



# Annual Report 2023-2024

## CSC Head Start of Lincoln County Child Development Services

**The CSC Head Start vision is to...**

*Ensure successful school readiness goals and achievement for all children.*

*Form a compassionate, caring partnership with all Head Start parents, supporting them to achieve success and self-sufficiency with dignity.*

*Provide experiences for eligible preschool children to grow socially, emotionally, physically and mentally.*

*Support parents as the primary teachers, nurturers, and advocates for their children.*



## Report From the Director

*Andrea Lengel, Director of CSC Head Start of Lincoln County*

Dear Friends and Supporters,

This year we said goodbye to Dr. Suzanne Miller, our long-standing Director of our Head Start program. Dr. Miller dedicated nearly 15 years to CSC and has done so much to ensure the Head Start program operates at the highest quality. She cared deeply for every staff person and every child who walked through our doors. She supported the program with successfully navigating through the COVID-19 pandemic and ensured everyone was safe and healthy at all times, a nearly impossible task at times. We are so grateful for all that Dr. Miller contributed and we

wish her the best as she transitions into retirement.

Andrea Lengel, the program's former Program Education Manager, has stepped into the director role at CSC Head Start to fill Dr. Miller's shoes. This, of course, meant that we were in need of a new Program Education Manager, as well as a Health and Nutrition Supervisor since Andrea was filling in for both roles concurrently. We were very fortunate to have hired Nicole Reid for the Program Education Manager position. Nicole comes with several years of experience in various school settings and is a former Head Start parent at the local tribal program.

Nicole has been doing a wonderful job in getting to know the children and staff at our program, and we look forward to what she has to offer for next school year.

We are in search for a candidate for the Health and Nutrition Supervisor positions and hope to hire for this position as soon as possible. In addition, we will have a new Family Services Supervisor next school year as Marta Vrell has decided to take on another position within Head Start. While we are experiencing a lot of changes, we know that we can work together to create a wonderful program that supports all children and families who come through our door.

## Mental Health and Disability Services

*Brittany Prindel, Mental Health and Disabilities Content Specialist (MHDCS)*

Mental health & social-emotional well-being is still a crucial need in our community. CSCHS provided additional support to 60 children & family members who needed referrals to mental health services or support in the classroom. MHDCS works closely with the CSC team to implement an integrated Positive Behavior Support Plan Model. This provides support for effective classroom management by creating a positive learning environment to help children with challenging behaviors & other social-emotional or mental health concerns. MHDCS & Director also developed a new

partnership with an organization specializing in ABA Therapy. Team PBS (Positive Behavior Support) Corp & CSCHS now have an active program agreement. This allows trained professionals to work 1:1 with children in the classroom and build essential social skills. This year, 4 children were referred to Team PBS and received support in the classroom and 3 were referred to our Mental Health Consultant. 5/6 PBS plans closed successfully. MHDCS collaborated with our contracted Mental Health Consultant (MHC), PEM, Teacher, and family to

determine the most appropriate approach to individualize services in a culturally responsible manner.

We continue to work closely with LBL (Linn, Benton, & Lincoln) Early Childhood Special Education (ECSE) to serve children with disabilities. ECSE staff joined our health fair at the beginning of the school year, which allowed us to identify children with additional needs quickly so they can receive additional supports in the classroom. 55 children were referred to ECSE and 30 of the 55 referred and screened qualified for ECSE services.

# Enrollment, Attendance, Meal & Snack Report

Month	Attendance	Breakfast	Lunch	PM Snack	Total Meals
September 2023	86.72%	1,512	1,702	1,287	4,501
October 2023	85.16%	1,648	1,938	1,336	4,922
November 2023	82.21%	1,397	1,638	1,129	4,164
December 2023	78.47%	796	945	650	2,391
January 2024	86.35%	1,593	1,882	1,277	4,752
February 2024	83.30%	1,587	1,895	1,282	4,764
March 2024	80.00%	1,206	1,484	1,043	3,373
April 2024	85.83%	1,709	2,028	1,411	5,148
May 2024	85.73%	1,596	1,802	1,323	4,721
June 2024	85.40%	396	417	400	1,213
<b>Total for the year</b>		<b>13,440</b>	<b>15,731</b>	<b>11,138</b>	<b>40,309</b>

## Health

Health and well-being for our staff, children, and families continued to be a priority this program year. We make well-being resources from the community available to families throughout the program year. Health and safety resources are sent to all families to review during winter break, spring break, and summer; resources are tailored to family needs and based on the most up-to-date resources for our coastal community. We continue to utilize the staff "Wellness Board" at each site dedicated to wellness activities and resources for staff. The wellness board is updated throughout the year with fun new activities and opportunities to build community within our agency. Director sends the many mental health and wellness resources available through the Office of Head Start to staff as they became available. May was mental health awareness month, so we incorporated time during our May All Staff to provide self-care materials and activities. We continue to look for new resources as they become available.

