

Annual Report 2018-2019

CSC Head Start of Lincoln County Child Development Services

The CSC Head Start vision is to...

readiness goals and achievement for all children.

Form a compassionate, caring partnership with all Head Start parents, supporting them to achieve success and selfsufficiency with dignity.

Provide experiences for eligible preschool children to grow socially, emotionally, physically and mentally.

Support parents as the primary teachers, nurturers, and advocates for their children.

Report From the Director

Dr. Suzanne Miller, Director of CSC Head Start of Lincoln County

Ensure successful school This year we have been planning for the departure of our Education Program Manager, Andrea Glennon Daniels, who will be leaving in January, 2020. We are dedicating this Annual Report to Andrea in recognition of her invaluable contributions. Andrea has guided us as we have evolved professionally as a Five Starr SPARK rated program, which is the highest rating we can have. She has mentored ten staff members to assist them in attaining their CDA's while working. She has supervised and supported our teaching staff to become the best that they can be. Her patient, wise and compassionate guidance was exemplary and the staff responded and knew that In the many years of my prothey were fortunate to have someone like Andrea at their

To see Andrea in the classroom with the children, down on the floor, or at the small tables with them was a wonder to behold. delight and guiet calm gave the children room to shine in the light of those wise eves. Andrea knew the name of each of the 160 children every year and they knew her too. Her love for them was

Andrea is recognized in the community for her honesty, her intelligence and fair judgments. She is widely respected and admired.

fessional life Andrea stands out as a person of extraordinary integrity. Whenever I have been away, I was secure in the knowledge that all would be well in her caring hands.

We are fortunate to welcome another Andrea, Andrea Lengel who will work with Ms. Daniels to prepare to take over in January. Ms. Lengel says that she has "Wonderful" shoes to fill and is excited for this opportunity to join us.

Personally, I will miss Andrea more than I can say. She has been at my side for a decade I hold her in the highest regard and with deep affection. She travels away with our love and best wishes.

Mental Health and Disability Services

Randi Brickey, Mental Health and Disabilities Content Specialist



The 2018-19 school year with shows another year increased services referrals offered to families in the area of Mental Health at CSC Head Start.

As we continue to build relationships with mental health professionals in our community, we are able to share these resources with our Head Start families when needs are expressed. Children's Advocacy Center, Olalla Center for Children, and Coastal Center for Collaborative Health are all valued partners with Head Start. They have followed the same model to bring services to children directly in our

classrooms trained Skills support of Builders. Their professional services reach beyond the classroom and are also available to families. These partnerships have led to easier access to programs and services for our families, greater emotional wellness within families, and resulted in fewer disturbances and increased positive behaviors in the classroom.

Working together with teachers and families, the Mental Health and Disabilities Content Specialist helps to identify students who may be at risk. 30 families have received services in the area

through the of mental health this school year.

> 28 referrals were made this year to Linn Benton Lincoln Education Services District, which provides Childhood Special Education services to children in our area. Head Start has maintained over 10% enrollment of children with diagnosed disabilities. Program wide, 18% have Individualized Family Service Plans and have received services.

> As this year comes to an end, we look forward to continuing these services with families and children next year.

Enrollment, Attendance, Meal & Snack Report

Month	Attendance	Breakfast	Lunch	Snack	Total Meals
September 2018	91.35%	945	1,369	1,035	3,349
October 2018	86.70%	1,555	2,454	1,787	5,796
November 2018	84.19%	1,350	2,112	1,501	4,963
December 2018	83.05%	992	1,560	1,095	3,647
January 2019	85.90%	1,273	2,021	1,431	4,725
February 2019	81.66%	1,134	1,877	1,349	4,360
March 2019	81.51%	1.061	1,646	1,138	3,845
April 2019	83.52%	1,448	2,334	1,651	5,433
May 2019	87.35%	1,433	2,117	1,480	5,030
June 2019	89.91%	406	417	372	1,195
Total for the year		11,597	17,907	12,839	42,343

Health



e have successfully supported our children's health this year, as the following health statistics chart demonstrates. There are increases in physical and dental exams resulting from Teacher/Advocates working with parents on a monthly basis.

Health and Nutrition Supervisor attends the Lincoln County Public Health Committee, meetings, where she shares pertinent information and the group makes recommendations related to any health matters that came up throughout the school year. We partnered with Capitol Dental in Salem to have a dental hygienist provide three dental screenings and fluoride varnishes for children at each of our sites. We also continue to partner with Elks Children's Eye Clinic/OHSU Casey Eye Institute Vision Screening program to have all our children's vision tested. OSU Extension Nutrition Program provided

nutrition education lessons in each classroom and presented to parents at a Family Meeting. OSU Extension Nutrition Program focuses on healthy eating and active living. As a part of this mission, they offer CSC Head Start classes supplemental health and nutrition instruction. We are pleased to have a great network of vital community partners.

