

Annual Report 2017-2018

CSC Head Start of Lincoln County Child Development Services

The CSC Head Start vision is to...

Ensure successful school readiness goals and achievement for all children.

Form a compassionate, caring partnership with all Head Start parents, supporting them to achieve success and self-sufficiency with dignity.

Provide experiences for eligible preschool children to grow socially, emotionally, physically and mentally.

Support parents as the primary teachers, nurturers, and advocates for their children.



Report From the Director

Suzanne Miller, PhD, Director of CSC Head Start of Lincoln County

This School Year we saw the beginning of a newly remodeled Newport site and the inauguration of three full day classes, one at each of our three locations. Our Newport site expansion has given us more room and the new paint on the outside and expanded parking makes it look brand new. We are very pleased with the outcome.

Full day classes were very successful. Although we have not been given funds for further expansion into full day, we hope that in the future funds will become available.

We have 100% eligible children served this year.

With the assistance of our innovative "Skill Builders" in the classrooms to assist with children needing extra support, many children adapted more easily to the challenges of the new experience of pre-school.

Once again we have received support from our friends at The Spirit Mountain Community Fund, Lincoln County Social Service Agency grant and the, Samaritan Social Accountability Grant. These funds assisted in our in classroom support of high needs children as well as educational materials and therapeutic supports. We are fortunate to have our services to children and families valued highly.

Moving out of poverty, especially when it is generational, presents many challenges. We work in partnership with our families to support, encourage and assist in this exciting and life changing process. With our excellent staff, community partnerships, CSC programs that offer assistance and the continual quality improvement work, Our children will remember us into their future as successful students and citizens. As one child who moved on into elementary school once said when passing my office while showing his little sister the school, "You are going to like it here, you'll see! I still miss it." That is the sound of making a difference in a child's life!

Mental Health and Disability Services

Robin Holly, Mental Health and Disabilities Content Specialist

The 2017-18 school year shows another year with increased services and referrals offered to families in the area of Mental Health at CSC Head Start.

As we continue to build relationships with mental health professionals in our community, we are able to share these resources with our Head Start families when needs are expressed. Children's Advocacy Center, Olalla Center for Children, and Coastal Center for Collaborative Health are all valued partners with Head Start. They have followed the same model to bring services to children directly in our

classrooms through the support of trained Skills Builders. Their professional services reach beyond the classroom and are also available to families. These partnerships have led to easier access to programs and services for our families, greater emotional wellness within families, and resulted in fewer disturbances and increased positive behaviors in the classroom.

Working together with teachers and families, the Mental Health and Disabilities Content Specialist helps to identify students who may be at risk. 34 families have received services in the area

of mental health this school year.

22 referrals were made this year to Linn Benton Lincoln Education Services District, which provides Early Childhood Special Education services to children in our area. Head Start has maintained over 10% enrollment of children with diagnosed disabilities. Program wide, 21% have Individualized Family Service Plans and have received services.

As this year comes to an end, we look forward to continuing these services with families and children next year.

Enrollment, Attendance, Meal & Snack Report

Month	Attendance	Breakfast	Lunch	Snack	Total Meals
September 2017	90.31%	913	1,329	1,003	3,245
October 2017	86.28%	1,413	2,224	1,569	5,206
November 2017	85.14%	1,207	1,955	1,384	4,546
December 2017	85.81%	755	1,191	830	2,776
January 2018	83.14%	1,431	2,302	1,648	5,381
February 2018	82.75%	1,198	1,904	1,362	4,464
March 2018	81.04%	1,165	1,838	1,325	4,328
April 2018	86.07%	1,292	2,081	1,496	4,869
May 2018	88.51%	1,466	2,171	1,600	5,237
June 2018	89.83%	507	522	475	1,504
Total for the year		11,347	17,517	12,692	41,556

Health



We have successfully supported our children's health this year, as the following health statistics chart demonstrates. There are increases in physical and dental exams resulting from Teacher/Advocates working with parents on a monthly basis.

Health and Nutrition Supervisor attends the Lincoln County Public Health Committee, meetings, where she shares pertinent information and the group

makes recommendations related to any health matters that came up throughout the school year. We partnered with Capitol Dental in Salem to have a dental hygienist provide three dental screenings and fluoride varnishes for children at each of our sites. We also continue to partner with Elks Children's Eye Clinic/OHSU Casey Eye Institute Vision Screening program to have all our children's vision tested. OSU Extension Nutrition Program provided

nutrition education lessons in each classroom and presented to parents at a Family Meeting. OSU Extension Nutrition Program focuses on healthy eating and active living. As a part of this mission, they offer CSC Head Start classes supplemental health and nutrition instruction. We are pleased to have a great network of vital community partners .