Teacher/Advocates successfully supported our children's health this year by helping families keep up to date on their child's annual well child and dental check ups, as demonstrated in the table on the following page. Our partnerships with local clinics help us to collect health information about our children so we are better able to understand the child's individual health needs or to support families with getting additional treatment for their child.

This year we were very successful with completing our 45-day vision and hearing screenings, as well as follow up for children who needed medical follow up. Several staff at each site went through training to be able to support with screening children. We were able to identify 15 children who need glasses and 2 children who need auditory support, such as hearing aides. We also purchased two additional vision screeners this year to replace old equipment that was beginning to show signs of low quality screenings.

Director attends the Lincoln County Public Health Advisory Committee to share pertinent information about health concerns for young children and to gain insight on health initiatives currently happening in our community. We have been able to work with the public health department to share ideas for improving services in the county, including updating and sharing immunization information and sharing surveys with our families to better support those whose primary language is Spanish. We look forward to providing new resources from public health next school year.



**H**ead Start develops and maintains many community partnerships to promote the health of the families we serve, effectively using resources such as Women, Infants and Children (WIC), Oregon Health Plan (OHP) and health and dental provider relationships. WIC's collaboration with Head Start allows us to better assist families served by both programs. We have a close partnership with OSU Extension to provide nutrition resources and education to the children and families. OSU has staff who join teachers in the classroom to teach children about healthy foods and physical activity, and the children get to make their own healthy snack. We partner with Capitol Dental in Salem who has a dental hygienist who provides screenings and fluoride varnish treatment to children three times during the school year. Casey Eye partners with us to perform vision screenings at health fair and support parents with follow-up if a vision concern is identified. We are pleased to have a great network of vital community partners.

*Andrea Lengel, MPH, Program Director*

# Health

	Oct 1 2023	Nov 1 2023	Dec 1 2023	Jan 1 2024	Feb 1 2024	Mar 1 2024	Apr 1 2024	May 1 2024	June 1 2024	Prog. wide
<b># of enrolled children with up-to-date or all possible immunizations to date</b>	135	136	137	134	137	140	139	140	140	162
<b># of enrolled children on a schedule of preventative and primary health care (up to date physical exam)</b>	86	90	104	117	118	127	129	132	124	131
<b># of enrolled children with an ongoing source of continuous, accessible health care (Medical Home)</b>	136	139	138	135	136	139	138	139	138	159
<b># of enrolled children completing professional dental exams</b>	62	65	74	84	92	95	104	116	114	126
<b># of enrolled children with continuous, accessible dental care provided by a dentist (Dental Home)</b>	101	119	119	124	127	128	129	133	132	154

## Parent & Community Engagement

Marta Vrell, Family Services Supervisor

**“Head Start is helping to educate and nurture our community’s future leaders.”**

*Pegge McGuire,  
Executive Director of CSC*

Success at CSC Head Start hinges on strong relationships between families, our staff members, and the community. Our program supports and strengthens parent-child relationships and strives to engage families in their child’s learning and development. Parents share insights, concerns, and knowledge of their child with teachers and family advocates, helping Head Start to create a positive and effective individualized learning experience for each child.

Head Start Teachers and Family Advocates assist families in determining their needs and supports them in achieving their own goals, such as continued education, steady employment, financial security or housing stability. Our families and staff worked closely, and they wrote 314 family goals and identified 659 family needs. This year, 57% of the goals were written around family well-being. This large percentage is indicative of our families need for support in securing safe and permanent housing, overcoming food insecurities, and staying safe and happy.

The second largest goal request from families was the desire to learn more parenting strategies and tools. CSC Head Start’s evidenced based parenting curriculum, Ready Rosie, is directly aligned with the curriculum that teachers use in the classroom. These educational

videos show learning activities that provide a perfect crosswalk for strategies being taught in the class to what parents can now use in their homes. These videos are available in English and Spanish which is ideal as about a third of our families are Spanish speaking.

