 101 541-994-4198
Newport: 1010 SW Coast Hwy, Ste 307..... 541-574-9570
Toledo: 173 NE Hwy 20 541-336-5476
www.reconnections.com

Stepping Stones Recovery Homes: Non-profit, affordable, clean-and-sober housing program for women, women with children, and men.

Lincoln City: 6732 SW Galley Ave 541-270-0972

BIRTH CONTROL & FAMILY PLANNING

Birthright International: Provides support to women with unplanned pregnancies.

Newport: 145 NW 10th St 541-265-2404
Helpline: Toll-free..... 800-550-4900
www.birthright.org
Mon-Fri 10:00 am - 1:00 pm

Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

Newport: 140 NE 4th St..... 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Planned Parenthood: *Toll-free*..... 800-230-7526
www.plannedparenthood.org

CHILDREN

Bright Horizons Therapeutic Riding Center: Improves physical and emotional well being of people and their families through therapeutic equestrian activities, community education, communication, and teamwork; serves a broad range of riders (special needs, able-bodied, independent, and advanced).

Siletz: Walker Farms, 1925 E Logsdan Rd 541-961-4156
Barn (only answered on riding days) 541-444-2021
www.brighthorizonsriding.org.....contact@brighthorizonsriding.org

Child Care Resources and Referral (CCRR) for Clatsop, Lincoln, and Tillamook Counties:

A state-wide service by Oregon State University (OSU) Extension Service providing support for child care providers and parents seeking child care, with referral offices in each county. CCRR provides information and training on licensing requirements and issues regarding operating a child care business; it also provides referral information to parents.

Newport: 1211 SE Bay Blvd..... 541-265-2558
Toll-free..... 800-603-2728
www.extensionoregonstate.edu/lincoln/family_care
.....familycareconnection@oregonstate.edu

Children's Advocacy Center: Personnel from law enforcement, prosecution, medical, and treatment agencies provide assessment and treatment to help reduce trauma for child victims of abuse.

Newport: 122 NE 47th St..... 541-574-0841
Toll-free..... 866-954-8236
www.childrensadvocacycenter.netassistant@lccac.com
Mon-Fri 8:00 am - 5:00 pm

Community Outreach, Inc. (COI): Corvallis address not needed for service; appointments required; serves Oregon Health Plan and uninsured patients (outpatient alcohol, mental health, and drug rehabilitation); shelter for men, women, and families.

Corvallis: 865 NW Reiman Ave..... 541-758-3000
www.communityoutreachinc.org

Court-Appointed Special Advocates (CASA) of Lincoln and Tillamook Counties: Advocates for neglected and abused children in juvenile court and community. By referral.

Lincoln County/Newport: 644 SW Coast Hwy 541-265-3116
www.casalincolntillamook.org info@casalincolncounty.org

Family Promise of Lincoln County: Provides shelter, meals, and comprehensive assistance to homeless and low-income families with children in Lincoln County while they seek to achieve sustainable, independent living.

Lincoln City: 5030 SE Hwy 101 541-992-1682
Thrift store 541-996-6939
www.familypromiseoflincolncounty.org

Healthy Start – Healthy Families Oregon: Parent education and support.

Newport: 541-265-0436

Lincoln City Community Center: Recreation center; after-school and summer programs (youth 5 to 11 years old).

2150 NE Oar Pl 541-994-2131
www.lincolncity.org

Lincoln County Health and Human Services:

Newport: 36 SW Nye 541-265-4190
Children's Behavioral Health 541-265-4179
includes Parent Child Interaction Therapy (PCIT)
Public Health 541-265-4112
School-Based Health Centers 541-265-0581
Women, Infants, and Children (WIC) 541-265-0578
www.lincolncountyhealth.com lchhs@co.lincoln.or.us
Mon-Fri 8:00 am - 5:00 pm

Neighbors for Kids: Provides quality after-school and summer programs for Lincoln County school-aged youth. Programs provide educational enrichment, positive youth development, and recreational activities in safe environments, focusing on healthy lifestyles leading toward responsible, contributing adulthood. Supper programs.

Depoe Bay: 634 SE Hwy 101 541-765-8990
www.neighborsforkids.org director@neighborsforkids.org
Mon-Fri 3:00 pm - 6:00 pm; summer Tue-Fri 8:00 am - 5:30 pm

Newport Recreation Center: Programs for youth 3 to 12 years old; lunch and snack included.

Newport: 225 SE Avery St 541-265-7783
www.newportoregon.gov/dept/par/programs
Mon-Fri 7:45 am - 5:30 pm

Oceana Family Literacy Center: Programs for youth and adult learners; tutoring, classes, mini-courses, pre-school.

Lincoln City: 561 SW 29th St 541-921-1865
www.oceanacenter.com contact@oceanacenter.com

Oceanspray Family Center: Operated by The Housing Authority of Lincoln County, the Center promotes self-sufficiency activities through collaboration and organized volunteer action. Youth and senior education programs; after-school activities (kindergarten to 5th grade), summer programs (middle school), leadership and community involvement (high school).

Newport: 1039 NW Nye St..... 541-265-5326 x317
www.halc.info/family_center.htm

Mon-Fri 1:00 pm - 5:30 pm

Satellite Locations (call office):

Newport: Agate Heights Community Room, 150 NE 60th Ave

Newport: Salmon Run Community Center, 7034 NE Echo Ct

Toledo: Fircrest, 1420 SE Fircrest Way

Olalla Center for Families and Children: Serves children with behavioral and/or emotional challenges and their families. Psychiatric day treatment, treatment for youth in a therapeutic setting, outpatient service, specialized day care. Operated by a team of professional staff, including psychiatrists, therapists, behavioral specialists, and skills trainers offering alternative approaches to children's mental health.

Toledo: 321 SE 3rd 541-336-2254
www.olallacenter.org

Mon-Fri 8:30 am - 4:30 pm

Oregon State University (OSU) Family Care Connection Child Care Resource and Referral for Clatsop, Lincoln, and Tillamook Counties:

Newport: 1211 SE Bay Blvd..... 541-265-2558

Toll-free:..... 800-603-2728

www.extension.oregonstate.edu/lincoln/family_care

.....familycareconnection@oregonstate.edu

Mon-Fri 8:00 am - 2:00 pm

Self-Sufficiency Program, Department of Human Services (DHS):

Employment-Related Day Care (ERDC) provides child care subsidies for low-income working families.

Newport: 120 NE Avery St..... 541-265-2248

Mon-Fri 8:00 am - 5:00 pm

Yachats Youth and Family Activities Program: Provides a safe and supportive environment for children, advocates for youth and families, and provides and encourages activities that integrate youth into the community. After-school and summer programs, local educational and cultural opportunities, pre-school, family activities, indoor park, and emergency food.

