

ADDICTION

Alcohol & Drug Helpline	1-800-923-4357
Alcohol & Drug Treatment	Albany 967-3819 Corvallis 766-3540 Lebanon 451-5932
Community Outreach	758-3000
Problem Gambling	1-877-695-4648

CHILD CARE REFERRALS

Family Connections	1-800-845-1363
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CLOTHING / FURNITURE

Fish of:	Albany 928-4460 Lebanon 259-3200
Furniture Share	754-9511
Salvation Army	928-4774
Vina Moses	753-1420

DOMESTIC VIOLENCE / ABUSE

Center Against Rape & Domestic Violence	1-800-927-0197
DHS Child Welfare	Linn Co. 967-2060 Benton Co. 757-4121

EMPLOYMENT ASSISTANCE

CSC	Linn & Benton 752-1010
Employment Dept.	Albany 967-2171 Corvallis 757-4261 Lebanon 259-5787
Vocational Rehab Services	Linn Co. 967-2022 Benton Co. 757-4131

FINANCIAL ASSISTANCE

Child Support	Linn Co. 967-2028 Benton Co. 766-6817
Dept. of Human Services	Albany 967-2078 Corvallis 757-4201 Lebanon 259-5860
Fish of:	Albany 928-4460 Corvallis 752-4688
Salvation Army	928-4774
SHEM, Sweet Home	367-6504
We Care (Benton Co)	758-2632

FOOD ASSISTANCE

Community Outreach	758-3000
Fish of:	Albany 928-4460 Lebanon 259-3200
Food Box (Referral)	752-1010
Food Stamps (DHS)	Albany 967-2078 Corvallis 757-4201 Lebanon 259-5860

FOOD ASSISTANCE (Continued)

Gleaning Groups	752-1010
Linn Benton Food Share	752-1010
Meals on Wheels	967-8630
Salvation Army	928-4774
SHEM, Sweet Home	367-6504
WIC	Albany 967-3888 Corvallis 766-6835 Lebanon 451-5932 Sweet Home 367-3888

HOUSING ASSIST / SHELTERS

Albany Helping Hands	926-4036
Community Outreach	758-3000
CSC	Linn Co. 928-6335 Benton Co. 752-1010
Fish of:	Albany 928-4460 Corvallis 752-4688 Lebanon 259-3200
Hope Center for Women	367-4673
Jackson Street Youth Shelter	754-2404
Housing Authority	926-4497
Salvation Army	928-4774
Signs of Victory	967-8545

INFORMATION AND REFERRAL

Community Outreach	758-3000
CSC	Linn Co. 928-6335 Benton Co. 752-1010

LAW ENFORCEMENT

Benton County Sheriff	766-6858
Linn County Sheriff	967-3950
Police Depts.	Albany 917-7680 Corvallis 766-6924 Lebanon 451-1751 Sweet Home 367-5181

LEGAL ASSISTANCE

Legal Aid	926-8678
Tel Law	1-800-452-4776

MEDICAL / DENTAL ASSISTANCE

Albany Inreach Clinic	812-4059
Community Outreach	758-3000
County Health Depts.	Albany 967-3888 Corvallis 766-6835 Lebanon 451-5932 Sweet Home 367-3888

MENTAL HEALTH

Benton County Health	766-6835
Benton Co. Crisis Line	1-888-232-7192
Linn County Health	967-3866
Linn Co. Crisis Line	1-800-304-7468

PARENTING / FAMILY PLANNING

Benton County Health	766-6835
Linn County Health	967-3888
Pregnancy Alternatives Center	Lebanon 258-3500 Sweet Home 367-2447

PRESCRIPTIONS

Fish of:	Albany 928-4460 Corvallis 752-4688
Pharmacy Discounts	1-877-673-3688
SHEM, Sweet Home	367-6504

SENIOR & DISABILITY SERVICES

Senior Centers	Albany 917-7760 Corvallis 766-6959 Lebanon 258-4919 Sweet Home 367-4775
Senior & Disability Services	967-8630 (Linn & Benton)
Social Security Admin.	1-800-772-1213

TRANSPORTATION

Albany Call-A-Ride	917-7770
Corvallis Transit	766-6998
Dial-A-Bus	Corvallis 752-2615 Lebanon 258-4920 Sweet Home 367-4775
Fish of Albany	928-4460
Linn Benton Loop	917-7667
Linn County Shuttle	367-4775

UTILITY ASSISTANCE

CSC	Linn Co. 926-7163 Benton Co. 752-2840
Fish of Lebanon	259-3200
Phone Assistance	1-800-848-4442

VETERANS

Dept. of Veterans Affairs	1-800-828-8801
Disability Services	Linn Co. 928-3636 Benton Co. 758-1595
Veterans of Foreign Wars	Albany 928-7925 Harrisburg 995-6095 Sweet Home 367-4435



Linn & Benton Counties **HELP CARD**

A quick reference guide to community services and resources in Linn and Benton Counties.

CSC Regional Offices**ALBANY**

Two Rivers Market
250 Broadalbin St SW
Suite 2A, 97321

CORVALLIS

OCWCOG & CSC Building
1121 NW 9th St.
97330

NEWPORT
Avery Building
120 Avery St. NE
97365

NOTE: All phone numbers are (541) area code, unless otherwise specified.