Diana Warren, MPH, Health and Nutrition Supervisor

ealth and Nutrition Supervisor (HNS) developed and maintains many community partnerships, effectively using resources such as Women, Infants and Children (WIC), Health Services Advisory Committee (HSAC) and dental provider relationships. WIC's collaboration with Head Start allows us to better assist families served by both programs. HNS ensures services are not duplicated, receives accurate information about child's height, weight and hemoglobin count for iron anemia. Our HSAC includes a broad range of professionals such as a registered dietician, physician assistant, public health staff, mental health consultant and Head Start parents. We all work together to find the best way to meet the needs of children and families in our community. The great dental provider relationships allow HNS to call dental offices to determine when children were seen, if they need dental treatment and whether or not treatment was completed.



Health

	Oct 2018	Nov 2018	Dec 2018	Jan 2019	Feb 2019	Mar 2019	Apr 2019	May 2019	June 2019	Program wide
# of enrolled children with up-to-date or all possible immunizations to date	144	144	148	150	150	160	160	160	160	180
# of enrolled children on a schedule of preventative and primary health care (up to date physical exam)	77	95	113	107	122	118	119	121	137	131
# of enrolled children with an ongoing source of continuous, accessible health care (Medical Home)	145	151	154	157	160	160	158	160	159	179
# of enrolled children completing pro- fessional dental exams	66	71	82	85	99	96	99	103	114	115
# of enrolled children with continuous, accessible dental care provided by a dentist (Dental Home)	133	138	147	147	150	156	155	156	159	168

Parent & Community Engagement

"We all want strong communities.

Head Start builds strong families, the foundation of strong and vital communities"

Martha Lyon, Executive Director of CSC



hildren, families, neighbors, teachers, support staff, and community partners, together, make up the fabric of CSC Head Start.

Success at Head Start hinges on strong relationships between families and our staff members. We partner with parents in developing new strategies to promote their children's learning and positive parentchild interactions. Parents share insights, concerns, and knowledge of their child helping CSC Head Start create effective individualized learning experiences for each child. Parents play a vital role in the program's success from transporting their children to and from class each day, to volunteering, to participating in home visits and conferences.

We understand that children are more likely to grow and succeed as their families grow and succeed. We work together with families to create family goals that support wellbeing, community connections, and encourage leadership. Participating in Policy Council,

contributing to Family Nights, and attending Oregon Head Start Association conferences are a few of the integral program leadership roles our families provide. We are proud that half of our staff members are former Head Start parents and believe it demonstrates what powerful outcomes can come from positive relationships.

Community partnerships are an integral component of our program. We are grateful for the generous contributions of our talented and responsive community partners, including our local librarians, fire fighters, police officers, OSU Extension, Capitol Dental, Casey Eye Institute, Chapel By the Sea, Oregon Family Support Network, Maternal Child Health Services. Homeless Education and Literacy Project, Newport Food Pantry, Business for Excellence in Youth, Lincoln County Food Share, and Oregon Coastal Quilters Guild. Additionally, we appreciate being part of a network of service organizations who generously notify CSC Head Start of events that may be of benefit to our children, families

or staff. These partner agencies, in addition to fellow Community Services Consortium programs, make substantive additions to the services received by our children and families.

Spirit Mountain Community
Fund generous grant award
helped us with classroom
support for special needs
children, classroom supplies &
mental health consultants,
Lincoln County Social Services
Grant helped provide in
classroom support as did a
Samaritan Social Accountability
Grant We are so grateful to
these generous contributors.

Chapel by the Sea has two new pastors, Mark & Wendy Olson who are both on our Policy Council, having been approved by our Lincoln County Board of Commissioners. Their congregation continue to contribute holiday gifts and at the end of the year with backpacks of gifts for the coming year! A final appreciation to Commissioners Hall and Jacobson for reading to children in each classroom!

School Readiness & Transitioning to Kindergarten

he Head Start approach to school readiness: children are ready for school, families are ready to support their children's learning, and schools are ready for children. CSC Head Start (CSCHS) faithfully applies this approach in its work with children, families, and local schools to promote school readiness for each child.

