

# Annual Report 2016-2017

## CSC Head Start of Lincoln County Child Development Services

**The CSC Head Start vision is to...**

***Ensure successful school readiness goals and achievement for all children.***

***Form a compassionate, caring partnership with all Head Start parents, supporting them to achieve success and self-sufficiency with dignity.***

***Provide experiences for eligible preschool children to grow socially, emotionally, physically and mentally.***

***Support parents as the primary teachers, nurturers, and advocates for their children.***



## Report From the Director

*Suzanne Miller, PhD, Director of CSC Head Start of Lincoln County*

This has been an exciting year for everyone at CSC Head Start as well as our families. We received the full grant from the Federal Government to begin preparations for three full day (7 hour) classes that will include most of June, therefore increasing the year. We are in the process of expanding the Newport site to accommodate needs of an expanded kitchen, storage and a new classroom. Each site will have one full day class with Newport and Lincoln City having two half day classes and Toledo one half day. We will continue to serve 160 children and families.

We are proud to announce that we have received a five star QRIS rating at all three of our sites! This is the highest rating possible and reflects well on our good work and our excellent staff. We are very proud of this accomplishment.

As you will see from the many reports within, we remind everyone once again, that Head Start is not only an educational program, but a social service program and part of the War on Poverty enacted by the then president Lyndon Johnson. It is the 52nd birthday of Head Start, which has survived throughout the changing political climates because it succeeds!

It is a comprehensive program that addresses all areas of social, physical, emotional, dental and vision health of our children. Families are very involved in the entire process. Our advocacy for families is dynamic, creating goals together, referrals to our community partners as well as CSC programs to assist families in a variety of ways.

Moving out of poverty, especially when it is generational, presents many challenges. We work in partnership with our families to support, encourage and assist in this exciting and life changing process. Our children remember us into their future as successful students and citizens.

## Mental Health and Disability Services

*Robin Holly, Mental Health and Disabilities Content Specialist*

The 2016-2017 school year carried on with continued success in the area of Mental Health and Disability services at CSC Head Start.

Mental Health services grew this year, as we teamed up with community partners to cover all areas of home and school. Children's Advocacy Center supports our families through in-class observations, treatment plans and family therapy sessions; Olalla Center for Children supports our children in the classroom by providing a skills trainer to assist children who may need additional support with social and emotional skills; Lincoln County Mental Health

offers PCIT, Parent-Child Interaction Therapy, where parents and children work together. These partnerships have led to easier access to programs and services for our families, greater emotional wellness within families, and resulted in fewer disturbances and increased positive behaviors in the classroom.

Working together with teachers and families, the Mental Health and Disabilities Content Specialist helps to identify students who may be at risk. 25 families have received services in the area of mental health this school year, an increase of 7%.

41 referrals were made this year to Linn Benton Lincoln Education Services District, which provides Early Childhood Special Education services to children in our area. Overall, Head Start has maintained over 10% enrollment of children with diagnosed disabilities. Program wide, 24% have certified Individualized Family Service Plans and are currently receiving services.

As this year comes to an end, we look forward to continuing and strengthening these services at the school site during the 2017-18 school year.

# Enrollment, Attendance, Meal & Snack Report

Month	Attendance	Breakfast/Snack	Lunch	Total Meals
September 2016	90.70%	1,653	1,678	3,331
October 2016	85.15%	2,055	2,089	4,144
November 2016	84.69%	1,889	1,911	3,800
December 2016	83.51%	1,240	1,272	2,512
January 2017	81.91%	1,823	1,863	3,686
February 2017	81.13%	1,979	1,973	3,952
March 2017	84.50%	1,913	1,924	3,837
April 2017	85.80%	2,357	2,358	4,715
May 2017	85.57%	1,442	1,460	2,902
<b>Total for the year</b>	<b>84.77%</b>	<b>16,351</b>	<b>16,528</b>	<b>32,879</b>

## Health



**W**e have successfully supported our children's health this year, as the following health statistics chart demonstrates. There are increases in physical and dental exams resulting from Teacher/Advocates working with parents on a monthly basis.

Our Health Services Advisory Committee (HSAC) met once this school year. The committee shares pertinent

information and makes recommendations related to health and nutrition matters. We partnered with Capitol Dental in Salem to have a dental hygienist provide three dental screenings and fluoride varnishes for children at each of our sites. We also continue to partner with Elks Children's Eye Clinic/OHSU Casey Eye Institute Vision Screening program to have all our children's vision tested. OSU Extension Nutrition

Program provided nutrition education lessons in each classroom and presented to parents at a Family Meeting. OSU Extension Nutrition Program focuses on healthy eating and active living. As a part of this mission, they offer CSC Head Start classes supplemental health and nutrition instruction. We are pleased to have a great network of vital community partners .