Yachats Commons, 441 Hwy 101 N..... 541-547-4599

www.yachatsyouth.org..... yapkids@peak.org

Mon-Fri 10:00 am - 5:00 pm

Mon-Fri 8:30 am - 4:30 pm – emergency food

CLOTHING

Another Time Around Bargain Warehouse: Thrift shop.

Newport: 710 NE 3rd St..... 541-265-8989

Beachtown Charities Thrift Store: Clothing, shoes, housewares, garden and shop items, small furniture and appliances, sleeping bags and linens, collectibles, vintage items, jewelry, tools, and books.

Lincoln City: 3110 SE Hwy 101 541-921-2350

www.beachtowncharitiesthriftstore.com

Thu-Sat 11:00 am - 4:00 pm

Cheap Frills Resale Clothing:

Newport: 817 SW Hurbert 541-265-9588

Family Promise Thrift Store:

Lincoln City: 5030 SE Hwy 101 541-992-1682 or 541-996-6939

Goodwill Industries Thrift Store:

Lincoln City: 4157 NW Hwy 101 541-994-2435

Mon-Sat 9:00 am - 9:00 pm; Sun 10:00 am - 8:00 pm

Inter-Christian Outreach: Operated by Salvation Army.

Newport: 140 NE 4th St..... 541-265-6814

www.newport.slavationarmy.org ... newport.corps@usw.salvationarmy.org

Tue 9:00 am -12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Jonah's Whale:

Newport: 614 SW Hurbert 541-254-8569

Mon-Fri 8:30 am - 3:30 pm

Methodist Thrift Store:

Toledo: 123 N Main 541-336-1925

Mon-Fri 10:00 am - 4:00 pm; Sat 11:00 am - 3:00 pm

Old Nashville Store:

Blodgett: 11611 Nashville Rd..... 541-456-2141

Sun, Wed 11:00 am - 2:00 pm

The Pick of the Litter: Friends of the Lincoln County Animal Shelter and other local animals.

Newport: South Fairgrounds Gate, 633 NE 3rd St..... 541-574-1861

www.folcas.com

Tue-Sat 10:00 am - 4:00 pm; Sun 12:00 pm - 4:00 pm

Rags to Riches:

Newport: 724 SW Hurbert 541-265-5541

www.rags-to-riches.org

Salvation Army Clothes Closet:

Newport: 24 SE 1st St..... 541-265-6814

Mon-Sat 9:30 am - 5:00 pm

Seventh Day Adventist Church:

Lincoln City: 2335 NE 22nd St..... 541-994-6096
Wed 9:00 am - 12:00 pm – clothing exchange
Newport: 558 NE 1st St..... 541-265-2041
Thu 3:00 pm - 6:00 pm – clothing give-away

CRISIS INTERVENTION & ASSISTANCE

National Suicide Prevention Lifeline: *Toll-free* 800-273-8255

DENTAL

Advantage Dental Clinic: Accepts patients with Medicaid and Oregon Health Plan.

Newport: 324 SW 7th St..... 541-504-3900
Toll-free: 866-268-9616

All City Denture Clinic: Accepts patients with Medicaid and Oregon Health Plan.

Lincoln City: 4840 SE Hwy 101 541-994-2477

Bremer's Denture Center: Accepts patients with Medicaid and Oregon Health Plan.

Newport: 160 NE 6th St..... 541-265-8200

Capital Dental Group: Accepts patients with Medicaid and Oregon Health Plan.

Lincoln City: 2825 W Devils Lake Rd..... 541-994-3033

Community Outreach, Inc. (COI): Pick up application at any COI clinic in Albany, Corvallis, or Lebanon. Appointments (\$20 fee at time of service).

Corvallis: 865 NW Reiman Ave..... 541-758-3000
www.communityoutreachinc.org

Geriatric Dental Group: Full service, dentures, partials, crowns; must be at least 55 years old for appointment.

Portland: 6319 SE Powell Blvd..... 503-772-3677
www.geriatricdental.org
Mon-Fri 8:30 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

Oregon Health and Science University School of Dentistry

Portland: 611 SW Campus Dr..... 503-494-8867
www.ohsu.edu/xd/education/schools/school-of-dentistry
..... sodcontactus@ohsu.edu

Sunrise Dental

Portland: 1320 SW 2nd Ave..... 503-224-0133
www.sunrisedental.com

West Salem Dental Clinic: 190 Kingwood Ave, NW 503-378-7526
www.northwesthumanservices.org info@nwhumanservices.org

DISABILITY

Disability Rights Oregon

Portland: 610 SW Broadway, Ste 200..... 503-243-2081
Toll-free:..... 800-452-1694
www.disabilityrightsoregon.org

Progressive Options: Assistive devices for disabled persons.

Newport: 611 SW Hurbert St, Ste A..... 541-265-4674

Shangri-La: Serves people with disabilities and disadvantages.

Newport: 141 NW 11th St 541-265-4015
www.shangrilaoregon.org

EDUCATION

Charter Schools

Career Tech Charter High School: A regionally accredited charter high school (grades 9-12) serving students through a carefully crafted program including traditional and technology-based education (on-site and on-line).

Lincoln City: 801 SW Hwy 101, Ste 404..... 541-351-8551
www.careertech.us office@careertech.us
Mon-Fri 8:00 am - 5:00 pm

Head Start

Community Services Consortium (CSC) Head Start of Lincoln County:

Pre-school program for low-income families.

Lincoln City: 2130 SE Lee Ave 541-996-3028
Newport: 253 NE 1st St 541-574-7690
Toledo: 845 NW A St 541-336-5113
www.communityservices.us/education

Other Education Resources

Angell Job Corps: Free education and career technical training program administered by the United States Department of Labor that helps young people 16 to 24 years old improve the quality of their lives through career technical and academic training.

Yachats: 335 NE Blodgett Rd..... 541-547-3137
www.angell.jobcorp.gov

Centro de Ayuda: Non-profit educational organization with a primary purpose of serving as a center for cultural awareness and exchange; offers multi-cultural referral for emergencies, education, daily living, and community interaction.

Newport: 410 SW 9th St..... 541-265-6216
Mon-Fri 9:00 am -5:00 pm

Coastal Families Together: Parenting education classes and support groups.

Newport: 351 SE Harney St..... 541-574-4485
www.coastalfamiliesaltogether.com cfthub@gmail.com

Homeless Education & Literacy Project (HELP): Operated through Lincoln County School District, works with students and/or families to eliminate barriers related to school attendance and success.