Opportunities for parent engagement and leadership in the program include being a member of our Policy Council where they can be involved in making Head Start program decisions or by attending our Family Nights where they can get to know each other and learn more about resources. Our teachers and Family Advocates meet with the families at least 4 times per year to discuss their child’s progress and any concerns the parents may have. Of our 160 enrolled children this year, over 30% of fathers or father figures participated in these Head Start activities.

Throughout the school year, families receive services and referrals to community resources for housing/utility assistance, mental health, ESL or GED classes, health/medical care and parenting education. CSC Head Start is proud to have strong community partnerships, which is a vital component of our program’s success. We are grateful for the

generous contributions of our talented and responsive community partners, including various mental health agencies, Early Childhood Special Education, Parents as Teachers, Maternal Child Health Services, Oregon Family Support Network, Parent Child Interaction Therapy, OCCC, Capitol Dental, Homeless Education and Literacy Project, Newport Food Pantry, Business for Excellence in Youth, Lincoln County Food Share, OSU Extension, Oregon Coastal Quilters Guild, Chapel by the Sea and all the CSC programs. Additionally, we appreciate being part of a network of service organizations who generously notify CSC Head Start of events that may be of benefit to our families.

Our Head Start program empowers families as their child’s first and foremost teachers and focuses on encouraging families to be engaged in their children’s education. We know that children will grow and succeed as their families grow and succeed.



# School Readiness & Transitioning to Kindergarten Nicole Reid, Program Education Manager

The Head Start approach to school readiness: children are ready for school, families are ready to support their children's learning, and schools are ready for children. CSC Head Start (CSCHS) faithfully applies this approach in its work with children, families, and local schools to promote school readiness for each child.

Children are prepared for school by dedicated teachers, developmentally appropriate teaching strategies, research-based curricula and an assessment tool aligned with the Head Start Early Learning Outcomes Framework. We partner with families to prepare them for their child's entry into kindergarten. School readiness goals are reviewed with parents, activities for home learning are shared, and their child's progress is discussed throughout the year. Local schools are ready for incoming kindergarten children as kindergarten teachers attend Head Start Family

Nights, meet with CSCHS teachers, and welcome CSCHS children and families to their new school during the school district's "Taste of Kindergarten" event, where children can explore the new school environment and parents can register their child for kindergarten. Kindergarten transition activities sponsored by CSCHS and Lincoln County School District (LCSD) connect children and families with their future school, begin positive relationships with future teachers, and promote a successful, happy start of school.

Families understand and appreciate the role CSCHS plays in school readiness for their child and for themselves. Here are some quotes from our families:

"Keep doing great; Staff is nothing short of amazing"

"Staff does a really good job with the children"

"You are all so amazing and I appreciate

all your hard work. Thank you for your patience and teaching my child, you are great teachers"

"Thank you for your support"

"Keep up the good work; Congratulations on your dedication and patience"

"Thanks for the good work; thanks to all, you are awesome; such a good group of teachers"

"Great staff love this school"

"We love Head start and your staff"

The Head Start approach makes a difference in each of the communities we serve. We love our families and we will continue to provide robust wrap around services as well as a high quality and developmentally appropriate education for the children in our program.

School readiness skills listed below were generated in collaboration with community early childhood education programs, Lincoln County School District, and CSC Head Start.

**Social-Emotional:**

- Regulates strong emotions; asks for help when needed
- Shares and has positive interactions with peers
- Takes care of self and belongings

**Physical:**

- Uses writing/drawing tools with three-point finger grip

**Language:**

- Retells and answers questions about stories
- Follows directions of two or more steps

**Cognitive:**

- Concentrates & sustains work on age appropriate tasks
- Demonstrates sorting/classification skills

**Literacy:**

- Book knowledge: orients book, turns pages, tracks text
- Produces 10 or more letter sounds
- Recognizes 11 or more upper or lower case letters
- Recognizes and writes first name
- Demonstrates rhyming knowledge
- Expresses self in complete 4-6 word sentences
- Talks about present, past & future events

**Mathematics:**

- Creates simple patterns
- Identifies numbers 0-10
- Counts to 20
- Identifies basic shapes
- Uses positional words: under, beside, above etc.
- Uses comparative words: more/less, heavier/lighter, etc.