Children are prepared for school by dedicated teachers, developmentally appropriate teaching strategies, research based curricula and an assessment tool aligned to Head Start Early Leaning Outcomes Framework. We partner with families to prepare them for their child's entry into kindergarten. School readiness goals are reviewed with parents, activities for home learning are shared, and their child's progress is discussed throughout the year. Local schools are ready for incoming kindergarten children as kindergarten teachers happy start of school happy start of school and progress in meeting goals as described Oregon Kindergart for former CSCHS on kindergarten to sound recognition.

attend Head Start Family Nights, meet with CSCHS teachers, and welcome CSCHS children and families to their new school during our annual fieldtrip.

Kindergarten transition activities sponsored by CSCHS and Lincoln County School District (LCSD) connect children and families with their future school, begin positive relationships with future teachers, and promote a successful, happy start of school.

In addition to monitoring children's progress in meeting school readiness goals as described below, we receive Oregon Kindergarten Assessment scores for former CSCHS children who have entered kindergarten in LCSD. Averages for former CSCHS children entering kindergarten in 2018 exceeded LCSD averages in two of the six areas assessed: lower case letter recognition and letter sound recognition.

Families understand and appreciate the

Andrea Glennon Daniels, Education Manager

role CSCHS plays in school readiness for their child and for themselves. Quotes below are from our Parent Survey this year in response to the question what was the best part of the program.

"I am so happy my kids can come here to learn. This helps me a lot with their education."

"Everyone is very friendly, communicates well, and is very helpful."

"The preparation and better future for my child."

"Knowing that my child is in a safe environment and learning from a great curriculum."

"This team supports me and has been a great asset for my son ."

"I feel the best part is the love we feel being part of the Head Start Family."

School Readiness Goals

Chool readiness skills listed below were generated in collaboration with community early childhood education programs, Lincoln County School District, and CSC Head Start. These indicators of school readiness provide Lincoln County families and educators with a unified list of skills to help prepare children for a successful entry into kindergarten.

Completes tasks that involve two or more steps
Expresses self in complete 4-6 word sentences
Talks about present, past & future events
Demonstrates rhyming knowledge
Recognizes and writes first name
Recognizes 11 or more upper or lower case letters
Produces 10 or more letter sounds
Retells and answers questions about stories
Concentrates & sustains work on age appropriate tasks
Regulates strong emotions; asks for help when needed
Shares and has positive interactions with peers
Identifies basic shapes

Identifies numbers 0-10

Counts to 20

Book knowledge: orients book, turns pages, tracks text Uses self regulation skills

Takes care of self and belongings

Uses positional words: under, beside, above etc.

Creates simples patterns

Uses writing and drawing tools

Demonstrates sorting skills

Uses comparative words: more/less, heavier/lighter, etc.

CSC Head Start school readiness goals were selected from

our assessment tool's learning objectives in alignment with Lincoln County school readiness skills and the Head Start Early Learning Outcomes Framework. 21 learning objectives with specific levels of development were adopted as our school readiness goals. The majority of levels of development selected for school readiness goals are on the high end of preschool learning expectations.

Chart below shows the percentage of school readiness goals learned by CSC Head Start children entering kindergarten this fall in five essential domains of school readiness identified in the Head Start Early Learning Outcomes Framework. Three times a year we review school readiness outcomes data in order to implement instructional strategies in the classroom and family engagement strategies in the home to increase children's learning.

SCHOOL READINESS GOALS LEARNING DOMAIN	PERCENTAGE LEARNED
Approaches to Learning: 1 goal	91%
Cognition: 7 goals (Mathematics Scientific Reasoning)	81%
Language & Literacy: 9 goals	80%
Perceptual, Motor, & Physical Development: 1 goal	78%
Social & Emotional Development: 3goals	83%

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Aggregated program-wide data for the 2018-2019 school year:

The developmental progress of all children is monitored and aggregated for 60 learning objectives, in addition to tracking school readiness goals development for children transitioning to kindergarten. Our assessment tool provides widely held expectations for each age-group, three year olds and pre-kindergarteners, in six areas of learning. If a child's knowledge, skills, and behaviors are assessed at a level within the range for the child's age, the child demonstrates widely held expectations for the area of learning. Widely held expectations are not shown for the areas of science and technology, social studies, the arts, and English language acquisition as research does not currently support definitions of expectations. CSC Head Start children demonstrated considerable progress over the course of the year as indicated in table below. By spring reporting period, over 90% of children met or exceeded widely held expectations for each area of learning.