Homeless Program Coordinator 541-265-4506

HELP Centers:

Lincoln City:

Taft Elementary School, 4040 SE High School Dr..... 541-996-4878

Newport:

Newport Middle School, 825 NE 7th St..... 541-574-5824

Toledo:

Toledo Junior Senior High School, 1800 NE Sturdevant Rd
..... 541-336-4357

Waldport:

Crestview Heights School, 32750 Crestline Dr..... 541-563-8584

School District Office 541-265-9211
www.lincoln.k12.or.us/dept_programs/help.php

Libraries:

Lincoln City: Driftwood Library, 801 SW Hwy 101 541-996-2277
www.driftwoodlib.org librarian@driftwoodlib.org

Newport: Newport Public Library, 35 NW Nye St..... 541-265-2153
www.newportoregon.gov/dept/lib

Siletz: Siletz Public Library, 255 S Gaither St..... 541-444-2855
www.cityofsiletz.org siletz@siletzlibrary.org

Toledo: Toledo Public Library, 173 NW 7th St..... 541-336-3132
www.cityoftoledo.org/library library@cityoftoledo.org

Waldport: Waldport Public Library, 460 Hemlock..... 541-563-5880
www.waldportlibrary.org

Yachats: Yachats Public Library, 560 W 7th St..... 541-547-3741
www.yachatsoregon.org

Oceana Family Literacy Center: Programs for youth and adult learners; tutoring, classes, mini-courses, pre-school.

Lincoln City: 561 SW 29th St 541-921-1865
www.oceanacenter.com contact@oceanacenter.com

Oregon Coast Community College: College transfer courses, adult basic education, General Education Development classes.

Central County/South Beach: 400 SE College Way 541-265-2283

North County/Lincoln City: 3788 SE High School Dr..... 541-994-6222

Small Business Development Center/Lincoln City:

4788 SE High School Dr 541-994-4166

South County/Waldport: 3120 Crestline Dr 541-563-4502

www.oregoncoastcc.org..... occc@oregoncoastcc.org

Oregon State University (OSU) Extension Service: 4H clubs, agriculture and forestry workshops, Master Gardeners and Oregon Family Nutrition Programs, Extension Family Care Connection.

Newport: 29 SE 2nd St..... 541-574-6534

www.extension.oregonstate.edu/lincoln

Mon-Thu 8:00 am - 5:00 pm (closed 12:00 - 1:00 pm); Fri 8:00 am - 12:00 pm.

Seashore Family Literacy: A community-based, non-profit organization dedicated to helping children, adults, and families improve reading, writing, math, computer, and communication skills.

Waldport: 125 W Spruce St..... 541-563-7323

EMPLOYMENT

Community Services Consortium (CSC): Provides job search assistance and/or job skills training for older youth, adults, and displaced workers.

Youth (aged 16 to 21 years old) are served in a year-round program which includes a summer program component. Youth learn academic and workplace skills through hands-on programs that may include paid work experiences or internships.

Newport: 120 NE Avery St..... 541-265-8505

www.communityservices.us/jobs..... info@communityservices.us

Experience Works: Assists mature workers (55 years old and older) with employment search.

Newport: 120 NE Avery St..... 541-265-8891 x338

www.experienceworks.org

Mon-Thu 9:00 am - 4:00 pm

Family Promise of Lincoln County:

Lincoln City: 5030 SE Hwy 101 541-614-0964

www.familypromiseoflincolncounty.org

Goodwill Job Connection:

Lincoln City: 41567 N Hwy 101 541-994-9207

Mon-Fri 9:00 am - 4:30 pm

Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

Newport: 140 NE 4th St..... 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Oregon Department of Human Services (DHS) Self-Sufficiency

Program: Assists people to become independent, healthy, and safe through education and employment training opportunities.

Newport: 120 NE Avery St..... 541-265-2248
Mon-Fri 8:00 am - 5:00 pm

Oregon Employment Department:

Lincoln City: 801 SW Hwy 101, Ste 102..... 541-994-6992
Mon and Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

Newport: 120 NE Avery 541-265-8891
Mon-Fri 8:00 am - 5:00 pm

Unemployment questions: *Toll-free*..... 877-345-3484
www.worksourceoregon.org

Social Security:

Albany: 1390 Waverly Dr, SE, Ste 110

Toll-free..... 800-772-1213

Vocational Rehabilitation:

Newport: 119 NE 4th St, Ste 1..... 541-265-7843
Mon-Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)
www.oregon.gov/dhs/employment/VR

FINANCIAL SERVICES

Self-Sufficiency Program, Oregon Department of Human Services

(DHS): Offers financial help to qualified families in the form of Temporary Assistance to Needy Families (TANF); Domestic Violence Emergency Assistance (DV-EA) offers financial help to families without resources and needing help fleeing domestic violence; Employment-Related Day Care (ERDC) provides child-care subsidies for low-income working families; food benefits; and medical.

Newport: 120 NE Avery St..... 541-265-2248
Mon-Fri 8:00 am - 5:00 pm

FOOD

Farmers' Markets:

Lincoln City Farmers' and Crafters' Market (year-round)

Lincoln City Cultural Center, 540 NE Hwy 101

Sun 10:00 am - 3:00 pm

Newport Farmers' Market (May to Oct)

Intersection of Hwy 101 and Agate Street
Sat 9:00 am - 1:00 pm

Newport Farmers' Market (Nov to Apr)

Lincoln County Fairgrounds Exhibit Hall (3rd St)
Sat 10:00 am - 2:00 pm

Toledo Street Market (Jun to Sep)

Main Street
Thu 10:00 am - 3:00 pm

Waldport Wednesday Market (May to Oct)

Waldport Community Center, 265 E Hwy 34
Wed 10:00 am - 4:30 pm

Yachats Farmers' Market (May to Oct)

4th St next to Yachats Commons
Sun 9:00 am - 2:00 pm

Food Stamps Self-Sufficiency Program (SNAP), Department of Human Services (DHS): Available to individuals and families. Call for appointment.

Newport: 120 NE Avery St..... 541-265-2248
Mon-Fri 8:00 am - 5:00 pm

Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

Newport: 140 NE 4th St..... 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Yachats Youth and Family Activities Program: Emergency food.

Yachats Commons, 441 Hwy 101 N..... 541-547-4599
www.yachatsyouth.org..... yapkids@peak.org
Mon-Fri 8:30 am - 4:30 pm

FOOD PANTRIES

Coastal Range:

Blodgett: Old Nashville Store, 11611 Nashville Rd 541-456-2141
Sun, Wed 11:00 am - 2:00 pm

Depoe Bay:

Bayside Chapel, 145 Collins St..... 541-270-3404
Wed 3:00 pm - 5:30 pm

Food Share of Lincoln County:

Newport: 535 NE 1st St 541-265-8578
Toll-free..... 800-939-FOOD (3663)
www.foodsharelincolncounty.org info@foodsharelincolncounty.org
Mon-Fri 8:30 am - 4:30 pm

Lincoln City:

Coast Vineyard Church, 1505 NE 6th Dr 541-994-3699
Tue, Thu 2:00 pm - 6:00 pm; last Sat of each month 10:00 am - 12:00 pm

Newport:

Newport Food Pantry, 227 NE 12th St 541-270-0842 or 541-992-5723
www.newportfoodpantry.org info@newportfoodpantry.org
Tue, Wed 2:00 pm - 4:00 pm; Thu 5:00 pm - 7:00 pm; Sat 10:00 am -
12:00 pm

Produce Plus: A supplemental food program.

