



Annual Report 2022-2023

CSC Head Start of Lincoln County Child Development Services

The CSC Head Start vision is to...

Ensure successful school readiness goals and achievement for all children.

Form a compassionate, caring partnership with all Head Start parents, supporting them to achieve success and self-sufficiency with dignity.

Provide experiences for eligible preschool children to grow socially, emotionally, physically and mentally.

Support parents as the primary teachers, nurturers, and advocates for their children.



Report From the Director

Dr. Suzanne Miller, Director of CSC Head Start of Lincoln County

Dear Friends and Supporters,

2022/2023 School Year saw a new population of children with high needs. We succeeded in assisting the families in getting medical screening and support. We had not seen so many children with anxiety, ADHD, ADD. In several instances the child was able to receive treatment and return to class successfully. We look to the fall for early identification.

While we were under enrolled again this year we did serve over 160 families through the year.

While Covid has still been active, we have seen high

numbers of illnesses of staff and children and families. We hope that this fall we can see less. However we have received news that Covid is again on the rise and this is very concerning. Two of our staff currently (summer) have Covid. I have had a serious case and continue with symptoms. We cannot protect ourselves without vigilance. We will be addressing this in the new school year.

As always we work closely with partners such as Early Childhood Intervention. Our partners at Chapel by the Sea continue to be a great supporter of Head Start.

Throughout this report you will see the wonderful work we have accomplished in spite of the many challenges. Our staff has been valiant in their commitment to our children and families.. We are proud of our partner agencies and friends as well as sister programs within CSC that provided for many urgent needs of our families.

We count on your, our friends and families to continue in partnership to serve this wonderful community.

Our deepest gratitude goes out to everyone. From our hearts to yours. Let's make the coming year one of health and happiness. Thank you.

Mental Health and Disability Services

Mental health and social-emotional well-being was a crucial need throughout this program year

CSCHS provided additional support to 49 children and family members who needed referrals to mental health services in the community and/or the classroom. This included teachers and Mental Health and Disabilities Content Specialist (MHDCS) collaborating with a Mental Health Consultant (MHC) to determine the most appropriate service needs, as well as partnering with parents/guardians to individualize services in a culturally responsible manner. All CSCHS sites were fortunate to have skills building support

in the classrooms for children who needed more intensive social-emotional support in the classrooms; skills building was provided by MHC and our MHDCS.

CSC Head Start Director, Program Education Manager (PEM), and MHDCS worked closely together to implement an integrated Positive Behavior Support Plan (PBSP) model. This plan provides support for effective classroom management by creating a positive learning environment to help children with challenging behaviors and other social-emotional or mental health concerns. This year 12 PBSPs were created, and 6 of them were closed due to children successfully

integrating into the classroom culture.

We're honored to say that CSCHS will partner for the 4th year with Early Childhood Special Education (ECSE) and Early Childhood Technical Assistance (ECTA) on implementing a county- and state-wide pilot project to improve inclusive teaching practices and positive child and family outcomes. In fact, these partnerships have led to greater social-emotional well-being and support for all children. This year, 15% of our enrolled children qualified for special needs services. This is exceptional given the difficulty with declining school enrollments .

Enrollment, Attendance, Meal & Snack Report

Month	Attendance	Breakfast	Lunch	Snack	Total Meals
September 2022	84.27%	1,225	1,384	1,040	3,649
October 2022	81.10%	1,270	1,585	1,136	3,991
November 2022	74.34%	1,082	1,334	948	3,364
December 2022	70.80%	657	847	606	2,110
January 2023	80.62%	1,232	1,588	1,154	3,974
February 2023	79.82%	980	1,319	937	3,236
March 2023	79.45%	1,101	1,481	1,081	3,663
April 2023	79.15%	1,222	1,583	1,152	3,957
May 2023	84.95%	1,395	1,699	1,252	4,346
June 2023	86.62%	534	520	484	1,538
Total for the year		10,698	13,340	9,790	33,828