CSC Head Start school readiness goals were selected from our assessment tool's learning objectives in alignment with Lincoln County school readiness skills and the Head Start Early Learning Outcomes Framework. 21 learning objectives with specific levels of development were adopted as our school readiness goals. The majority of levels of development selected for school readiness goals are on the high end of preschool learning expectations.

The table below shows the progress made over the program year by our children who are transitioning to kindergarten. Three times a year we review school readiness outcomes data in order to implement instructional strategies in the classroom and family engagement strategies to increase children's learning.

	Transitioning children meeting or exceeding Kindergarten Readiness Goals		
	Fall 2023	Winter 2024	Spring 2024
Social-Emotional	20.5%	32.2%	54.4%
Physical	11.67%	37.1%	47.06%
Language	37.5%	50%	79.4%
Cognitive	47.5%	66.13%	88.9%
Literacy	27.3%	34.8%	64%
Mathematics	27.5%	50.8%	63.4%

## Aggregated program-wide data for the 2023-24 school year:

In addition to tracking school readiness goal development for children transitioning to kindergarten, the developmental progress of all children is monitored and aggregated for 60 learning objectives. Our assessment tool provides widely held expectations for each age-group, three year olds and pre-kindergarteners, in six areas of learning. If a child's knowledge, skills, and behaviors are assessed at a level within the range for the child's age, the child demonstrates widely held expectations for the area of learning. Widely held expectations are not shown for the areas of science and technology, social studies, the arts, and English language acquisition, as research does not currently support definitions of expectations.

<b>DEVELOPMENT &amp; LEARNING</b>	<b>WIDELY HELD EXPECTATIONS FALL 2023</b>	<b>WIDELY HELD EXPECTATIONS WINTER 2024</b>	<b>WIDELY HELD EXPECTATIONS SPRING 2024</b>
<b>Cognitive</b>	Meets/Exceeds: 43.22%	Meets/Exceeds: 67.46%	Meets/Exceeds: 85.93%
<b>Mathematics</b>	Meets/Exceeds: 34.45%	Meets/Exceeds: 63.49%	Meets/Exceeds: 75.56%
<b>Language</b>	Meets/Exceeds: 44.54%	Meets/Exceeds: 61.11%	Meets/Exceeds: 83.71%
<b>Literacy</b>	Meets/Exceeds: 52%	Meets/Exceeds: 65.49%	Meets/Exceeds: 88.15%
<b>Physical—Fine &amp; Gross Motor</b>	Meets/Exceeds: 74.79%	Meets/Exceeds: 91.27%	Meets/Exceeds: 98.52%
<b>Social &amp; Emotional</b>	Meets/Exceeds: 44.54%	Meets/Exceeds: 67.46%	Meets/Exceeds: 90.37%

**C**SC Head Start provides early learning instruction in 10 areas of development and learning aligned with the Head Start Early Learning Outcomes Framework.

**Cognitive:** child initiative, curiosity, engagement, persistence, problem solving, and symbolic representation.

**The Arts:** music concepts, visual arts, dramatic play, creative movement and dance.

**Mathematics:** numbers and operations, geometry, patterns and beginning measurement concepts.

**English Language Acquisition:** receptive and expressive English language skills.

**Literacy:** book appreciation and knowledge, phonological awareness, alphabet knowledge, early writing and print concepts.

**Science & Technology:** prediction, observation, description, explanation, classification, and questioning skills.

**Physical:** physical health status, health knowledge and practices, gross and fine motor skills.

**Social—Emotional:** social relationships, self concept, self regulation, emotional and behavioral health.

**Social Studies:** concepts pertaining to self, family, community, environment, history, and events.

**Language:** receptive and expressive language abilities

### End of Year Celebrations

To get ready for the end of the year teachers shared kindergarten transition activities that are put on yearly by the school district. These events included a Taste of Kindergarten and the Summer Jump Start program to all parents with a transitioning child.

Celebrations of learning and friendship over the 2023-2024 program year included children performing in classrooms in front of families, peers and staff. Teachers recognized each child's accomplishments in various moving up and graduation ceremonies for each site.

Teachers took pictures of children in a cap and gown to give to families. Teachers sent home take home bags with materials focused on social and emotional wellness so the children can continue learning and growing over summer with their families.