Newport: Calvary Baptist Church, 903 SW Alder St..... 541-265-8578
Fri 1:00 pm - 3:00 pm

Siletz:

Siletz Valley School, 245 NW James Frank Ave..... 541-270-4993
Call for hours of service.

Toledo:

Trinity United Methodist Church, 383 NE Beech..... 541-270-7921
Tue 1:00 pm - 3:00 pm; Thu 5:30 pm - 7:00 pm

Waldport:

3710 Crestline 541-563-2508
Tue, Thu 1:00 pm - 3:00 pm; first Sat 11:00 am - 1:00 pm

Yachats Youth and Family Activities Program: Emergency food.

Yachats Commons 441 Hwy 101 N..... 541-547-4599
www.yachatsyouth.org yapkids@peak.org
Mon-Fri 8:30 am - 4:30 pm

FOOD – SOUP KITCHENS & MEAL SITES

Lincoln City:

Agape Fellowship, 4939 SW Gallery Ave 541-994-3166
Thu 12:00 pm - 3:00 pm
St. James Episcopal Church, 2490 NE Hwy 101 541-994-2426
Mon and Thu 5:00 pm - 6:30 pm; Sat 9:00 am - 10:00 am

Newport:

Atonement Lutheran Church, 2315 N Coast Hwy 541-265-2554
4th Thu of each month 6:00 pm (suspended during summer months)
Calvary Baptist Church, 903 SW Alder 541-265-5232
Wed 4:30 pm - 5:30 pm; Sun 12:15 pm - 1:00 pm
Newport First Baptist Church, 208 NW 6th St 541-265-5811
3rd Sat of each month 8:30 am - 11:00 am
St. Stephen's Episcopal Church, 410 SW 9th St 541-265-5251
Mon 5:30 pm - 6:30 pm

Siletz:

Little Chief Restaurant, 201 SE Gaither St 541-444-2626
Sep to Jun 2nd Mon of each month 4:30 pm - 6:00 pm
Siletz Gospel Tabernacle Assembly of God Church, 164 NE Palmer St
..... 541-444-2564
last 2 Thu of each month, 5:00 pm - 7:00 pm

Waldport:

Community Presbyterian Church, 485 NE Bay St..... 541-563-2168
Sat 9:30 am - 10:00 am
Tue 6:00 pm – Feed and Read Program

Inter-Christian Outreach: Operated by Salvation Army.

Newport: 140 NE 4th St..... 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm -
1:00 pm)

Lincoln City Senior Center: 2150 NW Oar Pl..... 541-994-2722
Mon, Wed, Fri 12:00 pm - 1:00 pm; \$3.50 donation

Meals on Wheels: Meals delivered Monday, Wednesday, Friday.

Lincoln City..... 541-994-7731
Newport..... 541-574-0669
Siletz (Monday, Wednesday only) 541-444-9169
Toledo (Friday only) 541-336-2450
Waldport 541-563-8796

Meals on Wheels – Dining Site: Coordinated through Cascades West
Council of Governments (COG).

Lincoln County: Toll-free..... 800-282-6194
www.ocwcog.org/seniors-disability/food-nutrition/meals/dining-centers/
.....adrcmail@ocwcog.org
Lincoln City: Lincoln City Community Center
2150 NE Oar Pl..... 541-994-7731
Mon, Wed, Fri 12:00 pm

Newport 60+ Activity Center: 20 SE 2nd St 541-265-9617
Mon, Wed, Fri 12:00 pm - 1:00 pm; \$3.50 donation

FOOD & FIREWOOD GLEANING

Angell Job Corps: Occasional supply of firewood. Referral required.

Yachats: 335 NE Blodgett Rd..... 541-547-3137
www.angell.jobcorp.gov

FURNITURE & HOUSEHOLD ITEMS

Another Time Around Bargain Warehouse: Thrift shop.

Newport: 710 NE 3rd St..... 541-265-8989

Beachtown Charities Thrift Store: Housewares, small furniture and appliances, clothing, shoes, garden and shop items, sleeping bags and linens, collectibles, vintage items, jewelry, tools, and books.

Lincoln City: 3110 SE Hwy 101 541-921-2350
www.beachtowncharitiesthriftstore.com
Thu-Sat 11:00 am - 4:00 pm

Family Promise of Lincoln County Thrift Store:

Lincoln City: 5030 SE Hwy 101 541-996-6939
www.familypromiseoflincolncounty.org

Goodwill Industries Thrift Store:

Lincoln City: 4157 NW Hwy 101 541-994-2435
Mon-Sat 9:00 am - 9:00 pm; Sun 10:00 am - 8:00 pm

Jonah's Whale:

Newport: 614 SW Hurbert 541-254-8569
Mon-Fri 8:30 am - 3:30 pm

Methodist Thrift Store:

Toledo: 123 N Main 541-336-1925
Mon-Fri 10:00 am - 4:00 pm; Sat 11:00 am - 3:00 pm

Old Nashville Store:

Blodgett: 11611 Nashville Rd 541-456-2141
Sun, Wed 11:00 am - 2:00 pm

The Pick of the Litter:

Newport: 633 NE 3rd St 541-574-1861
www.folcas.com
Tue-Sat 10:00 am - 4:00 pm; Sun 12:00 pm - 4:00 pm

GAMBLING

Gambling Hotline: National Council on Problem Gambling.

Toll-free: 800-233-8479

HOUSING

Community Development Corporation of Lincoln County: Preserves, constructs, and rehabilitates housing units to provide rental and home ownership opportunities for people unable to afford market-rate housing; advocates and facilitates development of safe, decent shelter, maintaining long-term affordability of the housing stock.

Newport: 7450 NW Avery St, Ste A 541-574-0320
www.lincolncdc.org info@lincolncdc.org

Community Services Consortium (CSC): Offers a variety of housing services to clients with housing needs.

www.communityservices.us info@communityservices.us

Energy Assistance: Assistance with heating, electricity, and water utilities.

Newport: 120 NE Avery St..... 541-265-3293

Emergency and Transitional Housing Programs: Emergency/transitional housing programs assist low-income households who are homeless or at risk of homelessness transition into or maintain permanent affordable housing. Rental deposit assistance.