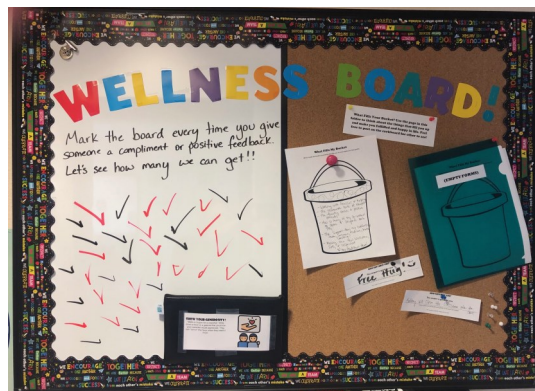
Health

Health and well-being for our staff, children, and families was a priority this program year. Our Director sent out daily emails with wellness themes: Gratitude Tuesday, Exhale Wednesday, Mindfulness Thursdays, and Kindness Fridays. We made well-being resources from the community available to families throughout the program year and staff encouraged families to take advantage of additional nutrition resources available in Lincoln County, such as WIC and SNAP benefits and food pantry locations. We created a staff "Wellness Board" at each site dedicated to wellness activities and resources for staff. The wellness board was updated throughout the year with fun new activities and opportunities to build community. Teacher/Advocates kept families up to date on availability at dental and medical clinics as much as possible and encouraged appointments be made even if there was a waitlist. We made updates in our system as soon as we learned about clinics closing or new clinic openings.

We were able to successfully complete vision and hearing screenings for all our children and we had the opportunity to purchase a specialized OAE hearing screener for children who have difficulty with our normal hearing screening process. Some children are shy, may not understand the prompts for our normal hearing screener, or are experiencing a disability that prevents them from participating fully in our hearing screening using an audiometer. The OAE screener has greatly improved our ability to individualize screening needs and increase the total number of completed screenings in a timely manner.

Program Education Manager (PEM) and Program Director (PD) worked closely together to ensure we stayed current on COVID-related information and solicited feedback from staff on COVID cases among children and families. This information allowed us to make informed decisions on safety measures at the sites. We were able to gradually reintroduce pre-COVID practices in the classroom and even transition back to the family style meal service.

We have remained successful in preventing any outbreaks of COVID-19. We worked closely with Lincoln County Public Health in the winter months as we experienced an unusually high rate of Hand, Foot, and Mouth Disease and conjunctivitis this year. We tracked symptoms and cases and provided notification to families when cases became known at a site. Site coordinators and PEM perform a monthly safety inspection at the sites to ensure our buildings and environment are meeting safety standards set by the state. All concerns identified are addressed immediately.



Head Start develops and maintains many community partnerships to promote the health of the families we serve, effectively using resources such as Women, Infants and Children (WIC), Oregon Health Plan (OHP) and health and dental provider relationships. WIC's collaboration with Head Start allows us to better assist families served by both programs. We have a close partnership with OSU Extension to provide nutrition resources and education to the children and families. OSU has staff who join teachers in the classroom to teach children about healthy foods and physical activity, and the children get to make their own healthy snack. We partner with Capitol Dental in Salem who has a dental hygienist who provides screenings and fluoride varnish treatment to children three times during the school year. Casey Eye partners with us to perform vision screenings at health fair and support parents with follow-up if a vision concern is identified. We are pleased to have a great network of vital community partners.

Andrea Lengel, MPH, Program Education/Health and Nutrition Manager

	Oct 2022	Nov 2022	Dec 2022	Jan 2023	Feb 2023	Mar 2023	Apr 2023	May 2023	June 2023	Prog. wide
# of enrolled children with up-to-date or all possible immunizations to date	125	131	134	134	139	147	150	154	160	160
# of enrolled children on a schedule of preventative and primary health care (up to date physical exam)	60	90	101	108	101	114	96	99	136	120
# of enrolled children with an ongoing source of continuous, accessible health care (Medical Home)	118	127	132	135	137	141	146	154	156	156
# of enrolled children completing professional dental exams	56	56	67	72	81	89	95	102	102	107
# of enrolled children with continuous, accessible dental care provided by a dentist (Dental Home)	91	112	119	120	123	128	133	140	146	146

Parent & Community Engagement

“Head Start is helping to educate and nurture our community’s future leaders.”

*Pegge McGuire,
Executive Director of CSC*

Success at CSC Head Start hinges on strong relationships between families, our staff members, and the community. Our program supports and strengthens parent-child relationships and strives to engage families in their child’s learning and development. Parents share insights, concerns, and knowledge of their child with teachers and family advocates, helping Head Start to create a positive and effective individualized learning experience for each child.