Diana Warren, MPH, Health and Nutrition Supervisor

Health and Nutrition Supervisor (HNS) developed and maintains many community partnerships, effectively using resources such as Oregon Health Plan (OHP) portal, Women, Infants and Children (WIC), Health Services Advisory Committee (HSAC) and dental provider relationships. OHP portal gives the HNS access to look up children's insurance information which includes last dental visits. WIC's collaboration with Head Start allows us to better assist families served by both programs. HNS ensures services are not duplicated, receives accurate information about child's height, weight and hemoglobin count for iron anemia. Our HSAC includes a broad range of professionals such as a registered dietician, physician assistant, public health staff, mental health consultant and Head Start parents. We all work together to find the best way to meet the needs of children and families in our community. The great dental provider relationships allow HNS to call dental offices to determine when children were seen, if they need dental treatment and whether or not treatment was completed.



Health

	Oct 2017	Nov 2017	Dec 2017	Jan 2018	Feb 2018	Mar 2018	Apr 2018	May 2018	June 2018	Program wide
# of enrolled children with up-to-date or all possible immunizations to date	153	151	154	157	157	160	160	160	160	183
# of enrolled children on a schedule of preventative and primary health care (up to date physical exam)	92	102	106	111	122	124	132	125	122	141
# of enrolled children with an ongoing source of continuous, accessible health care (Medical Home)	154	152	159	156	154	154	154	152	154	183
# of enrolled children completing professional dental exams	87	91	94	96	100	104	117	117	114	130
# of enrolled children with continuous, accessible dental care provided by a dentist (Dental Home)	142	140	151	154	149	151	152	145	151	179

Parent & Community Engagement

"We all want strong communities.

Head Start builds strong families, the foundation of strong and vital communities"

*Martha Lyon,
Executive Director of CSC*



Children, families, neighbors, teachers, support staff, and community partners, together, make up the fabric of CSC Head Start.

Success at Head Start hinges on strong relationships between families and our staff members. We partner with parents as their children's first and most important teachers and value the contributions they make to our program each year. In concert with teachers, parents develop new strategies to promote their child's learning and development. Parents share insights, concerns, and knowledge of their child with teachers and family advocates, helping Head Start create a positive learning experience for each child. From transporting their children to and from class each day, to volunteering, to supporting their child's learning at

home, to creating family goals, to participation in Policy Council, to contributing to Family Nights, to attending Oregon Head Start Association conferences, families are a vibrant and integral part of our program.

Community partnerships are a vital component of our program. We are grateful for the generous contributions of our talented and responsive community partners, including our local librarians, fire fighters and police officers, Prenatal-3rd Grade Initiative, OSU Extension, Capitol Dental, Casey Eye Institute, Chapel By the Sea, Oregon Family Support Network, Maternal Child Health Services, Homeless Education and Literacy Project, Newport Food Pantry, Business for Excellence in Youth, and Lincoln County Food Share. Additionally, we appreciate being part of a network of service organizations who generously notify CSC Head Start of events that may be of benefit or interest to our children, families or staff.

These partner agencies, in addition to fellow Community Services Consortium programs, make substantive additions to the educational, nutrition, health and well-being services received by our children and families.

Spirit Mountain Community Fund generous grant award helped us with classroom support for special needs children, classroom supplies & mental health consultants., Lincoln County Social Services Grant helped provide in classroom support as did a Samaritan Social Accountability Grant We are so grateful to these generous contributors.

Chapel by the Sea has two new pastors, Mark & Wendy Olson who are both on our Policy Council, having been approved by our Lincoln County Board of Commissioners. Their congregation continue to contribute holiday gifts and at the end of the year with backpacks of gifts for the coming year!

School Readiness & Transitioning to Kindergarten

The Head Start approach to school readiness: children are ready for school, families are ready to support their children's learning, and schools are ready for children. CSC Head Start (CSCHS) faithfully applies this approach in its work with children, families, and local schools to promote school readiness for each child.

Children are prepared for school by dedicated teachers, developmentally appropriate teaching strategies, research based curricula and an assessment tool aligned to Head Start Early Learning Outcomes Framework. We partner with families to prepare them for their child's entry into kindergarten. School readiness goals are reviewed with parents, activities for home learning are shared, and their child's progress is discussed throughout the year. Local schools are ready for incoming kindergarten children as kindergarten teachers

attend Head Start Family Nights, meet with CSCHS teachers, and welcome CSCHS children and families to their new school for our annual fieldtrip.