Newport: 120 NE Avery St..... 541-265-8505

Supportive Services for Veterans Families: Promotes housing stability for very-low-income veteran families residing in or transitioning to permanent housing.

Newport: 120 NE Avery St..... 541-265-8505

..... ssvf@communityservices.us

Weatherization Program: Free weatherization services to low-income homeowners and renters in Benton, Lincoln, and Linn Counties, including weather stripping, insulation, duct sealing, and furnace inspection.

Newport: 120 NE Avery St..... 541-265-8505

Family Promise of Lincoln County: Provides shelter, meals, and comprehensive assistance to homeless and low-income families with children in Lincoln County while they seek to achieve sustainable, independent living.

Lincoln City: 5030 SE Hwy 101 541-992-1682

Thrift Store..... 541-996-6939

www.familypromiseoflincolncounty.org

Habitat for Humanity of Lincoln County:

Newport: 227 NE 12th St..... 541-574-4437

www.hfhlc.org

Mon-Fri 9:00 am - 4:00 pm

Housing Authority of Lincoln County: Provides housing assistance and classroom training to low-income individuals.

Newport: 1039 NW Nye St..... 541-265-5326

www.halc.info

Inter-Christian Outreach: Operated by Salvation Army.

Newport: 140 NE 4th St..... 541-265-6814

www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org

Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Northwest Coastal Housing: Develops and manages low-income housing; assists clients with home-ownership opportunities.

Newport: 7450 NE Avery St, Ste A 541-574-0320

www.nwcoastalhousing.org acctg@nwcoastalhousing.org

Samaritan House Family Shelter: Temporary emergency shelter and transitional housing for families; educates and guides homeless families with children (under 18 years old) toward independent living.

Newport: 715 SW Bay St..... 541-574-8898
www.samfamshelter.org info@samfamshelter.org
Mon-Thu 9:00 am - 5:00 pm

Viridian Management: Manages low-income senior and family housing; properties in Lincoln City, Newport, and Waldport. 541-895-8801
www.viridianmgmt.com

Rehabilitation

Habitat for Humanity of Lincoln County:

Habitat ReStores:

Lincoln City: 2150 SE Hwy 101..... 541-614-1060
Thu-Sat 10:00 am - 5:30 pm

Newport: 133 SE 1st St 541-264-8585
Thu-Sat 10:00 am - 5:30 pm

INFORMATION & REFERRAL

211.org 2-1-1
www.211info.orgtext ZIP Code to 898211 for mobile service
Mon-Fri 8:00 am - 7:00 pm; Sat, Sun 8:00 am - 6:00 pm

American Red Cross:

Newport: 308 SW Coast Hwy.....(call first) 541-265-7182
www.redcross.org willamette.frontdesk@redcrossorg

Angels Anonymous: Provides immediate and basic services for those in need while complimenting existing services and helps clients find solutions for long-term problems. Referrals only.

Lincoln City..... 541-992-4625
www.angelsanonymousinc.com

Bright Horizons Therapeutic Riding Center: Improves physical and emotional well being of people and their families through therapeutic equestrian activities, community education, communication, and teamwork; serves a broad range of riders (special needs, able-bodied, independent, and advanced).

Siletz: Walker Farms, 1925 E Logsdan Rd 541-961-4156
Barn (only answered on riding days) 541-444-2021
www.brighthorizonsriding.org.....contact@brighthorizonsriding.org

Community Outreach, Inc. (COI):

Corvallis: 865 NE Reiman Ave 541-758-3000
www.communityoutreachinc.org

Confederated Tribes of Siletz Indians: Tribal members may access health care, education, housing, and employment services.
Siletz: 201 SE Swan Ave 541-444-2532
 Satellite offices in Portland, Eugene, and Salem.
Toll-free..... 800-922-399
 Mon-Fri 8:00 am - 4:30 pm
 USDA Food Program: 815 Logsdan Rd 541-444-8393
 1st and 2nd weeks of each month 8:00 am - 4:30 pm
 www.ctsi.nsn.us

Family Promise of Lincoln County:..... 541-992-1682
 www.familypromiseoflincolncounty.org

Governor's Advocacy Office: Includes Department of Human Services (DHS) Ombudsman, Children's Ombudsman, Foster Care Ombudsman, and DHS Client Complaint or Report of Discrimination Process.
Salem..... 503-945-6904
Toll-free..... 800-442-5238
 www.oregon.gov/dhs/aboutdhs/pages/gao..... dhs.info@state.or.us

Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services.
Newport: 140 NE 4th St..... 541-265-6814
 www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
 Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Newport Fishermen's Wives: Organization of fishermen's wives, mothers, daughters, and friends supporting community; helping further the fishing industry, safety, seafood education, and family support..... 41-264-5890
 www.newportfishermenswives.com
newportfishermenswives@gmail.com

Oregon Coast Therapy Animals:
Newport: 541-270-3339

Oregon Lifeline (Oregon Telephone Assistance Program): Oregon Public Utility Commission manages the Oregon Lifeline program, which reduces qualifying people's monthly residential land-line or wireless phone bill by \$12.75.
Toll-free..... 800-848-4442
 www.puc.state.or.us/rspf/otap

Oregon State University (OSU) Family Care Connection Child Care Resource and Referral for Clatsop, Lincoln, and Tillamook Counties:
 Gardening and 4H program.
Newport: 1211 SE Bay Blvd..... 541-265-2558
Toll-free..... 800-603-2728
 Mon-Fri 8:00 am - 2:00 pm

Public Swimming Pools:

- Lincoln City:* 2150 NE Oar Pl..... 541-994-2131
www.lincolncity.org
- Newport:* 1212 NE Fogarty St..... 541-265-7783
www.newportoregon.gov/dept/par/ac
- Toledo:* 174 NW 7th St 541-336-3181
www.cityoftoledo.org/swimmingpool

Salvation Army Bay Community Corps: Clothing assistance, seasonal assistance (Thanksgiving and Christmas), summer camp.

- Newport:* 140 NE 4th St..... 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Self-Sufficiency Program, Department of Human Services (DHS):

- Newport:* 120 NE Avery St..... 541-265-2248
Mon-Fri 8:00 am - 5:00 pm

Small Business Development Center:

- Lincoln City:* Oregon Coast Community College North County Center
3788 SE High School Dr 541-994-4166

South Lincoln Resources: Coordinates and provides service programs for charitable activities and works with other service groups to benefit the South Lincoln County community; free household furniture and appliances, durable medical equipment, holiday food baskets, clothing.

- Waldport:* 3710 Crestline Dr..... (leave message) 541-563-2388
www.southlincolnresources.org info@southlincolnresources.org
Tue, Thu 3:00 pm - 4:30 pm

Translation: Centro de Ayuda; information and referral interpreting medical and legal appointments.