Head Start Teachers and Family Advocates assist families in determining their needs and supports them in achieving their own goals, such as continued education, steady employment, financial security or housing stability. Our families and staff worked closely, and they wrote 314 family goals and identified 659 family needs. This year 57% of the goals were written around family well-being. This large percentage is indicative of our families need for support in securing safe and permanent housing, overcoming food insecurities, and staying safe and happy.

The second largest goal request from families was the desire to learn more parenting strategies and tools. CSC Head Start’s evidenced based parenting curriculum, Ready Rosie, is directly aligned with the curriculum that teachers use in the classroom. These educational

videos show learning activities that provide a perfect crosswalk for strategies being taught in the class to what parents can now use in their homes. These videos are available in English and Spanish which is ideal as about a third of our families are Spanish speaking.

Opportunities for parent engagement and leadership in the program include being a member of our Policy Council where they can be involved in making Head Start program decisions or by attending our Family Nights where they can get to know each other and learn more about resources. Our teachers and Family Advocates meet with the families 4 times per year to discuss their child’s progress and any concerns the parents may have. Of our 160 enrolled children this year, over 30% of fathers or father figures participated in these Head Start activities.

Throughout the year families receive services and referrals to community resources for housing/utility assistance, mental health, ESL or GED classes, health/medical care and parenting education. CSC Head Start is proud to have strong community partnerships, which is a vital component of our program’s success. We are grateful for the

generous contributions of our talented and responsive community partners, including various mental health agencies, Early Childhood Special Education, Parents as Teachers, Maternal Child Health Services, Oregon Family Support Network, Parent Child Interaction Therapy, OCCC, Capitol Dental, Homeless Education and Literacy Project, Newport Food Pantry, Business for Excellence in Youth, Lincoln County Food Share, OSU Extension, Oregon Coastal Quilters Guild, Chapel by the Sea and all the CSC programs. Additionally, we appreciate being part of a network of service organizations who generously notify CSC Head Start of events that may be of benefit to our families.

Our Head Start program empowers families as their child’s first and foremost teachers and focuses on encouraging families to be engaged in their children’s education. We know that children will grow and succeed as their families grow and succeed.



School Readiness & Transitioning to Kindergarten

Andrea Lengel, Education Manager

The Head Start approach to school readiness: children are ready for school, families are ready to support their children's learning, and schools are ready for children. CSC Head Start (CSCHS) faithfully applies this approach in its work with children, families, and local schools to promote school readiness for each child.

Children are prepared for school by dedicated teachers, developmentally appropriate teaching strategies, research-based curricula and an assessment tool aligned with the Head Start Early Learning Outcomes Framework. We partner with families to prepare them for their child's entry into kindergarten. School readiness goals are reviewed with parents, activities for home learning are shared, and their child's progress is discussed throughout the year. Local schools are ready for incoming kindergarten children as kindergarten

teachers attend Head Start Family Nights, meet with CSCHS teachers, and welcome CSCHS children and families to their new school during the school district's "Taste of Kindergarten" event, where children can explore the new school environment and parents can register their child for kindergarten. Kindergarten transition activities sponsored by CSCHS and Lincoln County School District (LCSD) connect children and families with their future school, begin positive relationships with future teachers, and promote a successful, happy start of school.

During non-COVID times, we receive Oregon Kindergarten Assessment scores for former CSCHS children who have entered kindergarten in LCSD. LCSD did not collect assessment data this year so we were not able to use this resource as we normally would. We hope to resume this method for understanding our transitioning children's progress as soon as possible.

Families understand and appreciate the role CSCHS plays in school readiness for their child and for themselves, particularly due to the continuing COVID-19 pandemic. Quotes below are from our Parent Survey question, "The best part of the program during this global pandemic was":

"Thank you for your part in keeping my kid safe, even under difficult circumstances"

"All the staff was attentive to us. My child [was] able to interact [with children] despite the pandemic."

"My child got to be in preschool in-person"

"The way in which we have been helped and given attention [in] my family has been the best."

"Keep on rockin!"

School readiness skills listed below were generated in collaboration with community early childhood education programs, Lincoln County School District, and CSC Head Start.