Kindergarten transition activities sponsored by CSCHS and Lincoln County School District (LCSD) connect children and families with their future school, begin positive relationships with future teachers, and promote a successful, happy start of school.

In addition to monitoring children's progress in meeting school readiness goals as described below, we receive Oregon Kindergarten Assessment scores for former CSCHS children who have entered kindergarten in LCSD. We are proud to report former CSCHS children entering kindergarten in 2017 met or exceeded LCSD averages in each assessment area.

Families understand and appreciate the role CSCHS plays in school readiness

Andrea Glennon Daniels, Education Manager

for their child and for themselves. Quotes below are from our Parent Survey this year in response to the question what was the best part of the program.

"The harmony of children, teachers and parents."

"My child has a healthy, safe, and caring place to grow and learn."

"The best part of the program is that I get to be involved with my child's class"

"Being able to get along with other kids and learning new things all the time and new things at home. Things are so much better, thank you."

"I couldn't be happier with my child's progression and I'm confident my child is ready for kindergarten."

School Readiness Goals

School readiness skills listed below were generated in collaboration with community early childhood education programs, Lincoln County School District, and CSC Head Start. These indicators of school readiness provide Lincoln County families and educators with a unified list of skills to help prepare children for a successful entry into kindergarten.

- Completes tasks that involve two or more steps
- Expresses self in complete 4-6 word sentences
- Talks about present, past & future events
- Demonstrates rhyming knowledge
- Recognizes and writes first name
- Recognizes 11 or more upper or lower case letters
- Produces 10 or more letter sounds
- Retells and answers questions about stories
- Concentrates & sustains work on age appropriate tasks
- Regulates strong emotions; asks for help when needed
- Shares and has positive interactions with peers
- Identifies basic shapes
- Identifies numbers 0-10
- Counts to 20
- Book knowledge: orients book, turns pages, tracks text
- Uses self regulation skills
- Takes care of self and belongings
- Uses positional words: under, beside, above etc.
- Creates simple patterns
- Uses writing and drawing tools
- Demonstrates sorting skills
- Uses comparative words: more/less, heavier/lighter, etc.

our assessment tool's learning objectives in alignment with Lincoln County school readiness skills and the Head Start Early Learning Outcomes Framework. 22 learning objectives with specific levels of development were adopted as our school readiness goals. The majority of levels of development selected for school readiness goals are on the high end of preschool learning expectations.

Chart below shows the percentage of school readiness goals learned by CSC Head Start children entering kindergarten this fall in five essential domains of school readiness identified in the Head Start Early Learning Outcomes Framework. Three times a year we review school readiness outcomes data in order to implement instructional strategies in the classroom and family engagement strategies in the home to increase children's learning.

SCHOOL READINESS GOALS LEARNING DOMAIN	PERCENTAGE LEARNED
Approaches to Learning: 1 goal	80%
Cognition: 7 goals (Mathematics Scientific Reasoning)	86%
Language & Literacy: 10 goals	76%
Perceptual, Motor, & Physical Development : 1 goal	71%
Social & Emotional Development: 3goals	75%

CSC Head Start school readiness goals were selected from

Aggregated program-wide data for the 2017-2018 school year:

The developmental progress of all children is monitored and aggregated for 60 learning objectives, in addition to tracking school readiness goals development for children transitioning to kindergarten. Our assessment tool provides widely held expectations for each age-group, three year olds and pre-kindergarteners, in six areas of learning. If a child's knowledge, skills, and behaviors are assessed at a level within the range for the child's age, the child demonstrates widely held expectations for the area of learning. Widely held expectations are not shown for the areas of science and technology, social studies, the arts, and English language acquisition as research does not currently support definitions of expectations. CSC Head Start children demonstrated considerable progress over the course of the year as indicated in table below. By spring reporting period, over 90% of children met or exceeded widely held expectations for each area of learning.