- Newport:* St. Stephen's Episcopal Church, 410 SW 9th St 541-265-6216
www.cdanewport.org
Mon-Fri 9:00 am - 5:00 p m

Victim Assistance Program:

- Newport:* Lincoln County District Attorney's Office
225 W Olive St, Rm 100..... 541-265-3462
www.doj.state.or.us/victims/pages/assistance

Support Groups

Families: Oregon Family Support Network. Peer support, education, and advocacy for families of children with mental health and behavioral challenges; Benton County: offers family partner and parent support groups; Linn County: training on individualized education programs and Rehabilitation Act Section 504, trauma, and ThinkKids Collaborative Problem Solving.

Salem: 1300 Broadway St, NE, Ste 403..... 541-600-6395 or 541-505-2511
Mon-Fri 9:00 am - 5:00 pm (office)

www.ofsn.org

www.ofsn.org/ofsn-regional-offices-oregon/lincoln-county-oregon/

- 1st Fri of each month, 6:00 pm - 8:00 pm, Crestview Heights Elementary School, Waldport
- 2nd Thu of each month, 6:00 pm - 8:00 pm, Newport High School, Newport
- 3rd Thu of each month, 6:00 pm - 8:00 pm, Flowery Community Center, Toledo
- 4th Thu of each month, 6:00 pm - 8:00 pm, Neighbors for Kids, Depoe Bay

Family Caregivers: Oregon Cascades West Council of Governments (COG) District 4; Lincoln City Seniors and Disability Services; Aging and Disability Resource Connection of Oregon.

Toledo: 203 N Main..... 541-574-3743

Statewide 541-967-8630

Toll-free..... 855-673-2372

www.ocwcog.org/seniors-disability/caregivers/caregiver-support/

.....adrcmail@ocwcog.org

Family Caregivers: Samaritan Health Services.

Lincoln City: Samaritan North Lincoln Hospital

3100 NE 28th St 541-996-7328

www.samhealth.org

Newport: 541-574-3743 or 541-574-4921

Grief: Samaritan Health Services.

Lincoln City: Samaritan North Lincoln Home Health and Hospice

3100 NE 28th St 541-996-7328

Newport: Samaritan Pacific Home Health and Hospice

749 SW 11th St..... 541-574-1811

www.samhealth.org

LEGAL & MEDIATION ASSISTANCE

Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

Newport: 140 NE 4th St..... 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Legal Aid Services of Oregon: Free legal assistance to low-income Oregonians.

Newport: 304 SW Coast Hwy..... 541-265-5305
Toll-free..... 888-222-3884
Child Support Help Line 800-383-1222
Public Benefit Hotline 800-520-5292
www.oregonlawhelp.org
Mon-Wed 10:00 am - 2:00 pm

Lincoln Community Dispute Resolution: Third-party mediator; facilitates discussions of two or more parties with the objective of reaching a voluntary agreement.

Newport: 404 NE 2nd St..... 541-574-9876

Lincoln County District Attorney's Office Victims Assistance: Assists crime victims with information about rights and their cases, compensation applications, property returns, and determining restitution amounts

Newport: 225 W Olive St, Rm 100..... 541-265-3462
www.co.lincoln.or.us/da

MEDICAL

Acquired Immune Deficiency Syndrome (AIDS):

Coastal AIDS Network

Lincoln City: 3128 NE Hwy 101, Ste 202..... 541-994-5597
..... coastalaidnetwork@gmail.com
Hotline: Toll-free 800-777-2437 or 800-588-2437

Adeo in Home Care: Provides dignity and solutions for the elderly, disabled, and others who need assistance to maintain or regain their ability to live at home. Full range of services from companionship and homemaking to complex medical and hospice care. Continuous nursing supervision.

644 SW Coast Hwy, Ste J..... 541-574-8660
www.adeohomecare.com

Ageing Wisely with Heartfelt Hands, Inc.: Provides independence and safety at home for seniors; free home safety assessments by a Registered Geriatric Nurse.

Newport: 1007 SW Abbey St..... 541-265-8530
www.ageingwiselyoregon.org

Hospice:

Lincoln City:

Samaritan North Lincoln Hospice, 3011 NW 28th St 541-996-7328

Newport:

Samaritan Pacific Hospice, 749 SW 11th St..... 541-574-1811

Hospitals:

Lincoln City: Samaritan North Lincoln Hospital

3043 NW 28th St 541-994-3661

Newport: Samaritan Pacific Communities Hospital

930 SW Abbey St 541-265-2244

www.samhealth.org

Lincoln Community Health Centers: 541-265-4947

Lincoln City: 4422 NE Devil's Lake Blvd, Ste 2

Mon-Fri 8:00 am - 5:00 pm

Newport: 1010 SW Coast Hwy, Ste 203

Mental Health (adults) 541-265-4196

Mental Health (children)..... 541-265-4179

includes Parent Child Interaction Therapy (PCIT)

Primary Care..... 541-265-4947

Public Health 541-265-4112

Mon, Tue, Thu, Fri 8:00 am - 5:00 pm

Lincoln County Health and Human Services:

Lincoln City: 4422 NE Devils Lake Blvd Ste 2

Mental Health 541-265-4196

Women, Infants, and Children (WIC) 541-265-0578

Newport: 36 SW Nye 541-265-4190

Adult Mental Health 540-574-5960

24-hour crisis line *Toll-free* 866-266-0288

Alcohol and Drug 541-265-4179

Children's Behavioral Health..... 541-265-4179

Environmental Health..... 541-265-4127

Family Planning Service..... 541-265-4947

Mental Health 541-265-4179

Primary Care..... 541-265-4947

Public Health (communicable disease, vaccinations)..... 541-265-4112

School-Based Health Centers 541-265-0581

Women, Infants, and Children (WIC) 541-265-4163

www.lincolncountyhealth.com lchhs@co.lincoln.or.us

Mon-Fri 8:00 am - 5:00 pm

Medicare Prescription Drug Program (Part D): 800-633-4227

www.medicare.gov

National Alliance on Mental Illness (NAMI):

Portland: 4701 SE 24th Ave, Ste E 503-230-8009
Toll-free..... 800-343-6264
www.namior.orgnamioregon@namior.org
Local Support Group: Florence 541-902-8308

National Suicide Prevention Lifeline: *Toll-free* 800-273-TALK (8255)

Newport Lions Club: Free screenings for vision and hearing; recycle program for glasses, hearing aids, and cellphones. 541-574-4070
www.newportlions.org

Oregon Long-Term Care Ombudsman: Works to enhance the quality of life and improve the quality of care for residents of Oregon's long-term care facilities.