Social-Emotional:

Regulates strong emotions; asks for help when needed
Shares and has positive interactions with peers
Takes care of self and belongings

Physical:

Uses writing/drawing tools with three-point finger grip

Language:

Retells and answers questions about stories
Follows directions of two or more steps

Cognitive:

Concentrates & sustains work on age appropriate tasks
Demonstrates sorting/classification skills

Literacy:

Book knowledge: orients book, turns pages, tracks text
Produces 10 or more letter sounds
Recognizes 11 or more upper or lower case letters
Recognizes and writes first name
Demonstrates rhyming knowledge
Expresses self in complete 4-6 word sentences
Talks about present, past & future events

Mathematics:

Creates simple patterns
Identifies numbers 0-10
Counts to 20
Identifies basic shapes
Uses positional words: under, beside, above etc.
Uses comparative words: more/less, heavier/lighter, etc.

CSC Head Start school readiness goals were selected from our assessment tool's learning objectives in alignment with Lincoln County school readiness skills and the Head Start Early Learning Outcomes Framework. 21 learning objectives with specific levels of development were adopted as our school readiness goals. The majority of levels of development selected for school readiness goals are on the high end of preschool learning expectations.

The table below shows the progress made over the program year by our children who are transitioning to kindergarten. Three times a year we review school readiness outcomes data in order to implement instructional strategies in the classroom and family engagement strategies to increase children's learning.

	Transitioning children meeting or exceeding Kindergarten Readiness Goals		
	Fall 2022	Winter 2023	Spring 2023
Social-Emotional	13%	29%	35%
Physical	12%	33%	41%
Language	40%	59%	70%
Cognitive	55%	84%	81%
Literacy	35%	41%	53%
Mathematics	28%	47%	59%

Aggregated program-wide data for the 2022-23 school year:

In addition to tracking school readiness goal development for children transitioning to kindergarten, the developmental progress of all children is monitored and aggregated for 60 learning objectives. Our assessment tool provides widely held expectations for each age-group, three year olds and pre-kindergarteners, in six areas of learning. If a child's knowledge, skills, and behaviors are assessed at a level within the range for the child's age, the child demonstrates widely held expectations for the area of learning. Widely held expectations are not shown for the areas of science and technology, social studies, the arts, and English language acquisition, as research does not currently support definitions of expectations.

DEVELOPMENT & LEARNING	WIDELY HELD EXPECTATIONS FALL 2022	WIDELY HELD EXPECTATIONS WINTER 2023	WIDELY HELD EXPECTATIONS SPRING 2023
Cognitive	Meets/Exceeds: 61%	Meets/Exceeds: 74%	Meets/Exceeds: 81%
Mathematics	Meets/Exceeds: 57%	Meets/Exceeds: 70%	Meets/Exceeds: 77%
Language	Meets/Exceeds: 62%	Meets/Exceeds: 73%	Meets/Exceeds: 77%
Literacy	Meets/Exceeds: 52%	Meets/Exceeds: 76%	Meets/Exceeds: 77%
Physical—Fine & Gross Motor	Meets/Exceeds: 81%	Meets/Exceeds: 95%	Meets/Exceeds: 88%
Social & Emotional	Meets/Exceeds: 63%	Meets/Exceeds: 75%	Meets/Exceeds: 76%

CSC Head Start provides early learning instruction in 10 areas of development and learning aligned with the Head Start Early Learning Outcomes Framework.

Cognitive: child initiative, curiosity, engagement, persistence, problem solving, and symbolic representation.

The Arts: music concepts, visual arts, dramatic play, creative movement and dance.

Mathematics: numbers and operations, geometry, patterns and beginning measurement concepts.

English Language Acquisition: receptive and expressive English language skills.

Literacy: book appreciation and knowledge, phonological awareness, alphabet knowledge, early writing and print concepts.

Science & Technology: prediction, observation, description, explanation, classification, and questioning skills.

Physical: physical health status, health

knowledge and practices, gross and fine motor skills.

Social—Emotional: social relationships, self concept, self regulation, emotional and behavioral health.

Social Studies: concepts pertaining to self, family, community, environment, history, and events.

End of Year Celebrations

Celebrations of learning and friendship over the 2022-2023 program year included children performing to classrooms in front of peers and staff and teachers recognizing each child's unique gifts and contributions to the classroom community. Teachers took pictures of children in a cap and gown and put together take home bags with goodies and educational materials to continue learning over summer. We had special guests dance for the children at our Lincoln City site on their last day. Teachers shared kindergarten transition activities that will be put on by the school district (i.e. Taste of Kindergarten, LIFT program) to all parents with a transitioning child.