DEVELOPMENT & LEARNING	WIDELY HELD EXPECTATIONS FALL 2017	WIDELY HELD EXPECTATIONS WINTER 2018	WIDELY HELD EXPECTATIONS SPRING 2018
Cognitive	Meets: 53% Exceeds: 2%	Meets: 80% Exceeds: 5%	Meets: 79% Exceeds: 15%
Mathematics	Meets: 28% Exceeds: 2%	Meets: 67% Exceeds: 14%	Meets: 67% Exceeds: 25%
Language	Meets: 59% Exceeds: 2%	Meets: 76% Exceeds: 6%	Meets: 77% Exceeds: 16%
Literacy	Meets: 56% Exceeds: 2%	Meets: 80% Exceeds: 9%	Meets: 79% Exceeds: 18%
Physical—Fine & Gross Motor	Meets: 69% Exceeds: 2%	Meets: 75% Exceeds: 17%	Meets: 61% Exceeds: 38%
Social & Emotional	Meets: 40% Exceeds: 3%	Meets: 73% Exceeds: 7%	Meets: 58% Exceeds: 40%

CSC Head Start provides instruction in 10 areas of development and learning aligned with the Head Start Early Learning Outcomes Framework.

Cognitive pertains to child initiative, curiosity, engagement, persistence, problem solving, and symbolic representation.

The Arts includes early music concepts, visual arts, dramatic play, creative movement and dance.

Mathematics includes skills in numbers and operations, geometry, patterns and beginning measurement concepts.

English Language Acquisition includes receptive and expressive English language skills.

Literacy includes book appreciation and knowledge, phonological awareness, alphabet knowledge, early writing and print concepts.

Language includes receptive and expressive language abilities



Science & Technology includes observation, description, prediction, explanation classification and questioning skills.

Physical includes physical health status, health knowledge and practices, gross motor skills and fine motor skills.

Social—Emotional includes the areas of social relationships, self concept, self regulation, emotional and behavioral health.

End of Year Celebration

Celebrations this year took place in Lincoln City, Newport, and Toledo on two occasions: May 24th for part day classes and June 19th for full day classes. Classrooms were brimming with proud families and children as a year of learning and friendship was celebrated. Whether transitioning to kindergarten or returning next year, children and families were commended during joyful culminations of the Head Start 2017-18 program year.

In September, 98 CSC Head Start children will be entering kindergarten. A bright future of continued learning awaits them. We appreciate the participation and contributions of each child and family.

Financial Report

	<u>ANNUAL REPORT - FY18 UNAUDITED</u>	<u>BUDGET - FY 19 (INCLUDES SUPPLE- MENTAL)</u>
REVENUES		
HEAD START - FEDERAL	1,944,939	1,321,397
FEDERAL CSBG	5,000	50,000
FEDERAL SCHOOL NUTRITION	124,138	124,936
OREGON PRE-KINDERGARTEN	527,278	527,278
MISCELLANEOUS REVENUE	66,701	12,000
Total Revenues	<u>2,668,056</u>	<u>2,035,611</u>
EXPENDITURES		
SALARY	1,118,153	984,673
FRINGE BENEFITS	510,536	497,876
TRAVEL	3,861	10,000
SUPPLIES	110,611	27,001
TRAINING	14,454	20,001
OTHER	910,441	496,060
Total Expenditures	<u>2,668,056</u>	<u>2,035,611</u>

Note: These figures are unaudited, our Comprehensive Annual Financial Report (CAFR) which will include Head Start, will be available via the CSC website near the end of December 2018.

http://communityservices.us/files/CSC_CAFR_2017_-_Final.pdf

Prepared by
Connor Lyons



CSC Head Start In-Kind

Volunteerism is a foundation for Head Start. Family and community involvement ensures success in so many areas. Our In-Kind hours are essential to help us match federal dollars that we receive. We are committed to increasing volunteerism at our three CSCHS sites. Please contact a Head Start site in **Toledo at 541-336-5113**, **Newport at 541-574-7690** or **Lincoln City at 541-996-3028**.

All volunteers must have a background check as well as have a TB test done!

Donations are tax-deductible!

Total number of Volunteers: **311**
Total hours Volunteered: **2,9050.37**
Total \$ Value: **\$22,357.15**

Month	Total # of Volunteers	Total hrs Vol.	\$ Value
July—September 2017	188	505.55	\$5,481.91
October 2017	109	328.62	\$3,631.75
November 2017	137	248.85	\$2,692.47
December 2017	77	161.58	\$1,769.63
January 2018	30	89.65	\$ 943.50
February 2018	75	135.25	\$1,481.37
March 2018	123	182.46	\$1,992.91
April 20178	130	250.91	\$2,255.29
May 2018 -June 2018	120	192.50	\$2,108.35
Total for the year	311* comprised of repeat Vol.	2,050.37	\$22,357.15