Salem: 3855 Wolverine St, NE, Ste 6 503-378-6533
Toll-free..... 800-522-2602
www.oregon.gov/LTCOinfo@ltco.state.or.us

Oregon Prescription Drug Program: Cannot be used with any other program.

Toll-free..... 800-913-4146
www.oregon.gov

Planned Parenthood: *Toll-free* 800-230-7526 or 888-576-7526
www.plannedparenthood.org

Samaritan Health Services Clinics:

Depoe Bay: 531 N Hwy 101, Ste A 541-765-3265
Mon-Fri 8:00 am - 5:00 pm

Lincoln City: 825 NW Hwy 101 541-996-7480
Mon-Fri 8:00 am - 5:00 pm; Sat-Sun 9:00 am - 5:00 pm

Newport: 930 SW Abbey, Ste F..... 541-574-4860
Mon-Fri 9:00 am - 6:30 pm (closed 12:00 pm - 1:00 pm); Sat 10:00 am - 4:00 pm

Toledo: 199 W Hwy 20..... 541-336-5181
Mon-Fri 8:00 am -5:00 pm

Waldport: 150 SW Hwy 101..... 541-563-3197
Mon-Fri 8:30 am - 5:00 pm

Senior Health Insurance Benefits Assistance (SHIBA):

Toledo: 203 N Main St..... 541-574-2684

Siletz Community Health Clinic:

200 Gwee-Shut Rd..... 541-444-1030
Toll-free..... 800-648-0499
www.ctsi.nsn.us

Veterans' Clinic: Treats all conditions; referrals to Portland Veterans' Administration hospital.

Lincoln City: 4422 NE Devils Lake Blvd, Ste 2 541-265-0547
Fri 8:00 am - 4:30 pm (no emergency services)

Newport: 1010 SW Coast Hwy, Ste 203..... 541-265-4182
Mon-Thu 8:00 am - 4:00 pm (by appointment only)

Mon-Thu 8:00 am - 2:30 pm – blood draw

Zenni Optical: Discounted prices; prescription required.

Toll-free..... 800-211-2105
www.zennioptical.com

Durable Medical Equipment

Lincoln City:

North Coast Home Care 541-996-5102

Newport:

American Legion Post 116, 424 W Olive St..... 541-265-9017

North Coast Home Care, 27 N Coast Hwy 541-265-2888
www.nchc.net

Newport 60+ Activity Center, 20 SE 2nd St..... 541-265-9617
www.newportoregon.gov/dept/par/sc/

South Beach:

Lincare, 3503 S Coast Hwy, Ste A 541-867-6111
www.lincare.com

Toledo:

Toledo Elks, 123 SE Alder St 541-336-2276
..... toledoelks1664@hotmail.com

Waldport:

South Lincoln Resources, 3710 Crestline Dr
..... (leave message) 541-563-2388
www.southlincolnresources.org info@southlincolnresources.org
Tue, Thu 3:00 pm - 4:30 pm

Sexually Transmitted Disease (STD)

Oregon Human Immunodeficiency Virus (HIV)/STD Hotline: Operated by Cascade Acquired Immune Deficiency Syndrome (AIDS) Project

Portland: 208 SW 5th Ave, Ste 800 503-223-2437

Toll-free..... 800-777-AIDS (2437)

En Español:..... 800-499-6940

Support Groups

Alzheimer's Association:

Oregon Chapter: *Salem*: 503-371-7728

Toll-free: 800-272-3900

www.alz.org/oregon

Lincoln City: Samaritan North Lincoln Hospital

3100 NE 28th St..... 541-996-7328

www.samhealth.org

American Cancer Society: *Toll-free* 800-277-2345

www.cancer.org

Cancer: Pacific Communities Health District 541-574-4921

Parkinson's:

Lake Oswego: 3975 Mercantile Dr, Ste 154 503-594-0901

Toll-free: 800-426-6806

www.parkinsonsresources.org info@parkinsonsresources.org

Portland: Parkinson's Center of Oregon, Center for Health and Healing,

Oregon Health and Science University

3181 SW Sam Jackson Park Rd..... 503-494-7231

[www.ohsu.edu/xd/health/services/brain/getting-treatment/diagnosis/](http://www.ohsu.edu/xd/health/services/brain/getting-treatment/diagnosis/parkinsons)

[parkinsons](http://www.ohsu.edu/xd/health/services/brain/getting-treatment/diagnosis/parkinsons)

Prostate Cancer:

Newport: Samaritan Pacific Communities Hospital

930 SW Abbey St 541-265-2244

www.samhealth.org

Stroke: American Stroke Association

Toll-free..... 888-478-7653 or 800-242-8721

www.strokeassociation.org

Willamette Valley Cancer Foundation: Offers numerous support groups for cancer patients and their families.

Lincoln City: call for information 541-996-6450

Newport: call for information 541-574-4921

www.willamettevalleycancerfoundation.org

MEDICAL HEALTH INSURANCE

Oregon Health Authority: Community Services Consortium (CSC) is a certified Oregon Health Authority community partner for Lincoln County. Staff can provide information about Oregon Health Plan insurance and assist with submitting coverage applications.

Newport: 120 NE Avery St 541-574-2279

www.communityservices.us

Oregon Health Care

Toll-free: 800-699-9075
www.oregonhealthcare.gov..... info.marketplace@oregon.gov

PREGNANCY & PARENTING SUPPORT

Birthright International: Provides support to women with unplanned pregnancies.

Newport: 145 NW 10th St 541-265-2404
Helpline: Toll-free..... 800-550-4900
www.birthright.org
Mon-Fri 10:00 am - 1:00 pm

Planned Parenthood: *Toll-free* 800-230-7526
www.plannedparenthood.org

SENIORS

Adeo in Home Care: Provides dignity and solutions for the elderly, disabled, and others who need assistance to maintain or regain their ability to live at home. Full range of services from companionship and homemaking to complex medical and hospice care. Continuous nursing supervision.

Newport: 644 SW Coast Hwy, Ste J 541-574-8660
www.adeohomecare.com

Aging Wisely with Heartfelt Hands: Provides independence and safety at home for seniors.

Newport: 1007 SW Abbey St..... 541-265-8530
www.agingwiselyoregon.org

Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

Newport: 140 NE 4th St..... 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Lincoln City Community Center: Recreation center.

2150 NE Oar Pl..... 541-994-2131
www.lincolncity.org

Lincoln City Senior Center: Variety of daily activities for people 50 years old and older; coffee and snacks.

2150 NW Oar Pl..... 541-994-2722
Mon-Fri 8:00 am - 4:00 pm; Sat 10:00 am - 4:00 pm; Sun 12:00 pm - 4:00 pm
Mon, Wed, Fri lunch 12:00 pm - 1:00 pm; \$3.50 donation
www.lincolncity.org

Meals on Wheels: Meals delivered Monday, Wednesday, Friday.