DEVELOPMENT & LEARNING	WIDELY HELD EXPECTATIONS FALL 2018	WIDELY HELD EXPECTATIONS WINTER 2019	WIDELY HELD EXPECTATIONS SPRING 2019
Cognitive	Meets: 67%	Meets: 71%	Meets: 78 %
	Exceeds: 3%	Exceeds: 8%	Exceeds: 17%
Mathematics	Meets: 32%	Meets: 62%	Meets: 79%
	Exceeds: 2%	Exceeds: 3%	Exceeds: 13%
Language	Meets: 63%	Meets: 56%	Meets: 78%
	Exceeds: 3%	Exceeds: 8%	Exceeds:13 %
Literacy	Meets: 53%	Meets: 73%	Meets: 82%
	Exceeds: 0%	Exceeds: 3%	Exceeds: 13%
Physical—Fine & Gross Motor	Meets: 80%	Meets: 71%	Meets: 59%
	Exceeds: 6%	Exceeds: 10%	Exceeds: 41%
Social & Emotional	Meets: 49%	Meets: 66%	Meets: 49%
	Exceeds: 4%	Exceeds: 12%	Exceeds: 44%

SC Head Start provides early learning instruction in 10 areas of development and learning aligned with the Head Start Early Learning Outcomes Framework.

<u>Cognitive:</u> child initiative, curiosity, engagement, persistence, problem solving, and symbolic representation.

The Arts: music concepts, visual arts, dramatic play, creative movement and dance.

<u>Mathematics:</u> numbers and operations, geometry, patterns and beginning measurement concepts.

English Language Acquisition:

receptive and expressive English language skills .

<u>Literacy:</u> book appreciation and knowledge, phonological awareness, alphabet knowledge, early writing and print concepts.

<u>Science & Technology:</u> prediction, observation, description, explanation, classification, and questioning skills.

Physical: physical health status, health knowledge and practices, gross and fine motor skills.

<u>Social—Emotional:</u> social relationships, self concept, self regulation, emotional and behavioral health.

<u>Social Studies</u> concepts pertaining to self, family, community, environment, history and events.

<u>Language:</u> receptive and expressive language abilities

End of Year Celebrations

Celebrations this year took place in Lincoln City, Newport, and Toledo on three occasions: May 22 for afternoon classes, May 23 for morning classes, and June 14 for full day classes.

Celebrations of learning and friendship over the 2018-19 program year included children performing to classrooms filled with proud families, and teachers recognizing each child's unique gifts and contributions to the classroom community.

This year's celebrations included caps and gowns, beginning a new tradition for our program. The caps and gowns anticipate and promote many graduations to come for each child.

In September, 94 CSC Head Start children will be entering kindergarten. A bright future of continued learning awaits them. We wish each child and family well and thank them for being a part of our Head Start family.



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Financial Report

	ANNUAL REPORT - FY19 UNAUDITED	BUDGET - FY 20
REVENUES		
HEAD START - FEDERAL	1,461,494	1,476,730
FEDERAL CSBG	0	50,000
FEDERAL SCHOOL NUTRITION	101,052	149,167
OREGON PRE-KINDERGARTEN	534,424	527,278
MISCELLANEOUS REVENUE	11,743	12,000
Total Revenues	2,108,713	2,215,176
EXPENDITURES		
SALARY	1,112,584	1,048,450
FRINGE BENEFITS	492,541	566,380
TRAVEL	3,712	3,151
SUPPLIES	70,438	18,000
TRAINING	24,307	13,500
OTHER	407,643	565,695
Total Expenditures	2,111,225	2,215,176

Note: These figures are unaudited, our Comprehensive Annual Financial Report (CAFR) which will include Head Start, will be available via the CSC website near the end of December 2019.

http://communityservices.us/files/CSC_CAFR__2018.pdf

Prepared by Connor Lyons



CSC Head Start In-Kind

olunteerism is a foundation for Head Start.
Family and community involvement ensures success in so many areas. Our In-Kind hours are essential to help us match federal dollars that we receive. We are committed to increasing volunteerism at our three CSCHS sites. Please contact a Head Start site in

Toledo at 541 -336 -5113, Newport at 541- 574-7690

Lincoln City at 541- 996- 3028.

All volunteers must have a background check and meet health requirements.

Donations are tax-deductible!