In September, 59 CSC Head Start children will be entering kindergarten. A bright future of continued learning awaits them. We wish each child and family well and thank them for being a part of our Head Start family.



Financial Report

Note: These figures are unaudited, our Comprehensive Annual Financial Report which will include Head Start, will be available via the CSC website once completed.

<https://communityservices.us>

Prepared by
Katie Henry



	<u>FY 22-23 Unaudited</u>	<u>FY23-24 Budget</u>
REVENUES		
HEAD START - FEDERAL	2,159,993.00	1,744,433.00
FEDERAL ARPA	83,602.00	
FEDERAL CACFP	95,607.00	120,000.00
OREGON PRE-KINDERGARTEN	1,012,296.00	854,088.00
MISCELLANEOUS REVENUE	22,395.00	49,439.00
Total Revenues	3,373,893.00	2,767,960.00
EXPENDITURES		
SALARY	1,446,578.00	1,412,382.00
FRINGE BENEFITS	718,143.00	735,215.00
TRAVEL	4,928.00	2,000.00
SUPPLIES	75,876.00	22,250.00
TRAINING	4,048.00	22,000.00
OTHER	361,856.00	574,113.00
Total Expenditures	2,611,429.00	2,767,960.00

CSC Head Start In-Kind

Volunteerism is a foundation for Head Start. Family and community involvement ensures success in so many areas. Our In-Kind hours are essential to help us match federal dollars that we receive. We are committed to increasing volunteerism at our three CSCHS sites. Please contact a Head Start site in

**Toledo at 541 -336 -5113,
Newport at 541- 574-7690**

Lincoln City at 541- 996- 3028.

All volunteers must have a background check and meet health requirements.

Donations are tax-deductible!

Month	Total # of Volunteers	Total hrs.	\$ Value
July—August 2022	94	125.82	\$1,875.74
September 2022	36	49.00	\$732.09
October 2022	74	85.50	\$1,275.66
November 2022	77	94.350	\$1,410.95
December 2022	24	24.50	\$380.46
January 2023	47	43.50	\$649.01
February 2023	76	90.75	\$1,355.00
March 2023	26	31.75	\$473.71
April 2023	80	107.75	\$1,607.62
May 2023	56	64.25	\$958.61
June 2023	10	6.50	\$96.98
Total for the year	197* Comprised of repeat	723.82	\$10,815.83

CSC Head Start THANK YOU to Community Partners and others

Capitol Dental	OSCC (Oscar Juarez)
Chapel by the Sea Church	Oregon Coastal Quilters
ECSE: Early Child Special Education	Maternal Child Health Services
Lorilynn Espinoza, LPC (Mental Health Consultant)	Oregon Family Support Network
Lincoln County Mental Health	PCIT (Parent Child Interactive Therapy)
Lincoln County Public Health	Parenting Success Networks
Local Policy Dept., Fire Dept. & Public Libraries	Parent as Teachers
Newport Food Pantry / Lincoln County Food Share	WIC program & OSU extension

COMMUNITY ASSESSMENT UPDATE 22-23

To access the most recent Community Assessment, go to our website: www.communityservices.us.

GOVERNING BOARD ROSTER 2022-2023

The Governing Board is comprised of the nine commissioners in CSC's service areas –

Linn, Benton, and Lincoln Counties of Oregon.

Terms end only when members are not re-elected in their respective counties.

Linn County

Commissioner Roger Nyquist

Commissioner Sherrie Sprenger, Secretary

Commissioner Will Tucker

Senior Administrative Asst.: Marsha Meyer

Administrative Assistant.: Courtney Leland

Benton County

Commissioner Xan Augerot, Chair

Commissioner Patrick Malone

Commissioner Nancy Wyse

Administrative Specialist: Marriah Delavega

Administrative Specialist: Amanda Makepeace

Lincoln County

Commissioner Claire Hall, - Vice Chair

Commissioner Kaety Jacobson

Commissioner Casey Miller

Executive Assistant: Geneva Campitelli

POLICY COUNCIL 2022-2023

Elected by Parents annually-except for Community Representatives

Chair: Tailor Hausmann

Vice Chair: Veronica Estrada

Secretary: Stacey Williams

**We thank you Commissioners and Policy Council members for their service, their
commitment and dedication**