<i>Lincoln City</i>	541-994-7731
<i>Newport</i>	541-574-0669
<i>Siletz (Mon, Wed only)</i>	541-444-9169
<i>Toledo (Fri only)</i>	541-336-2450
<i>Waldport</i>	541-563-8796

Newport 60+ Activity Center: Daily activities for seniors 60 years old and older.

20 SE 2nd St..... 541-265-9617
www.newportoregon.gov
 Mon-Fri 9:00 am - 5:00 pm
 Mon, Wed, Fri lunch 12:00 pm - 1:00 pm; \$3.50 donation

Retired and Senior Volunteer Program (RSVP): Medical transportation for seniors to non-emergency appointments in Lincoln County (donation required); prescription program enrollment assistance; free grab bar and other durable equipment; Friendly Visitor Program for isolated seniors; volunteers to organizations in need.

Toledo: 203 N Main St..... 541-574-2684
www.rsvpoflbl.orgrsvp@ocwcog.org
 Mon-Fri 8:30 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Senior Companion and Foster Grandparent: Sponsored by Samaritan Health Services. Senior Companions at least 60 years old, unemployed, and physically able to serve 15-40 hours per week; assist adults to live independently in their homes.

Newport: 140 NE 4th St..... 541-574-4714
 To receive services (Oregon Cascades West Council of Governments (COG) Toledo office)..... 541-336-2289
www.samhealth.org

Senior Health Insurance Benefits Assistance (SHIBA):

Toledo: 203 N Main St..... 541-574-2684

Senior Housing:

Viridian Management 541-895-8801
www.viridianmgmt.com

Senior Meals Location Program:

Lincoln City: Lincoln City Community Center, 2150 NE Oar Pl
 541-994-2722
www.lincolncity.gov/dept/parks-and-rec/commuinity-center
 Mon, Wed, Fri 12:00 pm -1:00 pm

Newport: Newport Senior Activity Center, 20 SE 2nd St..... 541-265-9617
www.newportoregon.gov
 Mon, Wed, Fri 12:00 pm - 1:00 pm

Siletz: Tribal Community Center 541-270-7416
 Mon, Wed 12:00 pm

Toledo: Trinity Methodist Church, 383 NE Beech St..... 541-270-7416
Fri 12:00 pm
Waldport: South County Community Center, 265 W Hemlock St
..... 541-563-8796
Mon, Wed, Fri 12:00 pm

Senior Services: Oregon Cascades West Council of Governments (COG);
senior information and referral; assistance with Medicaid, food stamps,
and Oregon Health Plan; Adult Protection Services and Elder Abuse,
management of in-home care, assistance finding long-term care.

Toledo: 203 N Main St..... 541-336-2289
www.ocwcog.org
Mon-Fri 9:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

Social Security:

Albany: 1390 Waverly Dr, SE, Ste 110
Toll-free..... 800-772-1213

SHELTERS FOR HOMELESS

Family Promise of Lincoln County: Provides overnight lodging with host families.

Lincoln City: 5030 SE Hwy 101 541-614-0964
www.familypromiseoflincolncounty.org fplc.director@gmail.com

Lincoln City Warming Shelters: Late-Nov through late-Mar when weather is determined to be freezing or colder. Shelter open dates announced one week in advance.

www.fosteringcommunity.wixsite.com/warmingshelter
.....lincolncitywarmingshelter@gmail.com

Samaritan House Family Shelter: Sheltering, educating, and guiding homeless families with children (under 18 years old) toward independent living.

Newport: 715 SW Bay St..... 541-574-8898
www.samfamshelter.org info@samfamshelter.org
Mon-Thu 9:00 am - 5:00 pm

TRANSPORTATION

Cascades West Ride Line: Arranges non-emergency medical transportation for Medicaid and Oregon Health Plan+ registered clients; schedule a week in advance; limited availability; after-hours non-emergency transportation available.

Toll-free..... 866-724-2975
Mon-Fri 8:00 am - 5:00 pm

Fee-Based Non-Emergency Transport Providers:

Coast-to-Valley Express: Connects Albany, Corvallis, Philomath, Eddyville, Toledo, and Newport; daily connections to Amtrak Cascades Albany Station.

Lincoln County Transit: 410 NE Harney St, Newport 541-265-4900
www.co.lincoln.or.us/transit

Easy Ride: 541-265-8740

Greyhound Valley Retriever Buses:..... 541-265-2253

Pacific West Ambulance:..... 541-265-3175 or 541-994-6690

Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services. Provides tickets for local public transportation system.

Newport: 140 NE 4th St..... 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Lincoln County Transit: Inter-city transportation (Yachats, Siletz, Rose Lodge), Coast to Valley.

Newport: 410 NE Harney St 541-265-4900
Dial-a-Ride (schedule in advance)..... 541-265-4900
www.co.lincoln.or.us/transit
Mon-Sat 7:00 am - 6:00 pm

Oregon Department of Transportation: Road reports.

Toll-free..... 800-977-6368

Pacific West Ambulance:

Lincoln City: 2801 NE 22nd St..... 541-994-6690
Newport: 609 NW Coast St..... 541-265-3175
www.pacificwestus.com

Veteran Services of Oregon:

DAV Service Van (request 72 hrs in advance)
Toll-free..... 800-949-1004 x 57804

Cabs/Taxis

- Coastal Cab of Lincoln City 541-614-2014
- Come and Get Me Cab Company of Lincoln City..... 541-996-6050
- Happy Cab of Lincoln City..... 541-996-8294
- Lincoln City Cab Company 541-996-2003
- Tony's Taxi of Lincoln City 541-921-3866
- Yaquina Cab Company..... 541-265-9552

UTILITIES

Inter-Christian Outreach: A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

Newport: 140 NE 4th St..... 541-265-6814
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

Oregon Lifeline (Oregon Telephone Assistance Program): Oregon Public Utility Commission manages the Oregon Lifeline program, which reduces qualifying people's monthly residential land-line or wireless phone bill by \$12.75.

Toll-free..... 800-848-4442

VETERANS

Veterans' Clinic

Newport: 1010 SW Coast Hwy, Ste 203..... 541-265-4182
Mon-Thu 8:00 am - 4:00 pm

Veteran Services of Oregon: Veteran benefit information.

Lincoln County/Newport: 611 SW Hurbert, Ste C..... 541-574-6955
Mon-Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

DAV Service Van (transport to Veterans' Administration in Portland;
request 72 hrs in advance)

Toll-free..... 800-949-1004 x57804
www.va.gov or www.co.lincoln.or.us/veteran..... vets@co.lincoln.or.us