*Diana Warren, MPH, Health and Nutrition Specialist*

**H**ealth and Nutrition Specialist (HNS) developed and maintains many community partnerships, effectively using resources such as Oregon Health Plan (OHP) portal, Women, Infants and Children (WIC), Health Services Advisory Committee (HSAC) and dental provider relationships. OHP portal gives the HNS access to look up children's insurance information which includes last dental visits. WIC's collaboration with Head Start allows us to better assist families served by both programs. HNS ensures services are not duplicated, receives accurate information about child's height, weight and hemoglobin count for iron anemia. Our HSAC includes a broad range of professionals such as a registered dietician, physician assistant, public health staff, mental health consultant and Head Start parents. We all work together to find the best way to meet the needs of children and families in our community. The great dental provider relationships allow HNS to call dental offices to determine when children were seen, if they need dental treatment and whether or not treatment was completed.



# Health

	Oct 2016	Nov 2016	Dec 2016	Jan 2017	Feb 2017	Mar 2017	Apr 2017	May 2017	Prog- Year Total
<b># of enrolled children with up-to-date or all possible immunizations to date</b>	151	151	155	155	158	160	160	160	173
<b># of enrolled children on a schedule of preventative and primary health care (up to date physical exam)</b>	102	114	119	122	122	131	138	146	161
<b># of enrolled children with an ongoing source of continuous, accessible health care (Medical Home)</b>	153	154	160	158	158	158	160	160	182
<b># of enrolled children completing professional dental exams</b>	83	88	98	117	120	120	128	132	151
<b># of enrolled children with continuous, accessible dental care provided by a dentist (Dental Home)</b>	138	142	154	153	154	154	155	156	179

**“We all want strong communities. Head Start builds strong families, the foundation of strong and vital communities”**

*Martha Lyon,  
Executive Director of CSC*

## Parent & Community Engagement

**A**t Head Start, we know parents are their children’s first and most important teachers. As such, parents are active participants in our program and in their children’s development.

Opportunities for parent engagement and leadership in the program include Policy Council, Health Services Advisory Committee, volunteering in their child’s class, contributing to Family Nights, and attending Oregon Head Start Association conferences.

Parents supporting their child’s development begins with their responsibility for arranging their children’s transportation to and from classes four days a week. We commend our families for this and appreciate the added benefit of being able to connect with them each day. In concert with Head Start teachers, parents develop new strategies to promote their child’s learning and development. Parents are encouraged to share with

teachers their insights and concerns regarding their child. Success at Head Start hinges on the development of strong relationships between families and our staff members.

Community partnerships are another vital component of our program’s success. We are grateful for the generous contributions of our talented and responsive community partners, including our local librarians, fire fighters and police officers, OSU Extension, Capitol Dental, Casey Eye Institute, Chapel By the Sea, Foster Grandparent Program, Homeless Education and Literacy Project, Newport Food Pantry, Business for Excellence in Youth, and Lincoln County Food Share. These partner agencies make substantive additions to the educational, health and nutrition services received by our children and families.

Additionally, we appreciate being a part of a network of service organizations who generously notify CSC Head Start of events that may be of

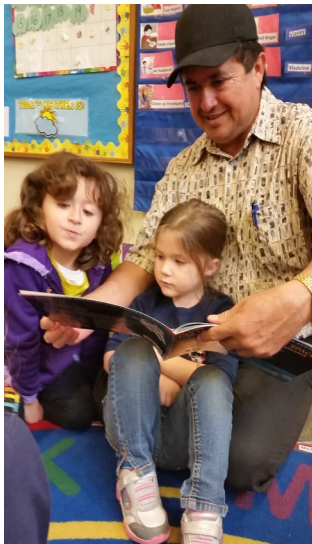
benefit or interest to our children, families or staff.

Family Nights covered a range of topics in which parents expressed an interest. Policy Council members updated families of program issues. Family Nights also provide an opportunity for families to meet, socialize and make new friends. We are pleased to report Family Night participation increased significantly this year.

Spirit Mountain Community Fund generous grant award helped us with classroom support for special needs children, classroom supplies & mental health consultants., Lincoln County Social Accountability Grant helped provide in classroom support as did a Samaritan Social Accountability Grant We are so grateful to these generous contributors.

Special thanks to Commissioner Hall “Mr. Bill” , who dedicates time every year to read to children in each class!

Thanks to everyone!!





## School Readiness & Transitioning to Kindergarten

Children are ready for school, families are ready to support their children's learning, and schools are ready for children. This is the Head Start approach to school readiness. CSC Head Start acts on this three-pronged strategy, faithfully working with children, families and local schools to promote school readiness. Qualified teachers, research based curricula and assessment tool aligned to Head Start Early Learning Outcomes Framework serve to prepare children for school. Families are prepared by informing them of school readiness goals, sharing multiple strategies over the program year for teaching goals in engaging developmentally appropriate ways at home, and conferring with parents on child's progress. Schools support readiness through our memorandum of understanding with the Lincoln County School District and joint

participation in community early learning projects.