This coming September, 80 CSC Head Start children will be entering kindergarten. A bright future of continued learning awaits them. We wish each child and family well and thank them for being a part of our Head Start family.



# Financial Report

	FY 23-24 Unaudited	FY24-25 Budget
<b>REVENUES</b>		
HEAD START - FEDERAL	1,625,442	1,744,434
FEDERAL COLA	90,124	40,616
FEDERAL CACFP	120,000	150,000
OREGON PRE-KINDERGARTEN	824,088	1,078,502
MISCELLANEOUS REVENUE	108,305	110,000
<b>Total Revenues</b>	<b>2,767,959</b>	<b>3,123,102</b>
<b>EXPENDITURES</b>		
SALARY	1,502,382	1,627,340
FRINGE BENEFITS	815,215	889,039
TRAVEL	2,000	0
SUPPLIES	40,500	35,499
TRAINING	22,000	22,000
OTHER	567,863	644,186
<b>Total Expenditures</b>	<b>2,949,960</b>	<b>3,218,064</b>

**Note:** These figures are unaudited, our Comprehensive Annual Financial Report which will include Head Start, will be available via the CSC website once completed.

<https://communityservices.us>

Prepared by  
Tamara Carlson



## CSC Head Start In-Kind

**V**olunteerism is a foundation for Head Start. Family and community involvement ensures success in so many areas. Our In-Kind hours are essential to help us match federal dollars that we receive. We are committed to increasing volunteerism at our three CSCHS sites. Please contact a Head Start site in

**Toledo at 541 -336 -5113,  
Newport at 541- 574-7690**

**Lincoln City at 541- 996- 3028.**

All volunteers must have a background check and meet health requirements.

Donations are tax-deductible!

Month	Total # of Volunteers	Total hrs.	\$ Value
July—August 2023	132	169.50	\$2,790.03
September 2023	28	38.30	\$630.42
October 2023	102	104.85	\$1,725.91
November 2023	68	80.75	\$1,304.46
December 2023	9	10.25	\$168.72
January 2024	60	107.00	\$1,761.25
February 2024	89	109.25	\$1,798.37
March 2024	10	8.75	\$144.03
April 2024	100	104.75	\$1,722.81
May 2024	61	74.75	\$1,213.99
June 2024	9	7.0	\$115.22
<b>Total for the year</b>	<b>*220 Comprised of repeat</b>	<b>815.15</b>	<b>\$13,399.90</b>

## CSC Head Start THANK YOU to Community Partners and others

Capitol Dental	OCCC (Oscar Juarez)
Chapel by the Sea Church	Oregon Coastal Quilters
ECSE: Early Child Special Education	Maternal Child Health Services
Lorilynn Espinoza, LPC (Mental Health Consultant )	Oregon Family Support Network
Lincoln County Mental Health	PBS Corporation
Lincoln County Public Health	Parenting Success Networks
Local Policy Dept., Fire Dept. & Public Libraries	Parent as Teachers
Newport Food Pantry / Lincoln County Food Share	WIC program & OSU extension

## **COMMUNITY ASSESSMENT UPDATE 23-24**

To access the most recent Community Assessment, go to our website: [www.communityservices.us](http://www.communityservices.us).

**GOVERNING BOARD ROSTER 2023-2024**

The Governing Board is comprised of the nine commissioners in CSC's service areas –

**Linn, Benton, and Lincoln Counties of Oregon.**

Terms end only when members are not re-elected in their respective counties.

**Linn County**

Commissioner Roger Nyquist  
Commissioner Sherrie Sprenger, Secretary  
Commissioner Will Tucker  
Senior Administrative Asst.: Marsha Meyer  
Administrative Assistant.: Courtney Leland

**Benton County**

Commissioner Xan Augerot, Chair  
Commissioner Patrick Malone  
Commissioner Nancy Wyse  
Administrative Specialist: Marriah Delavega  
Administrative Specialist: Amanda Makepeace

**Lincoln County**

Commissioner Claire Hall, - Vice Chair  
Commissioner Kaety Jacobson  
Commissioner Casey Miller  
Executive Assistant: Geneva Campitelli

**POLICY COUNCIL 2023-2024**

**Elected by Parents annually-except for Community Representatives**

Chair: Audra Edwards-Myslicki  
Vice Chair: Danielle Anderson  
Secretary: Stacey Williams

**We thank you Commissioners and Policy Council members for their service, their  
commitment and dedication**