CSC Head Start Donations



In-Kind Donation	\$ Value
Classroom 24 quilts for Full Day nap time	\$600.00
60 Knitted hats for Winter packets & three gifts for Family Night basket raffle.	\$116.00
Leap frog laptop & V-Tech tote	\$60.00
Program Supply (Lakeshore In-kind dollar donation)	\$17,275.71
Total	\$18,051.71

Community Donations:

Lincoln City's Angel Tree donated Holiday gifts for all the children

Chapel By The Sea donated school supplies and backpacks for children going on to kindergarten

Executive Summary of Community Assessment Update 2018 (excerpts)

Introduction

Community Services Consortium (CSC) Head Start provides Head Start services to families with preschool age children in Lincoln County, Oregon through its three preschool centers in Lincoln City, Newport and Toledo, Oregon. Head Start is a federally funded early childhood education program that provides preschool services, health services, mental health services, and other social services to low income 3 and 4 year old children and families. Head Start programs are required to conduct a Community Assessment every 5 years which identifies the number of eligible children in the program's service area, demographic information about those children and the health, mental health and other social service needs of families.

Economic Issues

A variety of indicators show that Lincoln County has a high level of need for Head Start services when compared to the rest of the state of Oregon and the country as a whole. In 2016 the poverty rate for young families in Lincoln County was 36.3%, up from a 7 year low of 22.2% in 2010. This is significantly higher than that of the rest of the state, which was 18.7% in 2016. Median family income in Lincoln County is on average 18.2% lower than that of the state of Oregon. The distribution of income by households in Lincoln County show that poverty is more acute in CSC Head Start's service area, with nearly 1 in 5 (19.6%) households making less than \$25,000 a year, compared to 14.7% of households in the state of Oregon and 15% in the United States as a whole.

Capacity

According to American Community Survey data there are an estimated 290 income eligible Head Start children in the service area with about 2,287 children under age 5 in total . Combined Head Start funded enrollment for Lincoln County is about 224, with CSC Head Start's 160 funded slots and Confederated Tribes of Siletz Indians Head Start's 64 funded slots. On average CSC Head Start serves about 160 eligible children each year while the Siletz Head Start program currently serves about 40 eligible children as of February 2018. Combined these two Head Start programs serve about 200 eligible children. (130% & over income slots are available throughout the year)

Health and other issues are being identified and addressed

Health issues among children in the program are being identified and addressed. Of those children newly diagnosed with medical conditions all received services for those conditions in the 2016-2017 school year. A steadily increasing percentage of children diagnosed as needing dental care have been connected to dental services, going from 67.7% in the 2011-2012 school year to 86% in the 2016-2017 school year. All children with disabilities have received services for their disability over at least the 6 years worth of data that was analyzed, though the program has always focused on serving children with disabilities. Staff in the program credit this to strong family advocacy work.

Conclusion

Families in Lincoln County, Oregon exhibit higher levels of poverty than the rest of the state. This is a trend that has remained consistent over the past 10 years at least. However, Head Start is well positioned in the county to meet the needs of low income families with preschool age children. Families enrolled in CSC Head Start are effectively connected with health and disabilities services. The current program option continues to serve the needs of the community with the addition of the full day classes (3) at each location as there have been no significant changes in the community/county/demographics.

GOVERNING BOARD ROSTER 2017-18

The Governing Board is comprised of the nine commissioners in CSC's service areas –
Linn, Benton, and Lincoln Counties of Oregon.

Terms end only when members are not re-elected in their respective counties.

Linn County

Commissioner Will Tucker, Vice Chair

Commissioner John Lindsey

Commissioner Roger Nyquist

Administrative Assistant: Marsha Meyer

Administrative Assistant: Heather Gravelle

Benton County

Commissioner Annabelle Jaramillo

Commissioner Xan Augerot

Commissioner Anne Schuster

Administrative Assistant: Kevin Perkins

Administrative Assistant: JonnaVe Stokes

Lincoln County

Commissioner Claire Hall, Chair

Commissioner Doug Hunt

Commissioner Terry Thompson

Administrative Assistant: Kristi Whitaker

POLICY COUNCIL 2017-18

Elected by Parents annually—except for Community Representatives

Chair: Rainbow Bright

Vice Chair: Cami McCorkle

Alt.: Vice Chair: Amber Lundeen

Secretary: Rebekkah Garcia

Jenny Clendenin

Brittany Crawford

Brandy Dunaway Womak

Wendy and Mark Olson—Community Representatives

***We thank our Commissioners and Policy Council members
for their service, their commitment and dedication***