Children and families participated in comprehensive kindergarten transition activities this year. Activities connected Head Start children, families and staff with their future schools and teachers to promote positive associations with their new learning environment and a successful start in kindergarten. Participation of local kindergarten teachers and elementary school principals is greatly appreciated.

Quotes below are from our Parent Survey this year in response to the question what was the best part of the program.

"Helping my child get a jump start on school and leaning to socialize."

"My child comes home loving what he's learned."

"How much pride my child has in reaching his goals and leaning new

things."

"We have learned a lot and receive many helpful hints. We couldn't be happier."

"To watch him grow, playing with other kids and his excitement over learning and discovering something new."

"Good communication and they teach my child to be more self dependent."

"I know my child will succeed in elementary school with the tools they have given."

We are proud that parent responses from each class demonstrate their keen understanding of the importance of school readiness as well as their confidence in our Head Start program in preparing their children for school.

*Andrea Glennon Daniels  
Program Education Manager*

## School Readiness Goals

School readiness skills listed below generated in collaboration with community early childhood education programs, Lincoln County School District, and CSC Head Start, provide Lincoln County families and educators with a unified list of school readiness skills.

- Completes tasks that involve two or more steps
- Expresses self in complete 4-6 word sentences
- Talks about present, past & future events
- Demonstrates rhyming knowledge
- Recognizes and writes first name
- Recognizes 11 or more upper or lower case letters
- Produces 10 or more letter sounds
- Retells and answers questions about stories
- Concentrates & sustains work on age appropriate tasks
- Regulates strong emotions; asks for help when needed
- Shares and has positive interactions with peers
- Identifies basic shapes
- Identifies numbers 0-10
- Counts to 20
- Book knowledge: orients book, turns pages, tracks text
- Uses self regulation skills
- Takes care of self and belongings
- Uses positional words: under, beside, above etc.
- Creates simple patterns
- Uses writing and drawing tools
- Demonstrates sorting skills
- Uses comparative words: more/less, heavier/lighter, etc.

CSC Head Start school readiness goals developed for our program were selected from our assessment tool's

learning objectives to align with Lincoln County school readiness skills as well as the Head Start Early Learning Outcomes Framework. 22 learning objectives with specific levels of development were selected as our school readiness goals. The majority of levels of development selected for school readiness goals are on the high end of preschool learning expectations.

Chart below provides the percentage of school readiness goals learned by CSC Head Start children entering kindergarten this fall in the five essential domains of school readiness identified in the Head Start Early Learning Outcomes Framework. Three times a year we review school readiness outcomes data in order to implement instructional strategies in the classroom and family engagement strategies in the home to increase children's learning.

SCHOOL READINESS GOALS LEARNING DOMAIN	PERCENTAGE LEARNED
Approaches to Learning: 1 goal	80%
Cognition: 7 goals (Mathematics Scientific Reasoning)	77%
Language & Literacy: 10 goals	76%
Perceptual, Motor, & Physical Development : 2 goals	65%
Social & Emotional Development: 2 goals	64%

## Aggregated program-wide data for the 2016-2017 school year:

In addition to our program's individual school readiness goals for children transitioning to kindergarten, our assessment tool provides widely held expectations for each age-group, three year olds and pre-kindergarteners, in the learning areas of language, literacy, cognitive, physical, mathematics and social-emotional. If a child's knowledge, skills, and behaviors are assessed at a level within the range for the child's age, the child demonstrates widely held expectations for the area of learning. Widely held expectations are not shown for the areas of science and technology, social studies, the arts, and English language acquisition as research does not currently support definitions of expectations. Significant progress occurred over the year.

DEVELOPMENT & LEARNING	WIDELY HELD EXPECTATIONS FALL 2016	WIDELY HELD EXPECTATIONS WINTER 2017	WIDELY HELD EXPECTATIONS SPRING 2017
<b>Cognitive</b>	Meets: 48% Exceeds: 1%	Meets: 77% Exceeds: 5%	Meets: 70% Exceeds: 19%
<b>Mathematics</b>	Meets: 26% Exceeds: 1%	Meets: 66% Exceeds: 7%	Meets: 66% Exceeds: 18%
<b>Language</b>	Meets: 45% Exceeds: 0%	Meets: 69% Exceeds: 5%	Meets: 71% Exceeds: 13%
<b>Literacy</b>	Meets: 57% Exceeds: 0%	Meets: 72% Exceeds: 10%	Meets: 64% Exceeds: 27%
<b>Physical—Gross Motor</b>	Meets: 57% Exceeds: 5%	Meets: 79% Exceeds: 6%	Meets: 78% Exceeds: 16%
<b>Physical—Fine Motor</b>	Meets: 70% Exceeds: 10%	Meets: 69% Exceeds: 22%	Meets: 63% Exceeds: 36%
<b>Social &amp; Emotional</b>	Meets: 47% Exceeds: 1%	Meets: 63% Exceeds: 13%	Meets: 58% Exceeds: 31%

**C**SC Head Start provides instruction and assessment in 10 areas of development and learning aligned with the Head Start Early Learning Outcomes Framework.