Total number of Volunteers: 290
Total hours Volunteered: 1,967.61 Total

Volunteered: 1,967.61 Total \$ Value: \$22,497.76

Month	Total # of Volunteers	Total hrs.	\$ Value
July—September 2018	177	351.48	\$3,836.38
October 2018	91	287.80	\$3,151.87
November 2018	120	275.10	\$3,150.48
December 2018	77	171.67	\$1,966.07
January 2019	47	107.37	\$ 1,229.61
February 2019	94	180.58	\$2,068.08
March 2019	67	119.25	\$1,365.73
April 2019	121	260.78	\$2,985.78
May 2019 -June 2019	110	240.16	\$2,743.76
Total for the year	290* comprised of repeat Vol.	1,994.19	\$22,497.76

CSC Head Start Donations



In-Kind Donation	\$ Value
Classroom 40 quilts for Full Day nap time	\$3,000
Office supplies: chair, floor mate, binders, tape dispensers, & stapler	\$ 63
Program Supplies: CD player, books, 39 school supply packets, & toys	\$1,167
Program Supply (Lakeshore In-kind dollar donation)	\$3,139.15
Program Supply (Discount School Supply)	
Total	7,369.15

Community Donations:

Lincoln City's Angel Tree donated Holiday gifts for all the children

Chapel By The Sea donated school supplies and backpacks for children going on to kindergarten

Oregon Coastal Quilters Guild made quilts for Full Day nap time.

Community Assessment Update Summary 2018/19 - full document at CSC Website

Every year, Head Start programs are required to update their Community Assessment with new data. This report serves as the Community Assessment annual update for Community Services Consortium Head Start (CSCHS), which is headquartered in Lincoln City, Oregon and serves children and families in Lincoln County, Oregon. The data collected and analyzed include Census data, Program Information Reports from the Office of Head Start, and vital statistics and social service data from the state of Oregon. This process identified many needs and trends reflecting economic needs of young families in poverty, a need for continued Head Start services at the current level due to increasing rates of full time employment and a need for affordable housing. Additionally, there is a high rate of young children entering the foster care system in Lincoln County, due to many of social issues that families grapple with when living in poverty.

On average, CSC Head Start and Siletz Head Start (another Head Start program serving primarily Alaska Native and American Indian children in community of Siletz, Oregon) combine to serve about 200 Head Start eligible children every year, or about two thirds of the Head Start eligible population in Lincoln County. These two Head Start programs have a combined funded enrollment of about 224 (160 for CSC Head Start and 64 for Siletz Head Start.) Over the past three years CSC Head Start has served about 20 families each year whose income was between 100-130% of poverty. This represents growth in this category.

Age eligible children in foster care or homeless are automatically eligible for Head Start services. Lincoln County and CSC Head Start both experience extremely high rates of young children experiencing foster care. The rate of homelessness among Lincoln County families with children is very high at 1.4%, compared to 0.9% of families with children statewide. In CSC Head Start 23.7% of all enrolled children were homeless. Among Head Start children statewide only 11.4% were homeless. It is typical of lower population counties, such as Lincoln County with about 47,000 residents, to have lower median family income matched with a lower cost of living when compared to urban centers. However, statewide and in Lincoln County there has been an increase in median rent and homelessness.

CSC Head Start has responded to an increased demand for full day services from families by expanding the number of full day classrooms available. 4 our of 8 classes are now full day.

Health data from CSC Head Start shows that there is a strong connection between the program and local health care providers. On average, 95% of CSC Head Start children have a continuous, available access to dental care and 97% have continuous, available access to health care every year. This is much higher than statewide averages for Head Start children in Oregon, which is at 68.2% and 69.9% respectively.

Conclusion

Low income families in Lincoln County are experiencing declining median family income despite working at higher rates, and are faced with an increased cost of living through higher rent. Many issues can be directly linked to these economic trends, such as higher rates of children entering the foster care system, higher need for mental health service among parents and children, and higher rates of homelessness in Lincoln County CSC Head Start provides an important service to these families, providing free early childhood education to the children of working families that may otherwise have this option.

GOVERNING BOARD ROSTER 2018-19

The Governing Board is comprised of the nine commissioners in CSC's service areas -

Linn, Benton, and Lincoln Counties of Oregon.

Terms end only when members are not re-elected in their respective counties.

Linn County

Commissioner Will Tucker
Commissioner John Lindsey
Commissioner Roger Nyquist, Chair

Benton County

Commissioner Annabelle Jaramillo
Commissioner Xan Augerot, Vice Chair
Commissioner Patrick Malone

Lincoln County

Commissioner Claire Hall
Commissioner Doug Hunt
Commissioner Kaety Jacobson

POLICY COUNCIL 2018-2019 Elected by Parents annually-except for Community Representatives

Chair: Leza Folse Vice Chair: Candice Kimbley Secretary: Jennifer Thies

Rainbow Bright
Kayla Their
Rebekkah Garcia
Jasmine Rodriquez
Rosa Jusaino
Ana Calderon
Brittany Allen
Caitlyn Vasquez
Andrew Vasquez
Lori Galvan
Rayanna Aviles Zepeda

Wendy and Mark Olson—Community Representatives

We thank you Commissioners and Policy Council members for their service, their commitment and dedication