**Cognitive** pertains to child initiative, curiosity, engagement, persistence, problem solving, and symbolic representation.

**The Arts** includes early music concepts, visual arts, dramatic play, creative movement and dance.

**Mathematics** includes skills in numbers and operations, geometry, patterns and beginning measurement concepts.

**English Language Acquisition** includes receptive and expressive English language skills .

**Literacy** includes book appreciation and knowledge, phonological awareness, alphabet knowledge, early writing and print concepts.



**Language** includes receptive and expressive language abilities

**Science & Technology** includes observation, description, prediction, explanation classification and questioning skills.

**Physical** includes physical health status, health knowledge and practices, gross motor skills and fine motor skills.

**Social—Emotional** includes the areas of social relationships, self concept, self regulation, emotional and behavioral health.

**Social Studies** concepts pertaining to self, family, community, environment , history and events.

**C**elebrations took place on May 17, 2017 in Toledo, Lincoln City and Newport. Whether transitioning to kindergarten or returning next year, children and families were celebrated during happy culminations of a wonderful year of learning.

Teachers recognized each child for her or his accomplishments and unique contributions to the classroom community. Parents were commended for their integral engagement in our program. Teaching staff were appreciated by children and families for the nurturing care and education they provided.

In September, 85 CSC Head Start children will be entering kindergarten. A bright future of continued learning awaits them. We are proud of and grateful for the participation and contributions of each child and family to CSC Head Start.

## Financial Report

	<u>ANNUAL REPORT - FY16 UNAUDITED</u>	<u>BUDGET - FY 16 (INCLUDES SUPPLE- MENTAL)</u>
REVENUES		
HEAD START - FEDERAL	913,275	942,816
FEDERAL CSBG	25,000	25,000
FEDERAL SCHOOL NUTRITION	80,225	94,208
OREGON PRE-KINDERGARTEN	508,447	508,447
MISCELLANEOUS REVENUE	60,431	69,180
Total Revenues	<u>1,587,378</u>	<u>1,639,651</u>
EXPENDITURES		
SALARY	896,580	757,382
FRINGE BENEFITS	372,757	353,129
TRAVEL	5,520	4,000
SUPPLIES	11,694	15,796
TRAINING	9,325	18,309
OTHER	291,502	491,035
Total Expenditures	<u>1,587,378</u>	<u>1,639,651</u>

**Note:** These figures are unaudited, our Comprehensive Annual Financial Report (CAFR) which will include Head Start, will be available via the CSC website near the end of December 2016.

Prepared by  
Debbie Jackson, CPA  
CSC Finance Director



## CSC Head Start In-Kind

**V**olunteerism is a foundation for Head Start.

Family and community involvement ensures success in so many areas. Our In-Kind hours are essential to help us match federal dollars that we receive. We are committed to increasing volunteerism at our three CSCHS sites. Please contact a Head Start site in **Toledo at 541-336-5113**, **Newport at 541-574-7690** or **Lincoln City at 541-996-3028**.

All volunteers must have a background check as well as have a TB test done!

Donations are tax-deductible!

Total number of Volunteers	273
Total hours Volunteered	2,908.19
Total \$ Value	\$32,2061.37

Month	Total # of Volunteers	Total hrs Vol.	\$ Value
July—September 2016	162	348.18	\$3,886.14
October 2016	90	362.30	\$3,964.56
November 2016	147	447.16	\$5,096.52
December 2016	91	239.85	\$2,625.14
January 2017	36	159.41	\$1,816.39
February 2017	97	297.12	\$3,294.04
March 2017	122	320.75	\$3,510.07
April 2017	128	398.76	\$4,406.35
May 2017 -June 2017	134	334.66	\$3,662.16
<b>Total for the year</b>	<b>273* comprised of repeat Vol.</b>	<b>2,908.19</b>	<b>\$32,261.37</b>

## CSC Head Start



Donation	\$ Value
Classroom Materials/Educational Toys	\$162.00
Family Night meeting gift drawing items	\$84.00
Program Supply (Discount School Supply In-kind dollar donation)	\$2,212.77
Discount on replacement couch for site	\$200.00
Program Supply (Lakeshore In-kind dollar donation)	\$124.68
<b>Total</b>	<b>\$2,783.45</b>